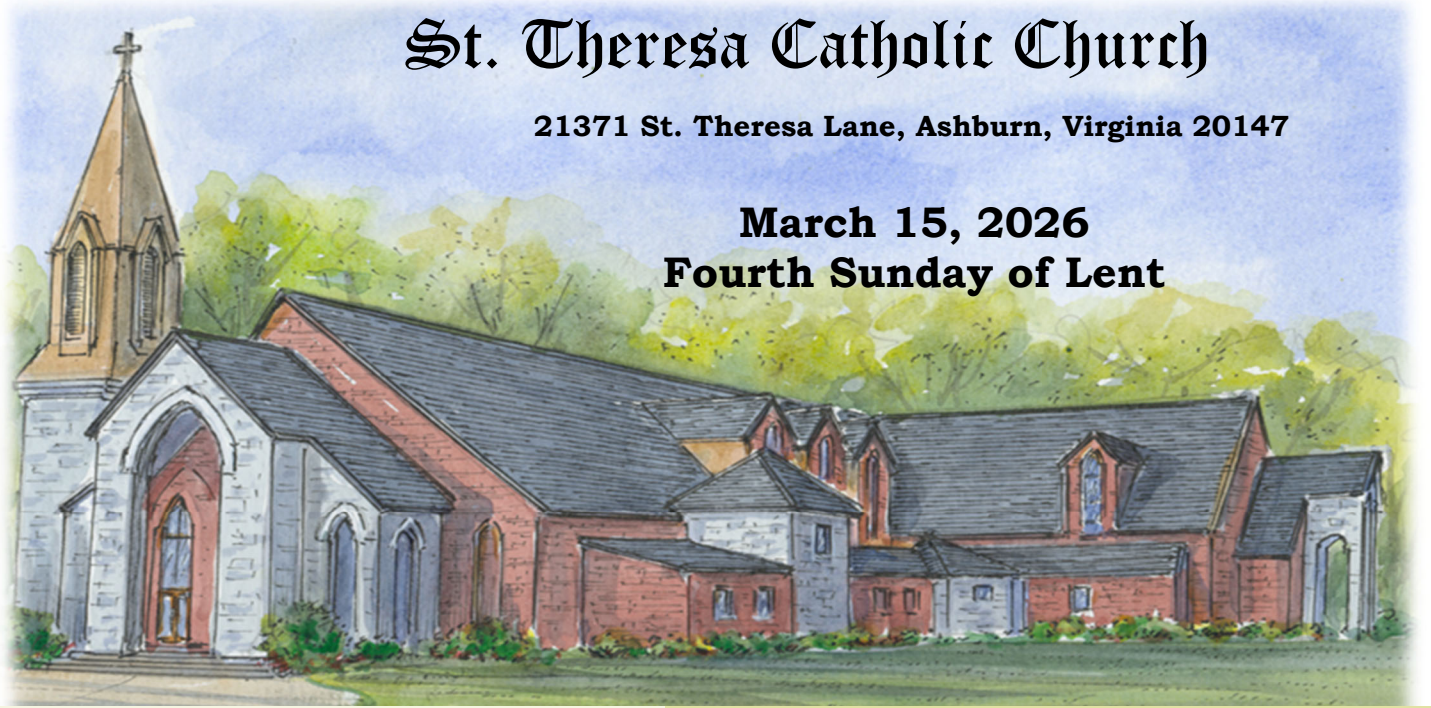


St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

March 15, 2026
Fourth Sunday of Lent



Masses for the Week

Mon, March 16	6:15— Sheila Brydges 8:30— Joseph Carrescia+ and Theresa Carrescia 12:15— Maureen O'Neil+
Tues, March 17	6:15— Tom & Suzanne Miles 8:30— Austin Baron
Wed, March 18	6:15— Danny Bessette+ 8:30— Maria & Alvin Beck+ 12:15— Danilo Reyes Go+
Thurs, March 19	6:15— Kathryn Petruccelli+ 8:30— Shawn Soares+
Fri, March 20	6:15— Thomas P. Falcone+ 8:30— Patricia Carey+
Sat, March 21	8:30— Benito Cruz+ 5:30— Oscar Manalsan+
Sun, March 22	7:30— Donna Gruel+ 8:45— Khale & Minh Nguyen+ 10:30— Bernardo Go+ 12:30— Luz Triana 5:00— St. Theresa Parishioners

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

****Federal Holidays—6:15 and 8:30am Masses only**

Clergy

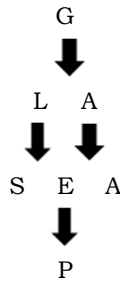
Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Reverend Matthew J. DeForest, In Residence
Deacon Paul C. Konold
Deacon Anthony J. Renzette

Prayers For The Sick: Mr. Melchor Dizon, Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Gene Epperly, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik, Kelly Hargreaves, Ellen Russow.

Prayers For Our Military: Joaquin Gabriel, Brady Carmical, Ify Nwabuoqu, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling, Marshall Kellner, Eric Ciliberti, John Kesterson, Matthew Kesterson.

The Four Levels of the Seven Capital Sins

Last week, I mentioned the seven capital sins. This week, I would like to share with you how they are ordered. Take a look at this image:



This image shows the seven capital sins ordered on four levels. Gluttony (G) is on the top level. Lust (L) and Avarice (A) are on the second level. Sloth (S) Envy (E) and Anger (A) are on the third level. Lastly Pride (P) is on the fourth level. What does this mean?

Have you ever thought to yourself “I shouldn’t be so envious,” or “I wish I wouldn’t get so angry,” or “I wish I weren’t so lazy,” or “I wish I didn’t have such a stupid ego,” and then noticed that, in spite of your best efforts, you can’t seem to get any better? One reason for that is because some sins sit deeper in our souls than others do. We can only begin to make progress on deeper sins after we make progress on easier sins.

Of all the capital sins, the easiest to overcome is gluttony, or overeating. As I mentioned last week, this is the key to overcoming every deeper fault. That’s often why people “give up” favorite foods for Lent. As you gain mastery over the simplest indulgence, you gain strength to make progress in every other area. Lust and Greed (or Avarice) are at the next level down. They’re harder for us to control than gluttony, but become easier when we’re not controlled by gluttony. Sloth, Envy, and Anger are at the third level of difficulty. We gain an added measure of control over them when we have first loosened the power of lust and greed. Last, and most elusive of all, is the sin of Pride, or ego. Since every sin is ultimately a sin of pride, (I know better than God!) we need to have some control over other sins before we can begin to tame the unruly ego.

I learned all this in the Carthusian Monastery, and they learned it by lived experience over more than a thousand years. I have gained a great deal by understanding the four levels of the Seven Capital Sins. I share it with you here, just in case it helps you make the most of Lent.

God bless you, and St. Theresa, pray for us!

Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Parish Lenten Activities

Lenten Soup Suppers 6 – 7:10pm in School Cafeteria

March 20 - Ladies of the Parish
March 27 - Knights
of Columbus

*Donations will be given to charity

Daily Mass Times

6:15 & 8:30am
12:15pm Mondays & Wednesdays

Confession Times

Wednesdays 9:00am & 6:30pm
Saturdays 4:00pm
(All until the line ends)

Vespers & Stations of the Cross

Every Friday during Lent:
Vespers at 7:15pm &
Stations of the Cross at 7:30pm

Pancake Breakfast – March 15
After 7:30, 8:45 & 10:30am Masses

Note regarding Palm Sunday, March 29th

*Please make note we have changed the 8:45am Mass for
Palm Sunday to 9am.*

Youth Education and News



ymoffice@sainttheresaparish.com

March

Sun, 15th-Upper Room Squad, 6-8pm

Sun, 22nd - Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 23rd - Food Sort by Expiration Dates, 7-8:30pm

Tues, 24th - Load food for transport, 6:15p-7pm

St. Theresa CYO Thunder Runners Registration: St. Theresa Thunder Runners, CYO Track & Field program is open to parishioners in grades 4th - 8th. The season will begin in mid March, and ends in mid to late May. We will participate in a track meet as a team on Saturday, May 16th at Bishop O'Connell. Cross Country is not offered in the Spring - just the Fall season. Practices will be on Tuesdays

and Fridays from 3pm until 4:30pm, starting on March 17th. There are some days practices will be held at 1:30 or 11:30 if St. Theresa school has an early dismissal. Cost of the program is \$70 per child. Registration opened on March 5, 2026. The first 35 registrations will be accepted; once registration is full the program will be closed. Once registration is closed and you are not able to register, please email Katie Lipresti at katielipresti@gmail.com to be put on a waitlist. All levels of runners welcome - this season will have a focus on running drills and mechanics and strength training. Please contact Coach Katie Lipresti at katielipresti@gmail.com if you have any questions.

Participation in the program is a privilege and conduct by an athlete or parent that is in violation of the CYO Code of Conduct or School Dress Code will result in removal from the team. This will be at the discretion of the

Thunder Runners Coaches and CYO Administration. The same dress code that exists for the school will be in place for the program since we are on school grounds - appropriate shoes for track and appropriate shorts.

You can register at <https://reg.sportspilot.com/106557> as the **link opened on March 5.**



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



Saint Theresa Catholic School

Educating Tomorrow's Catholic Leaders

www.stsashburn.com



Kindly consider donating gift cards or tickets for experiences, including dining, games, concerts, and more! Further information and donation forms can be found on our school website, www.stsashburn.com. **THANK YOU!**

Save the Date for the Diocesan Job Fair! Please join us on **Saturday, March 21**, 9:00-11:00am at St. Bernadette Catholic School in Springfield to learn more about teaching in the Arlington Diocese. Visit www.arlingtondiocese.org to register and find more details.

We are hiring - join our team! St. Theresa Catholic School is accepting applications for the following positions: Cafeteria/Recess Monitor and Extended Day Care Monitor. Please email hr@saintthereeparish.com for additional information.



Our Thunder Book Blast celebrates reading!

STCS Parents, mark your calendars for these important upcoming events & see the Thursday Thunder email for details:

- Career Day
- St. Patrick's Day Assembly
- Stations of the Cross
- Friday Rosary Group
- TheatreWorks Play
- Science Fair
- Battle of the Books

Discover the Spirit of Learning at Saint Theresa Catholic School! Applications are open for the 2026-27 school year. To complete an application or request a tour, visit our website, www.stsashburn.com (click "Admissions"). *We can't wait to welcome you!*

The **STCS Annual PTO Auction, "All In - A Casino Experience" is on Friday, May 1, 2026.** The Auction Committee is seeking support from parents, alumni families, and parishioners to make this event a success.

Adult Education and Spiritual Enrichment

Women's Discipleship Group—

Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30–10:30 for Lectio Divina and 10:45–11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we will be starting the book "Imitation of Christ" written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—TMIY is having a spiritual Lent learning how to serve God in new ways. If you are looking to strengthen your faith, become a better husband and father, and/or just get to know other men in the parish, we invite you to join us by using the following QR Code, or by contacting Jack Hayes at jack.hayes422@aol.com.



Young Adults—

ACYA Speaker Series

Fr. Vacarro will resume his formation speaker series after Easter.

ACYA Bible Study

The ACYA Bible Study is covering salvation history, especially through the lens of covenant.

3/18 - Noah: Before the Flood

4/1 - Noah (Part 2)

Sessions held from 6:30 - 8pm at Barnes & Noble in One Loudoun on alternating Wednesdays. The study is designed so that anyone joining in partway through the year or missing sessions will be caught up.

Contact st.theresas.ya@gmail.com for more info.



Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship

with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the request forms online at <https://sainttheresaparish.com/activity/legion-of-mary/>

Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at legionof-marysttheresa@gmail.com or scan the QR code to send us your prayer request.



Upcoming Early Bulletin Deadlines

Due to the upcoming Holy Week and Easter schedules, please make note of these early deadlines

March 29 bulletin--due by Tuesday, March 17, 12noon

April 5 bulletin--due by Tuesday, March 24, 12noon

Status of Adult Children of Parishioners -- Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

News from our Parish

Job Opportunity—We are hiring - join our team! St. Theresa Catholic School is accepting applications for the following 2 part-time positions starting at \$16/hr: Cafeteria/Recess Monitor: M & Wed 11:30-1:30; Extended Day Care Monitor: M-F 2:30-5pm. Please contact the Principal, Danny Costa at hr@stsashburn.com for more info.

Young At Heart (YAH) Meeting—Please join us on Wednesday, **March 18** at the 12:15 Mass, followed by a meeting in the Admin building. The YAH Club will provide lunch for only \$5 for members, \$8 for guests; your RSVP is needed. Guests are welcome! Contact Freddie 703.625.5715 or wallflower64@gmail.com

Patricians—Ever find yourself wondering how to answer everyday questions about the faith? The Legion of Mary is sponsoring the Patricians meeting. The Society of the Patricians was formed, back in 1955, to help people grow in their religious knowledge, teach them how to explain their beliefs, and encourage them to become apostles. The Legion of Mary would love for you to join our Patricians meeting at St. Theresa Parish on Thursday, March 19, 2026, at 7:00 pm in Room Louis, Parish Hall. We'll start with a short talk, followed with discussion. If you have any questions, please email Maria Basu at maria_basu@yahoo.com or Jacqueline Biggio at jacbiggio@aol.com. This month's topic is "St. Joseph."

Lenten Soup Suppers—Friends of St. Theresa will be hosting our Lenten Soup Supper this Friday **March 20** from 6 to 7:15pm in the School Cafeteria. All Parishioners and their families are invited to a free meal of meatless Soup, Sandwiches and Pasta. We look forward to seeing you and your families. Our heartfelt thanks to Walking with Purpose members for hosting last week Supper and to our Parishioners for supporting our Parish activity.

Save the Date for the Diocesan Job Fair! Please join us on Saturday, **March 21**, 9-11am at St. Bernadette Catholic School in Springfield to learn more about teaching in the Arlington Diocese. Visit www.arlingtondiocese.org to register and find more details.

You(th) vs Hunger Sign Ups—This year's You(th) vs Hunger food packing event will be in the St. Theresa School gym on **Saturday, March 28**. We will be packing 50,000 meals this year and will send them overseas to the poorest of the poor. **Sign ups opened on Sunday, March 1 at 9pm**. Sign up here: <https://youthvshunger.wordpress.com/sign-ups/> or email Rachel Revelle at rmrevelle@gmail.com

Donut Sunday—Please join us for Donut Sunday on **April 12th** from 8-12pm in the School Cafeteria following 7:30am, 8:45am and 10:30am mass. We will be serving: Donuts, Coffee, Juice, Bagels, Fruit, Muffins, Yogurt

Parfaits, Croissants and much more! I am in need of volunteers and donations, please sign up if you can. <https://www.signupgenius.com/go/5080F4EA4AA2D6-saint#/>

April Baptism Class—Please take note, the April Baptism class will be the 3rd Thursday, **April 16th**.

Attend a free Estate and Funeral Mass Planning Seminar - April 16, 2026—Creating a will is more than a legal task—it's a gift of peace and clarity to those you leave behind. This fall and winter, the Catholic Foundation of the Diocese of Arlington is offering free estate planning seminar at St. Theresa on Thursday, April 16, 2026 from 7-9 pm. Topics include how to prepare your will, funeral Mass planning, and how to leave a legacy of faith. Join us at location and time that works best for you. Register at catholicarlington.org/parishseminars or contact Samantha Donohue at 703.778.8600.

St. Theresa Parish VBS 2026—The Great Journey with Jesus Through the Church Year. Save the Date: **June 22th - 26th**; Ages: 4 yr. olds through rising 5th graders; Hours: 9:15am to 12:15pm. Online Registration began **Monday, March 2nd!** We expect to fill up quickly - registration will close once we reach capacity. See the parish website for more details and the registration link. For volunteer information/questions, email Christine Brooks at christinenkids@gmail.com

A Simple Way to Give This Lent

Lent is a sacred season of prayer, sacrifice, and generosity. As we prepare our hearts for Easter, we are invited to reflect on the blessings God has given us and how we can share them with others. One meaningful way to live out this Lenten call is through eGiving.

eGiving is a simple, secure way to give online, making it easy to support our parish all year long. Please consider eGiving to support our parish and sustain ministries, programs, and services that strengthen our community and serve those in need every day.

It's easy to get started. Here are the ways to sign up:

- Call ParishSOFT Customer Service at 866-930-4774 option 6
- Scan the QR code
- Text "Give" to 703-991-2964

Thank you and may God bless your generosity.



ParishSOFT
by Ministry Brands



Knights of Columbus

K of C Pancake Breakfast on Sunday, 15



March 2026: The Knights of Columbus will be hosting a pancake breakfast on Sunday, 15 March in the St. Theresa school cafeteria. Stop by after the morning Masses or at any time between 8am and 12 noon, and enjoy a delicious breakfast and the fellowship of our parish community with pancakes (regular, chocolate chip, and blueberry), scrambled eggs, sausage, breakfast potatoes, and tater tots, along with coffee, orange juice, and assorted Dunkin' Munchkins! Profits from this breakfast will benefit the St. Theresa School Thunder Appeal. You can purchase your Breakfast Tickets and make a donation in advance by using this QR code.



Adults: \$10,
Children (ages 3-11): \$5,
Children under 3: Free.
Even if you're not able to attend, you can make a donation—every contribution helps!

Pray the Rosary with the Knights!

The Knights of Columbus invite parishioners to pray the Rosary via Zoom on Wednesday, March 25, 2026 at 7pm on the Feast of the Annunciation. Scan the QR code below - Meeting ID: 728 7760 5050 | Passcode: 5qnPE2. We look forward to seeing you online on March 25th!



Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling last month. We collected, sorted, and delivered 6,559 pounds of food last month. Your contributions and effort make this important program very successful.



Please keep up the generosity by taking a bag (or a flyer if bags are unavailable) on your way out and return it next weekend (March 21-22) with items on the attached flyer. Please, no expired items. The pantry is unable to distribute expired items. Thank you for your help and generosity.

NOTE: Since bags go quickly, the food list can be found at <https://www.st-louismartin-kofc.org/loudoun-food-pantry-2> or scan here:



Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing,

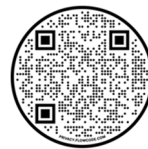
Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handyman Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

Foster Care Information Sessions:

Loudoun County's Department of Family Services (DFS) is holding foster care information sessions in early 2026:

•Monday, March 16, 6-7:30pm

In these virtual information sessions, they will discuss: General information on foster care needs; Who is eligible to become a foster parent; The process of becoming a foster parent, including training requirements; and Support provided to foster parents by DFS. Attendance is free, but registration is required. Scan the QR code or visit loudoun.gov/FosterCare to register.



Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code learn more about becoming a Knight.



Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 12:30 & 7am; 4:30pm

Monday: 1:30am; 2, 3, 4, & 9:30pm

Tuesday: 1:30, 3, & 5pm

Wednesday: 7am; 12:30, 2, 3, & 4:30pm

Thursday: 12:30am; 3 & 10pm

Friday: 12, 8:30 & 11:30am; 3:30pm

Saturday: 11:30am; 2, 7, 8:30, 9:30, 10:30, & 11:30pm



To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.

Please Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

More News Around the Diocese

In Christ, We Are One—A Message from Bishop Burbidge Dear Brothers and Sisters in Christ, This year's Bishop's Lenten Appeal, "In Christ We Are One," reminds us that we are never alone on our journey of faith. In Baptism, the Lord gathers us into one Body and calls us to share his love with all we meet. Each day across our diocese, your generosity makes this unity visible and tangible. Through the BLA, you stand with our seminarians preparing for priestly service, support our parishes and missions, accompany families through Catholic Charities, and help form disciples among children, youth, young adults, and the elderly. You bring Christ's light to those who are suffering, searching, or feel far from the Church. I invite you to join me in making a sacrificial gift to this year's Bishop's Lenten Appeal. For more information, visit arlingtondiocese.org/bla or scan the QR code:



Scan Me

Men's Evening of Reflection—Looking to grow in your relationship with Christ? This evening provides Catholic formation with spiritual talks, reflection, prayer, and fellowship. Mass and opportunities for confession are also offered. **Wednesday, March 18**, 6:30–9pm; Divine Mercy University 45154 Underwood Dr, Sterling To register scan QRC or link to: rcmenssectionva@gmail.com

Lent 2026—Walk with Christ this Lent with resources to guide your prayer, reflection, and acts of charity. From scripture challenges to practical tips for fasting and almsgiving, our tools are designed to help you grow closer to God and embrace the season of renewal with heart and soul. Visit arlingtondiocese.org/lent/ for resources like the Light is On, Examination of Conscience resources, courses on Porta Fidei, and more!

Ladies, do you desire to live in greater freedom? Are you longing for an authentic encounter with your true feminine identity? **Join us for the Undone Women's Conference**—Undone: Freedom for the Feminine Heart will be held at St. Mary's Church, 7301 Annapolis Rd., Landover, MD on **March 26-28, 2026**.

(Thursday, March 26 and Friday, March 27, 6-10pm and Saturday, March 29, 9am to 4pm). This event is being offered in person OR virtually via livestream! Register online at www.jpilhealingcenter.org. Scholarships, student and missionary discounts available. Contact JPIIretreatDMV@gmail.com for more info.

Lenten Retreats for Men—Mar 26-29 (Thu-Sun). Enter into Lent with a weekend of silence, prayer, and guided meditation rooted in the Ignatian Spiritual Exercises. Retreat will be offered Mar 26–29, 2026. Cost to attend this preached retreat: \$368 per person for the Fri-Sun retreat, \$424 for the Thu-Sun retreat. For those seeking solitude and self-directed prayer, the private retreat option is available: \$276 per person. Find more details on our website www.ourladyofbethesda.org.

Peace Be With You: A Silent Retreat for Young Adult Men—All young adult men (ages 19-35) are invited on "Peace Be With You: A Silent Retreat" led by Fr. Philip Briggs at San Damiano **April 17-19**. Join Fr. Briggs for a time of silence, prayer, and rest as we reflect on the graces received during Lent and the celebration of the Paschal Triduum. Fr. Briggs will guide participants in contemplating the post-Resurrection accounts found in Scripture and will offer opportunities for spiritual guidance and personal prayer. Men from across the Diocese are invited to gather for this retreat experience and deepen their relationship with our Resurrected Lord. For more information and to register, visit our website: <https://www.arlingtondiocese.org/event/peace-be-with-you/>

Mayflower Homeschoolers—Join Us! New member applications are OPEN for Mayflower Homeschoolers' 2026-2027 school year! If you are a Catholic homeschooler, or thinking of becoming one, we would love for you to apply to our happy group! MH is a social homeschool support group offering a different activity WEEKLY for ages 3-18 during the school year & monthly in the summer: Clubs, Social Sports, Field Trips, Religious Works & Celebrations, Parent Events, Teen Dances, Academic Fairs, and Graduation for 8th and 12th graders! Cur-

rently, 16 parishes are represented among Mayflower's 2 local chapters. For more information, arrange a visit, request a membership application, or inquire about opening a chapter near you, go to www.mayflowerhomeschoolers.org. We look forward to meeting you!

Three to Get Married Marriage Prep in 2026: Apr 23-26 (In-Person)—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$525 per couple. Website: ourladyofbethesda.org.

Join the Virginia Catholic Conference Advocacy Network—The 2026 General Assembly session is underway! The Virginia Catholic Conference is the public policy arm for the Dioceses of Arlington and Richmond. We are the Catholic voice in the halls of the General Assembly. Vital votes will occur this session on assisted suicide, abortion, education, housing, healthcare, and more. Join the VCC network to get weekly updates and alerts on important legislation! Join the VCC advocacy network here: vatholic.org/joinus

Girls Volleyball Clinic at John Paul - March 28th—Join us at Saint John Paul the Great Catholic High School for our Girls Volleyball Clinic on Saturday, March 28th from 9-11am! Open to 4th - 8th grade girls! Participants will have the opportunity to work on fundamentals while receiving guidance from JP coaches and JP student athletes! We hope to see you there! Click here to start your registration: <https://saintjohnpaul.mypaysimple.com/s/middle-school-event-registration>

Save The Date: Diocesan Festival: Celebrating Faith + Freedom—Sat, June 13 in Berryville, VA! Join thousands of Catholics from across the Diocese at the Clarke County Fairgrounds for a joyful celebration of faith, freedom and community to include a Vigil Mass celebrated by Bishop Burbidge. More details coming!

Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Myriam Perez, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Robin Kasban, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Christa Turpin, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months** prior to filling out the Marriage Preparation Questionnaire. A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
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Many thanks to all that shopped and supported the Little Flower Consignment Sale!

Raffle Announcement—All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2026 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Maverick Truck (Hybrid) and Bronco Sport). One \$5.00 ticket offers the purchaser a chance to win all four vehicles plus \$42,000 (including one for \$20,000) in cash prizes. You will be receiving tickets in the mail within the next week or so. Please consider selling/purchasing the tickets mailed to you. \$29,000 was raised last year to help us assist families in need.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand

or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Bed Ministry—volunteers with trucks or Large SUVs needed especially! We need extra helpers to bring new beds and bedding from our storage to families moving out of the shelters and other families and children in need. Interested in helping? Brian Dwinnell at beds@sainttheresaparish.com

Friends in Need—Provides meals on a short-term basis for families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family... Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you know someone in need of help with meals.

Do you have furniture items to donate?— Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Did you know?—99 percent of the funds you donate go directly to families in need! Your donation make a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. Donations accepted online, by mail or drop off to the parish office. Please indicate DMO in the memo of the check or on the envelope. Online go to www.sainttheresaparish.com and click on "Donate" tab to make a donation! Thank you for helping us to bring Christ's love to others.

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. To sign up for the emails, contact Myriam Perez 703.729.2334 or dmoutreach@sainttheresaparish.com

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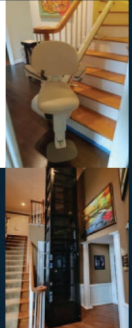
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