

St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

May 17, 2026

The Ascension of the Lord



Masses for the Week

Mon, May 18	6:15— Mother's Day Novena 8:30— Deceased Members of the Sakkal & Kassar Families+ 12:15— Bill & Sandy King+
Tues, May 19	6:15— Jerome+ and Lou Miles 8:30— Sosamma Chacko
Wed, May 20	6:15— Laura Geigel+ 8:30— Earl Wong 12:15— Deceased Members of the Leitten, Stevens & Stratton Families+
Thurs, May 21	6:15— Elizabeth & Sean Huster 8:30— Fr. Richard Guest
Fri, May 22	6:15— Joan & Robert Burton+ 8:30— Gerry Walsh+
Sat, May 23	8:30— Jeannie Pinizzotto+ 5:30— Frank DeMeo+
Sun, May 24	7:30— Peter Kimmel+ 8:45— Charlie Evich 10:30— Deceased Members of the Keane & Bianchet Families+ 12:30— Barry Maloney+ 5:00— St. Theresa Parishioners

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

****Federal Holidays—6:15 and 8:30am Masses only**

Clergy

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend John F. O'Farrell, Parochial Vicar
Reverend Matthew J. DeForest, In Residence
Deacon Paul C. Konold
Deacon Anthony J. Renzette

Prayers For The Sick: Mary Corrigan, Carol Logue, Lloyd Quist, Mr. Melchor Dizon, Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik.

Prayers For Our Military: Michael Perez, Ethan Battaglini, Garrett Batt, Nicole Batt, Joaquin Gabriel, Brady Carmical, Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling.

Why the Good Suffer and the Bad Prosper—Part IV:

(This is the fourth and final part of an ongoing series. If you missed the last three weeks' bulletin columns, you may need to read those first before making sense of what follows. Look online at the parish website.)

Suffering comes into every life. That we must suffer is inevitable, but the spirit in which we accept inevitable suffering depends upon us. St. Bridget reveals that the attitude we have while we are in the furnace of God's purification determines whether the fire will refine us or burn us. St. Bridget's explanation—that the suffering of the righteous is a form of purification and that the prosperity of the wicked is a form of basic justice—assists in our understanding of the world's injustices, but it does not automatically change how we feel when the weight of the cross crashes down on our own shoulders. It's one thing to know that fire purifies gold. It's another thing entirely to stand in the fire without losing heart. This brings us to the final critical dimension of St. Bridget's revelation, which is her practical instruction on how to endure.

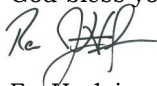
Jesus revealed to St. Bridget that while suffering is inevitable for his friends, the merit of that suffering is not automatic. There exists a tragedy even worse than the prosperity of the wicked, and that is the wasted suffering of the righteous. It's possible to go through hell on Earth—to lose your job, your health, your reputation—and yet receive no reward for it in eternity because you bore your sufferings with rebellion, hatred, and a heart full of bitterness. The story of the two thieves on the cross is the perfect example of this, (Lk 23: 32-43). Both thieves suffered the exact same crucifixion, but the suffering of the good thief became a key that opened the gates of heaven, while the suffering of the bad thief sealed his damnation. The difference was not the pain. The difference was in the response of the soul to Christ.

Jesus taught St. Bridget that when we suffer, we must immediately resist the temptation to play the victim. The victim mentality says, "God, why are you doing this to me? I don't deserve this." The saintly mentality says, "Lord, I accept this from your hand. I know that I have debts in the divine ledger that I cannot see. I know that I have loved myself more than you. I thank you for letting me pay it now while the price is cheap, rather than later when the price is infinite." This is a hard teaching. It feels almost impossible to thank God in such moments, but St. Bridget insists that this gratitude in the moment of hardship is the highest expression of faith in God. When we embrace the cross, the sting of suffering remains, but the bitterness of it is removed. The writings of St. Bridget allow us to see with the eyes of eternity. The righteous man, even in sickness, poverty, or injustice, possesses a secret peace that all the money in the world cannot buy.

The ultimate resolution of this entire mystery, according to St. Bridget, happens at the moment of death. Death is the great equalizer, the moment when the masks are ripped off. She describes the death of the righteous sufferer as a moment of sweet release. It is like a prisoner finally stepping out of a dark dungeon into the bright sunlight. Pain stops instantly, and is replaced by a joy that makes the previous suffering seem like a night in a bad hotel. The righteous soul looks back on the hardships of life and says, "Thank you, Jesus, for the cross you gave me." By contrast, the death of the prosperous wicked is described as a violent rupture. Their soul has become so attached to the world, that death feels like being torn in two. They look at the empire they have built and realize it cannot save them. And the terrifying realization hits them. They have chosen Earth over heaven, and God has honored their decision. They have received their consolation, just as Abraham told the rich man in Jesus' parable (Lk 16: 19-31).

The message of St. Bridget is a call to spiritual maturity. We must stop asking God to change the world to fit our comfort and start asking him to change our hearts to fit his will. God's love sometimes must act like a surgeon's knife, removing the cancer that would kill the immortal soul. A good doctor does not stop the surgery until all that is harmful has been cut away. The scales of God are perfect, and in the end, nothing will be left unbalanced. You will not be disappointed, when all is at least revealed. As Jesus told his Apostles at the Last Supper, "when you see me again, you will have no questions to ask of me" (Jn 16:23).

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Upcoming Early Bulletin Deadlines

Due to the upcoming holidays, please make note of these early deadlines

May 31 bulletin--due by Wednesday, May 20, 12noon

June 21 bulletin--due by Wednesday, June 10, 12noon

July 5 bulletin--due by Monday, June 22, 12noon

Youth Education and News



ymoffice@sainttheresaparish.com

May

Sun, 17th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 18th-Food Sort by Expiration Dates, 7-8:30pm

Tues, 19th-Load food for transport, 6:15-7pm

Sun, 31st-Upper Room Squad, 6-8pm

June

Sun, 7th-Upper Room Squad, 6-8pm

Tues, 9th-WorkCamp Prep Meeting, 7-8:30 pm – St Zelig Martin Room 2&3

Sat, 14th-Upper Room Squad, 6-8pm

Sat, 20th – Fri, 26th – Work Camp – Frederick County, Virginia

Sun, 28th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 29th-Food Sort by Expiration Dates, 7-8:30pm

Tues, 30th-Load food for transport, 6:15-7pm



Office Hours:

Mon–Thurs. 9am-4pm; Fri. 9am-noon

Want to volunteer at St. Theresa’s children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Celebrating Our Teachers! Teacher Appreciation Week 2026



Thank you to our wonderful teachers!



Saint Theresa Catholic School

Educating Tomorrow's Catholic Leaders

www.stsashburn.com

We have a few open spots remaining for the 2026-2027 school year!

Interested in learning more about St. Theresa Catholic School, and how Catholic education can make a difference in your child’s life? To complete an application or request a tour, visit our website, www.stsashburn.com (click “Admissions”). *We can’t wait to welcome you!*

STCS Parents, mark your calendars for these important upcoming events & see the Thursday Thunder email for details:

- 6th Grade Living Wax Museum
- Shakespeareance
- Field Day
- Student Council Elections
- 7th Grade History Parade
- 8th Grade Graduation
- Kindergarten Celebration
- 5th Grade Bridging Ceremony

We are hiring - join our team! St. Theresa Catholic School is accepting applications for a part-time instructional aide. Please email hr@saintthereeparish.com for additional information.

Calling all St. Theresa Catholic School Alumni & Alumni Families! We would love to hear from you, and add you to our *Alumni & Friends Newsletter* email list. Please send your news and contact information to alumni@stsashburn.com

STCS Alumni & Alumni Families, Send Us Your News!



2017 First Holy Communion

Email your updates to alumni@stsashburn.com

Status of Adult Children of Parishioners -- Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.

News from our Parish

Young at Heart Club, (men and women 55 and over)—We meet on **Wed. May 20th** in the Adm. Bldg. across from church after the 12:15pm Mass. Spring salad theme. All members please bring a dish to share .ex. potato salad, vegetables, fruit salad, deviled eggs, tossed salad etc. Club will provide baked ham, rolls, breads and butter. Also our usual hot beverages, water and wine. We will have homemade desserts. St Theresa's six graders will work with us on an art project. Please RSVP by Monday **5/18/26** so we have enough seating. Grace Breighner, gracejb18@aol.com, 410.967.8888

Patricians: Come and join us for an evening of insight, discussion, and prayer on "**Our Lady of Fatima**" and its profound impact on the world. Was the consecration fulfilled? What happened on December 8, 1991? Whether

you are familiar with the story or hearing it for the first time, this talk offers an opportunity for reflection and spiritual growth.

The meeting is on **Thursday, May 21 at 7pm** at the Louis Room. All are welcome; please bring your family and friends!

The Patricians meeting is organized by the Legion of Mary. If you have any questions, please contact Maria Basu at maria_basu@yahoo.com or Jacqueline Biggio at jacbiggio@aol.com.

Kidney Donation Needed for a Parishioner—Twenty-five years ago, a generous Catholic parishioner from our Diocese donated a kidney to Ashley Rader, then just a high school junior. But now, that kidney has expired, and a new kidney is desperately needed. Ashley is an adult parent and a parishioner here at St. Theresa. She

must once again undergo life-saving dialysis until a kidney is donated. Please prayerfully consider a kidney donation for Ashley. You may contact the Fairfax Hospital Living Donor Coordinator at 703.776.8053 about your transplant questions, without obligation. To learn more about Ashley and her need for a kidney donation, visit <https://nkr.org/GLK967>.

NOVA Young Catholic Married Couples—Calling all young, married, Catholic couples (ages 21-39)! Please join our GroupMe (https://groupme.com/join_group/114486077/hpS3mv47) to help begin this new ministry. We're hoping to build community, host dinner parties, start Bible studies, and glorify the Lord through our vocations. Join us! Disclaimer: "Group Me" is not an official group of any Diocese.

Adult Education and Spiritual Enrichment

Catholic Education for Adults—The Catholic Education for Adults Summer Program will be offering "Lectio Divina" for the upcoming Sunday Mass readings. Meetings will be online Wednesdays from 7-8pm. Meetings start on **June 3rd**. For more information or to sign-up, please email Robert Borghese at robert@consultborghese.com.

Women's Discipleship Group—Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30-10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal

growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we started the book "Imitation of Christ" written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—55 participants finished a successful TMIY year on May 9 -- on May 30, we will begin a 12-week summer program, "My Father's Father" a part of Fr Pavonka's Wild Goose series. If you're looking to strengthen your faith and be a better husband or father, please join us and

become part of a growing Catholic men's community. For more information, contact Jack Hayes (jack.hayes422@aol.com or 703.537.6418).



How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com



Knights of Columbus

K of C Pancake Breakfast on Sunday, 17 May 2026:

The Knights of Columbus will be hosting their last pancake breakfast of the season on Sunday, 17 May in the St. Theresa school cafeteria. Stop by after the morning Masses or at any time between 8 am and 12 noon, and enjoy a delicious breakfast and the fellowship of our parish community with pancakes (regular, chocolate chip, and blueberry), scrambled eggs, sausage, breakfast potatoes, and tater tots, along with coffee, orange juice, and assorted Dunkin' Munchkins! Profits from this breakfast will benefit Foster Care Support in Loudoun County.



You can purchase your Breakfast Tickets and make a donation in advance by using this QR code. Adults: \$10, Children (ages 3-11): \$5, Children under 3: Free. Even if you're not able to attend, you can make a donation—every contribution helps!



Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and

delivering food to the Catholic Charities Loudoun Food Pantry in Sterling. We collected, sorted, and delivered 5,815 pounds of food last month from our very generous parishioners. Your contributions and effort make this program a successful one.

Please keep up the generosity by returning your bag this weekend (May 16-17) with items in the attached flyer. If you were unable to pick up a blue bag, you can always return food in a reusable, paper, or plastic bag. Please, no expired items. The pantry is unable to distribute expired items.



Foster Care Information Sessions:

Loudoun County's Department of Family Services (DFS) is holding foster care information sessions in early 2026:

- Tuesday, June 9, 2026, 6-7:30pm
- In these virtual information sessions, they will discuss: General information on foster care needs; Who is eligible to become a foster parent; The process of

becoming a foster parent, including training requirements; and Support provided to foster parents by DFS. Attendance is free, but registration is required. Scan the QR code or visit loudoun.gov/FosterCare to register.



Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handyman Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code learn more about becoming a Knight.



Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 12:30, 7, & 8am; 3:30pm

Monday: 1:30am; 3, 4, & 9:30pm

Tuesday: 3 & 5pm

Wednesday: 12:30, 2, 3, & 4:30pm

Thursday: 12:30, 3 & 10pm

Friday: 12 & 10:30am

Saturday: 12:30, 2, 7, 8:30, 10:30, & 11:30pm

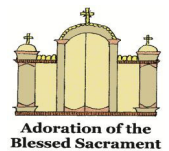
To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.



Please Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”— St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorer, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



News Around the Diocese

Men's Evening of Reflection—Wednesday May 20th @ Divine Mercy University from 6:30-9pm, we continue our journey month-by-month through the lives of the Apostles; men who were imperfect, unqualified, and often misunderstood... yet chosen, formed, and sent by Christ to transform the world. This month: Saint Paul. The evening starts with Mass, then dinner, drinks and reflections. DMU is located at 45154 Underwood Lane in Sterling, VA Use this link to register (<https://regnumchristidc.churchcenter.com/registrations/events/3546967>) or use the QR Code.



Please Join Us for a Womens' Half Day Spiritual Retreat!—"Speak the Truth in Love: Charity towards Others & Ourselves!" A morning of reflection, prayer, fellowship & practical insights! **June 6, 2026, 8am-1pm!** Divine Mercy University, 45154 Underwood Ln, Sterling. INCLUDES ~ Preached Meditation with Fr Charles Sikorsky, LC, Practical Talk: Dr Lisa Klewicki, Mass, Adoration, and a light breakfast & lunch! COST ~ \$25. REGISTER TODAY! <https://regnumchristidc.churchcenter.com/registrations/events/3580803>

Three to Get Married Marriage Prep in 2026: Jun 18-21, Jul 16-19, Aug 20-23—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$525 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today! Find more information on the website ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Bethesda, MD.

JP Summer Camps - Register Today!—Saint John Paul the Great Catholic High School's summer camp registration is now open! Check out this year's camp offerings and sign up today! For rising 2nd to 9th graders, JP summer camps are a great way to spend your

summer! John Paul offers both Athletic and Enrichment Camps and its premier day camp, Camp Quintessential. Go to jpthegreat.org/summercamp to learn more about what JP is offering!

Scholarship Opportunity for HS Seniors and Undergraduates—Graduating high school seniors and current undergraduates are invited to apply for a scholarship from the Associates of St. John Bosco (ASJB), a Catholic non-profit organization in Northern Virginia that helps students keep their Catholic faith in college. ASJB will be offering up to five (5) scholarships totaling \$40,000 to students from the Catholic Diocese of Arlington who seek to serve the Church in some capacity after they graduate from college. Students who will be pursuing a religious vocation, or work as a youth minister or Catholic school educator, among other careers, are invited to apply. Visit www.asjb.org/scholarship-program to find the application and to learn more. **Deadline is May 18, 2026.**

Attention Class of 2026! Heading to college this fall? Join the Associates of St. John Bosco for FREE College Nights this summer in Northern Virginia! Meet other Catholic students, hear real stories from upperclassmen, and get practical tips for keeping your faith strong in college. You'll connect with students from your future campus (or a campus similar to yours), enjoy a free pizza dinner, and take home a "Bosco Bundle" of Catholic books to bring with you to college. Spots are limited (50 per night), so don't wait! For dates, locations, and registration, visit: www.asjb.org/student-registration.

National Eucharistic Pilgrimage 2026—The Diocese of Arlington is hosting the National Eucharistic Pilgrimage 2026 Friday, **June 5** in Alexandria, VA and Sunday, **June 7**—the Feast of Corpus Christi — in Stafford, VA. Visit the links below to learn more about each event. Register for the events taking place in the Diocese of Arlington here: <https://bit.ly/NEP-26>.

International Project: Medical Clinic in Haiti—St. Mark Catholic Church is

embarking on a mission to establish a small medical clinic in the Les Cayes region (southwest corner) of Haiti. This effort developed as a result of 8 years of support given by St. Mark for the medical education of Jean Gardimy Inel (known as Pierrichard), in partnership with Haiti College Fund, a small 501(c)(3) charity supporting post-secondary education in Haiti. With a new doctor now licensed to practice in Haiti, the next step is to establish a health clinic so that the people in this poorest country in the Western Hemisphere can benefit from Pierrichard's training.

A group of parishioners from St. Mark interested in guiding forward this ambitious undertaking is looking for help from nearby Catholic parishes for the project: Medical Clinic in Haiti (MCH). Specifically, MCH is looking for volunteers in 3 areas:

- communications director,
- research and coordination director, and
- development director (fundraising).

Interested individuals who could lend their expertise to this project are asked to call John Barba at 703.400.5758, or contact him at john.barba@haiticollegefund.org to learn more.

Jesus said to them, "My food is to do the will of the one who sent me and to finish his work." (John 4:34)

Join Us for Summer Camps at St. Paul VI Catholic High School!—St. Paul VI Catholic High School is excited to offer a variety of engaging summer camps for students entering grades 2 through 9! This summer, we are hosting camps in band, baseball, basketball, football, field hockey, lacrosse, soccer, theatre, and more — all conveniently located on our beautiful Chantilly campus at 42341 Braddock Road, Chantilly, VA. Led by our dedicated faculty, staff, and head coaches, these camps offer a fantastic opportunity for students to grow, learn, and have fun in a supportive, faith-filled environment. For more information and to register, visit: www.paulvi.net/summercamps.

More News Around the Diocese

National Eucharistic Pilgrimage

2026—The Diocese of Arlington is excited to host the National Eucharistic Pilgrimage 2026 on Friday, **June 5** in Alexandria, VA and Sunday, **June 7** — the Feast of Corpus Christi — in Stafford, VA. Visit the links below to learn more about each event. [Holy Hour for Vocations](#), Friday, June 5 from 7-8:30pm; [Mass of Thanksgiving with Bishop Burbidge and Festival for Parish 70th Anniversary](#), Sun, June 7, 10am-4pm. The theme of the pilgrimage, which runs from Memorial Day in St. Augustine, FL through July 5 in Philadelphia, is “One Nation Under God” in honor of the 250th anniversary of the Declaration of Independence. Register for the events taking place in the Diocese of Arlington here: <https://bit.ly/NEP-26>.

Diocesan Festival: Celebrating Faith + Freedom

—The Diocesan Festival returns on Saturday, June 13 in Berryville, Virginia! Join thousands of Catholics from across the Diocese at the Clarke County Fairgrounds for a joyful celebration of faith, freedom and community. As in years past, the festival will open by giving thanks to God with a Vigil Mass celebrated by Bishop Burbidge, followed by live music, food and drink, amusement rides for children, local vendors, and so much more fun for the whole family. Learn more and register for free at arlingtondiocese.org/festival.

Weekend Discernment Retreat for Young Women

—Could God be calling you to religious life? Join our lectio divina-themed weekend retreat, "Arise, My Beloved, and Come" (Song of Songs 2:2), with the Little Sisters of the Poor. It's directed toward women ages 18-35 who feel a call to religious life, and will include tools to aid your prayer and discernment, opportunities for prayer and confession, and Q&A with the sisters. It's **June 19-21, 2026**, at the San Damiano Spiritual Life Center. Cost is \$150 and includes private room and bath and all meals (assistance is available if needed). Contact the Vocations Office to register, vocations@arlingtondiocese.org or 703-841-2514. **Deadline is June 8.**

After Abortion Day of Prayer & Healing | Después de Aborto Provocado Día de Oración y Sanación—The next After Abortion Day of Prayer and Healing will take place on **Saturday, June 27**. These group healing events are

held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model (2 separate retreats, 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries and registration, please contact Project Rachel Ministry: 703.841.2504 or info@helpafterabortion.org.

Retiros Después de Aborto Provocado Un Día de Oración y Sanación para mujeres que han experimentado un aborto provocado se llevará a cabo el sábado **27 de junio del 2026**. Estos eventos de sanación en grupo se hacen en un ambiente privado y tranquilo, en inglés y español, basado en el modelo Entering Canaan (2 retiros separados en 1 ubicación). Habrá una oportunidad de escuchar de una participante anterior y de otras que han encontrado la sanación. No está sola. Tome el primer paso. Para preguntas confidenciales, llame al Proyecto Raquel: 703.841.2504 o info@ayudadespuesdelaborto.org.

Summer Ignatian Retreats—

[Week-Long Retreats](#) (\$650): Women:

July 23-30 / Men: August 3-10

[Weekend Retreats for Women](#) (\$368):

July 10-12 / August 14-16

Draw closer to Christ through the Ignatian Spiritual Exercises, a powerful method of prayer developed by St. Ignatius of Loyola. Step away from daily life for silence, reflection, and a deeper encounter with God. Private retreats are also available during these dates, offering flexibility for those seeking a more personalized experience. Find more details on our website www.ourladyofbethesda.org or call 301-365-0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Don't miss this opportunity to invest in your spiritual renewal.

Living the Sacrament of Marriage –

Married Couples' Retreat—Retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia. A retreat for married couples to contemplate the gift of their Sacrament. We will pray individually and together, pondering the graces of Marriage and reflecting on God's promises and Presence in the life of a family. We shall also consider how God elevates the capacity of spouses to love each other and their children, and

how He makes the home of a family a privileged place of healing and sanctification. Join Fr. Daniel Hanley will lead this retreat for Married Couples. The retreat begins at 6 pm **Friday July 17th and concludes Sunday July 19th** at noon. Retreat cost is \$499, and financial assistance may be available. For further information or to register, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org or visit our website at www.arlingtondiocese.org/retreat

Weekend of Intellectual Renewal—

Christendom College invites you to a weekend of intellectual renewal at this year's summer conference, "Faith and Science: From Wonder to Human Genius." Leading Catholic thinkers—including Stephen Barr, Fr. Tad Pacholczyk, David Deavel, John Cuddeback, and others—will explore the profound harmony between faith and science. Together, we'll contemplate the wonder of creation and consider how human genius, rightly ordered, can serve truth, culture, and the dignity of the human person. Enrich your mind, renew your spirit, and celebrate our Catholic Faith. Join us for the day on August 8th or enjoy extended access with the special 3-day VIP access ticket from **August 7-9th!** Register and learn more at conference.christendom.edu.

Married Couples—If you enjoy the warmth of summer, why not sign up for the Worldwide Marriage Encounter Weekend and bring some more warmth and intimacy to your marriage. It's a positive, simple, common sense, private experience between husband and wife that revitalizes your marriage. And, it is now Vatican Approved! Space is limited so make your reservation now! Upcoming experiences are:

August 28-30, 2026-Bristow, VA (lodging is on your own—couples return home each night)

October 23-25, 2026- Hampton, VA (lodging provided)

November 6-8, 2026-Emerald Isle, NC (lodging provided)

February 12-14, 2027-Waynesboro, VA (lodging provided)

For more information please call 757.690.1369 or to register, go to WWME.org, click "Apply" and search for your desired location

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Secretary: Kathy Fitzpatrick, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Myriam Perez, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Robin Kasban, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Christa Turpin, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

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Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months** prior to filling out the Marriage Preparation Questionnaire. A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Did you know?—We assisted with almost \$6,000.00 in rent help in February and March? \$3,400 in utilities, 15 beds, linens and comforters. 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or dropping off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Bed Ministry—Volunteers! We need extra helpers to assist in delivering new beds, bedding and household items from our storage facility to families transitioning out of shelters, as well as other local families and children in need. Interested in helping?

Please contact Brian Dwinnell at beds@sainttheresaparish.com.

Do you have furniture items to donate? Consider donating to help families in need that are moving out of the shelter. Your donation makes a difference. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2334 or dmoutreach@sainttheresaparish.com

Please do not leave clothing at church. We are not accepting clothing donations.

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