

# St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

**May 31, 2026**  
**The Most Holy Trinity**



## *Masses for the Week*

<b>Mon, June 1</b>	6:15— Mary Carol Winston+ 8:30— Philip & Jeanne Burke+ 12:15— Teji Manalel
<b>Tues, June 2</b>	6:15— Jerome+ and Lou Miles 8:30— Philip & Jeanne Burke+
<b>Wed, June 3</b>	6:15— Miles Family 8:30— Marcos Perez 12:15— Pam Voss+
<b>Thurs, June 4</b>	6:15— Robert & Joan Burton+ 8:30— George Edward Murray II
<b>Fri, June 5</b>	6:15— Lester Crow 8:30— Galioto/Dannerhoj Families 12:15— Barbara Wynne+
<b>Sat, June 6</b>	8:30— Elizabeth Cotle+ 5:30— Tellis Family
<b>Sun, June 7</b>	7:30— St. Theresa Parishioners 8:45— Lucille & Peter Taranto+ 10:30— Juan Vega+ 12:30— Dr. Emilio Iasiello 5:00— Jay & Bernadette Young+

## **Parish Mass Schedule**

<b>Saturday:</b>	8:30am, 5:30pm Vigil Mass
<b>Sunday:</b>	7:30, 8:45am & 10:30am 12:30 & 5:00pm
<b>Weekdays:</b>	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
<b>Holy Days:</b>	As announced
<b>Holy Hour:</b>	Wednesdays, 7pm
<b>Confessions:</b>	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

**\*\*Federal Holidays—6:15 and 8:30am Masses only**

## **Clergy**

Reverend James C. Hudgins, Pastor  
Reverend Paul Dudzinski, Parochial Vicar  
Reverend Christopher T. Vaccaro, Parochial Vicar  
Reverend John F. O'Farrell, Parochial Vicar  
Reverend Matthew J. DeForest, In Residence  
Deacon Paul C. Konold  
Deacon Anthony J. Renzette

**Prayers For The Sick:** Mary Corrigan, Carol Logue, Lloyd Quist, Mr. Melchor Dizon, Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Michael Williamson, Brenda Fitzpatrick, Barney Smith, Rick & Kathleen Mikszan, Jeffrey Miller, Raymond Humanik.

**Prayers For Our Military:** Michael Perez, Ethan Battaglini, Garrett Batt, Nicole Batt, Joaquin Gabriel, Brady Carmical, Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling.

## Why Do We Light Votive Candles?

What do you call those little candles sitting in the candle racks along the sides of the church—the ones standing next to the statues and holy pictures? They're known as "votive candles." They have a great tradition in our church. Let's better understand them and their purpose.

There's just "something" about votive candles that everybody loves. Have you noticed that—without fail—if a movie depicts the interior of a Catholic church, it is always bathed in the glow of hundreds of votive candles? When I was a little boy, all I wanted to do after Mass was go to the candle racks, offer a prayer, and light a candle. Why are candles so beloved? The reasons are many, and run deep in our Catholic tradition.

First and most important of all, a candle always symbolizes Christ. "I am the light of the world," Jesus says, "No follower of mine shall ever walk in darkness, but shall have the light of life." (Jn 8:12) As a candle spends itself down to nothing, giving off light and warmth to all, we are reminded of Christ who also spent himself to nothing—giving his life as a ransom for the sins of the world.

Historically speaking, candles were first lit over the tombs of the martyrs in the ancient catacombs. Candles served as a sign of solidarity between the soul of the martyr, now united with Christ in heaven, and the souls of those still keeping the faith on Earth. Because the candles burned for days in silent vigil, they became known as "vigil lights." Before long, the solidarity with the saints was accompanied by prayer intentions, *vota* in Latin, and hence became known as "votive candles."

When the Christian faith was first made legal in the Roman Empire, votive candles burned no longer in hiding, but openly before icons, sacred images, statues, and relics. St. Jerome (d. 420) notes this practice was well established in his time. Essentially, this is the very practice that has come down to us in our churches today.

When we observe a glowing rack of votive candles, we know our prayers stand in solidarity with those of all those who have taken a moment to light a candle. Of course, we do not honor the statue or the image itself, but rather the prayerful intercession of the saint whom the statue represents. Each candle symbolizes a prayer, continually offered to Christ long after we have gone back to our daily business. As Catholics, we are one body in Christ, and votive candles are a beautiful, reverent tribute to our oneness with one another, and with the saints who have gone before us.

This rich symbolism, as well as the great beauty of the candles themselves, is the reason we love votive candles. Just like each votive candle, may our souls burn with the beauty of God's grace in all that we do, long after we have left Mass.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

### *Upcoming Early Bulletin Deadlines*

***Due to the upcoming holidays, please make note of these early deadlines***

***June 21 bulletin***--due by Wednesday, June 10, 12noon

***July 5 bulletin***--due by Monday, June 22, 12noon

### **Wanting to hear Fr. Hudgins' homilies?**

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

### *How to Register to be a Parishioner of St. Theresa Catholic Church*

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church.

In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

# Youth Education and News



Office Hours:  
Mon-Thurs. 9am-4pm; Fri. 9am-noon

**RE Registration for 2026-2027 School Year**—will open on **1 June** for the 2026-2027 school year. Any questions contact the RE office at 703.729.3714 or email [kasbanr@sainttheresaparish.com](mailto:kasbanr@sainttheresaparish.com)

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement

however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.



[ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com)

**May**

Sun, 31st-Upper Room Squad, 6-8pm

**June**

- Sun, 7th-Upper Room Squad, 6-8pm
- Tues, 9th-WorkCamp Prep Meeting, 7-8:30 pm – St Zelig Martin Room 2&3
- Sat, 14th-Upper Room Squad, 6-8pm
- Sat, 20th – Fri, 26th – Work Camp – Frederick County, Virginia
- Sun, 28th-Parish Food Drive (after 8:45am Mass & 5pm Mass)
- Mon, 29th-Food Sort by Expiration Dates, 7-8:30pm
- Tues, 30th-Load food for transport, 6:15-7pm



May Crowning 2026

**We have a few open spots remaining for the 2026-2027 school year!** Interested in learning more about St. Theresa Catholic School, and how



Catholic education can make a difference in your child's life? To complete an application or request a tour, visit our website, [www.stsashburn.com](http://www.stsashburn.com) (click "Admissions"). *We can't wait to welcome you!*

**STCS Parents, mark your calendars for these important upcoming events & see the Thursday Thunder email for details:**

- Student Council Elections
- 7th Grade History Parade
- STCS Class of 2022 Senior Walk
- 8th Grade Graduation
- Kindergarten Celebration
- 5th Grade Bridging Ceremony
- End-of-year Celebrations

**STCS School Supplies Orders Close July 7!** STCS is partnering again with Sprout School Supplies to make your back-to-school easy! Please see the Thursday Thunder newsletter for ordering information. Orders due by July 7, 2026.

**We are hiring - join our team!** St. Theresa Catholic School is accepting applications for a part-time instructional aide. Please email [hr@saintthereeparish.com](mailto:hr@saintthereeparish.com) for additional information.

**St. Theresa Catholic School Alumni & Alumni Families,** we would love to hear from you, and add you to our **Alumni & Friends Newsletter** email list. Please send your news and contact information to [alumni@stsashburn.com](mailto:alumni@stsashburn.com)



**Status of Adult Children of Parishioners** -- Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.

## News from our Parish

**Farewell Reception**—After 4 years of dedicated and loving service to our Parish, Father John F. O'Farrell will be leaving us on June 25. You are invited to a reception in Father's honor on **Sunday, June 14 after the 10:30am Mass** in the School Cafeteria. Come say GOODBYE and wish Father GODSPEED in his new assignment.

**Young at Heart Club** (men and women 55 and over)—We meet across from Church in the Adm. bldg. after the 12:15pm Mass. On Wed. **June 17th** we are having a "250th" America's Birthday Party and celebration with a BBQ with all the "fixins" catered by Carolina Bros. in Ashburn. There will be pulled pork, buns, potato salad, cole slaw, and baked beans. Desserts are watermelon, and birthday cake with ice cream. Hot and cold drinks,

also red and white wine. The price for "2026" paid members is \$12, Guests \$15. So get your red, white and blue outfits ready for our June celebration of our Country! **RSVP by Sunday, June 14th, 6 pm.** to: Grace Breighner: [gracejb18@aol.com](mailto:gracejb18@aol.com) or cell 410.967.8888. New people are always welcome to visit us!

**Attention those who are college age and older**—St. Theresa Wedding Coordination Ministry is looking for volunteers! You would assist the lead coordinator with day-of logistics, ensuring ceremonies run smoothly and joyfully. No prior experience is necessary—just a servant's heart. Wedding Rehearsals take place on Fridays (1 hour commitment); Wedding Ceremonies take place on Saturdays (3 hour commitment). To learn more or sign up, please contact Robin Lillis at: [rmlillis@gmail.com](mailto:rmlillis@gmail.com).

**Kidney Donation Needed for a Parishioner**—Twenty-five years ago, a generous Catholic parishioner from our Diocese donated a kidney to Ashley Rader, then just a high school junior. But now, that kidney has expired, and a new kidney is desperately needed. Ashley is an adult parent and a parishioner here at St. Theresa. She must once again undergo life-saving dialysis until a kidney is donated. Please prayerfully consider a kidney donation for Ashley. You may contact the Fairfax Hospital Living Donor Coordinator at 703.776.8053 about your transplant questions, without obligation. To learn more about Ashley and her need for a kidney donation, visit <https://nkr.org/GLK967>.

## Adult Education and Spiritual Enrichment

### ACYA Summer Speaker Series

Based on his 10+ years of young adult ministry, Fr. Vaccaro will be giving a series of talks on relationships and dating over the summer

6/15 - The State of Relationships and Signs of a Good Relationship

6/29 - How to Create Good Friendships and the Virtues Required

7/13 - The Maturity to Be a Good Friend and to Love Well

7/27 - Attraction: Sensuality and Sentimentality

8/10 - Five Phrases that are a Must for Successful Relationships and Happy Marriages

Talks are held on alternating Mondays from 6:15-7:30pm in the Admin Building, Zelig 2 and 3 conference rooms. There will be pizza after! College students eat for free.

### ACYA Bible Study

The ACYA Bible Study is covering salvation history, especially through the lens of covenant.

6/10 - Abraham: The Binding of Isaac (Part 2)

Sessions held from 6:30-8pm at Barnes & Noble in One Loudoun on alternating Wednesdays. The study is designed so that anyone joining in partway through the year or missing sessions will be caught up.

Visit <https://tinyurl.com/AshburnCatholicYA> for more information.



**Catholic Education for Adults**—The Catholic Education for Adults Summer Program will be offering "Lectio Divina" for the upcoming Sunday Mass readings. Meetings will be online Wednesdays from 7-8pm. Meetings start on **June 3rd**. For more information or to sign-up, please email Robert Borghese at [robert@consultborghese.com](mailto:robert@consultborghese.com).

### Women's Discipleship Group—

Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30-10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book

that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we started the book "Imitation of Christ" written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or [dmarie213@aol.com](mailto:dmarie213@aol.com)

**That Man is You (TMIY)**—TMIY starts the summer program, My Father's Father by Fr. Pavonka, on 30 May. If you're looking to strengthen your faith and be a better husband or father, please join us and become part of a growing Catholic men's community. For more information, contact Jack Hayes ([jack.hayes422@aol.com](mailto:jack.hayes422@aol.com) or 703.537.6418).





## Knights of Columbus

### Foster Care Information

**Sessions:** Loudoun County's

Department of Family Services (DFS) is holding foster care information sessions in early 2026:

•Tuesday, June 9, 2026, 6-7:30pm  
In these virtual information sessions, they will discuss: General information on foster care needs; Who is eligible to become a foster parent; The process of becoming a foster parent, including training requirements; and Support provided to foster parents by DFS. Attendance is free, but registration is required. Scan the QR code or visit

loudoun.gov/FosterCare to register.



**Are you a parishioner in need of a home repair?** If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handy-man Team, please visit this website to submit your repair project request or

to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

**Answer the Call to Serve.** Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code learn more about becoming a Knight.



### Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

### Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the request

forms online at <https://sainttheresaparish.com/activity/legion-of-mary/>

### Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at [legionofmarystthereasa@gmail.com](mailto:legionofmarystthereasa@gmail.com) or scan the QR code to send us your prayer request.



## Urgent Need for Committed Adorers



We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

**Sunday:** 12:30, 7, & 8am; 3:30pm

**Monday:** 1:30am; 3, 4, & 9:30pm

**Tuesday:** 3 & 5pm

**Wednesday:** 12:30, 2, 3, & 4:30pm

**Thursday:** 12:30, 3 & 10pm

**Friday:** 12 & 10:30am

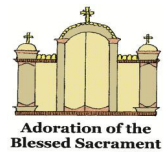
**Saturday:** 12:30, 2, 7, 8:30, 10:30, & 11:30pm

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.

**Please Note:** The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

**“What will convert America and save the world? My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer.”**— St. Mother Theresa Won't you consider signing up for one hour a week to sit with Our Lord in the Blessed Sacrament in our Perpetual Adoration Chapel? To sign up, go to: <http://sainttheresa.letusadore.com>

As a committed adorers, if you are unable to attend due to planned travel or vacation, just let us know and we will find someone to come in and fill in your hour that week. Please consider spending one hour with the Lord. It will be the best time you will spend on earth.



## News Around the Diocese

**Please Join Us for a Womens' Half Day Spiritual Retreat!**—"Speak the Truth in Love: Charity towards Others & Ourselves!" A morning of reflection, prayer, fellowship & practical insights! **June 6, 2026, 8am-1pm!** Divine Mercy University, 45154 Underwood Ln, Sterling. INCLUDES ~ Preached Meditation with Fr Charles Sikorsky, LC, Practical Talk: Dr Lisa Klewicki, Mass, Adoration, and a light breakfast & lunch! COST ~ \$25. REGISTER TODAY! <https://regnumchristidc.churchcenter.com/registrations/events/3580803>

**Ordinations to the Priesthood 2026**—Bishop Michael Burbidge has called the following men to be ordained to the Priesthood:

Rev. Mr. James Matthew Harbour, YA  
Rev. Mr. Donghan Stan Lee  
Rev. Mr. Sean Edward Mazary, YA  
Rev. Mr. Eric Martin McDade, YA  
Rev. Mr. Alexander Jacob Solsma  
Rev. Mr. Teko Galey Teko-Agbo  
Rev. Mr. Aaron Frank Zanca

The ordination will take place on **Saturday, June 6, 2026**, at 11am at the Cathedral of St. Thomas More in Arlington. The Mass will be live streamed since Cathedral seating is limited.

Learn more about the men who will soon be priests for our diocese, the celebration of their First Mass, and what happens at an ordination: [arlingtondiocese.org/vocations/ordinations](http://arlingtondiocese.org/vocations/ordinations).

**National Eucharistic Pilgrimage 2026**—The Diocese of Arlington is hosting the National Eucharistic Pilgrimage 2026 Friday, **June 5** in Alexandria, VA and Sunday, **June 7** —the Feast of Corpus Christi — in Stafford, VA. Visit the links below to learn more about each event. Register for the events taking place in the Diocese of Arlington here: <https://bit.ly/NEP-26>.

**Three to Get Married Marriage Prep in 2026: Jun 18-21, Jul 16-19, Aug 20-23**—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church.

Convenient one-weekend schedule. FOCCUS administration is included. \$525 per couple. Space will be limited and these weekends fill up quickly, so reserve your spot today! Find more information on the website [ourladyofbethesda.org](http://ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, Bethesda, MD.

**JP Summer Camps - Register Today!**—Saint John Paul the Great Catholic High School's summer camp registration is now open! Check out this year's camp offerings and sign up today! For rising 2nd to 9th graders, JP summer camps are a great way to spend your summer! John Paul offers both Athletic and Enrichment Camps and its premier day camp, Camp Quintessential. Go to [jpthegreat.org/summercamp](http://jpthegreat.org/summercamp) to learn more about what JP is offering!

**Attention Class of 2026!** Heading to college this fall? Join the Associates of St. John Bosco for FREE College Nights this summer in Northern Virginia! Meet other Catholic students, hear real stories from upperclassmen, and get practical tips for keeping your faith strong in college. You'll connect with students from your future campus (or a campus similar to yours), enjoy a free pizza dinner, and take home a "Bosco Bundle" of Catholic books to bring with you to college. Spots are limited (50 per night), so don't wait! For dates, locations, and registration, visit: [www.asjb.org/student-registration](http://www.asjb.org/student-registration).

**International Project: Medical Clinic in Haiti**—St. Mark Catholic Church is embarking on a mission to establish a small medical clinic in the Les Cayes region (southwest corner) of Haiti. This effort developed as a result of 8 years of support given by St. Mark for the medical education of Jean Gardimy Inel (known as Pierrichard), in partnership with Haiti College Fund, a small 501(c)(3) charity supporting post-secondary education in Haiti. With a new doctor now licensed to practice in Haiti, the next step is to establish a health clinic so that the people in this poorest country in the Western Hemisphere can benefit from Pierrichard's training.

A group of parishioners from St. Mark

interested in guiding forward this ambitious undertaking is looking for help from nearby Catholic parishes for the project: Medical Clinic in Haiti (MCH). Specifically, MCH is looking for volunteers in 3 areas:

- communications director,
- research and coordination director, and
- development director (fundraising).

Interested individuals who could lend their expertise to this project are asked to call John Barba at 703.400.5758, or contact him at [john.barba@haiticollegefund.org](mailto:john.barba@haiticollegefund.org) to learn more.

Jesus said to them, "My food is to do the will of the one who sent me and to finish his work." (John 4:34)

**Join Us for Summer Camps at St. Paul VI Catholic High School!**—St. Paul VI Catholic High School is excited to offer a variety of engaging summer camps for students entering grades 2 through 9! This summer, we are hosting camps in band, baseball, basketball, football, field hockey, lacrosse, soccer, theatre, and more — all conveniently located on our beautiful Chantilly campus at 42341 Braddock Road, Chantilly, VA.

Led by our dedicated faculty, staff, and head coaches, these camps offer a fantastic opportunity for students to grow, learn, and have fun in a supportive, faith-filled environment. For more information and to register, visit: [www.paulvi.net/summercamps](http://www.paulvi.net/summercamps).

**Weekend Discernment Retreat for Young Women**—Could God be calling you to religious life? Join our lectio divina-themed weekend retreat, "Arise, My Beloved, and Come" (Song of Songs 2:2), with the Little Sisters of the Poor. It's directed toward women ages 18-35 who feel a call to religious life, and will include tools to aid your prayer and discernment, opportunities for prayer and confession, and Q&A with the sisters. It's **June 19-21, 2026**, at the San Damiano Spiritual Life Center. Cost is \$150 and includes private room and bath and all meals (assistance is available if needed). Contact the Vocations Office to register, [vocations@arlingtondiocese.org](mailto:vocations@arlingtondiocese.org) or 703-841-2514. **Deadline is June 8.**

## More News Around the Diocese

**Diocesan Festival: Celebrating Faith + Freedom**—The Diocesan Festival returns on **Saturday, June 13** in Berryville, Virginia! Join thousands of Catholics from across the Diocese at the Clarke County Fairgrounds for a joyful celebration of faith, freedom and community. As in years past, the festival will open by giving thanks to God with a Vigil Mass celebrated by Bishop Burbidge, followed by live music, food and drink, amusement rides for children, local vendors, and so much more fun for the whole family. Learn more and register for free at [arlingtondiocese.org/festival](http://arlingtondiocese.org/festival).

**After Abortion Day of Prayer & Healing | Después de Aborto Provocado Día de Oración y Sanación**—The next After Abortion Day of Prayer and Healing will take place on **Saturday, June 27**. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model (2 separate retreats, 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries and registration, please contact Project Rachel Ministry: 703.841.2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org).

Retiros Después de Aborto Provocado Un Día de Oración y Sanación para mujeres que han experimentado un aborto provocado se llevará acabo el sábado **27 de junio del 2026**. Estos eventos de sanación en grupo se hacen en un ambiente privado y tranquilo, en inglés y español, basado en el modelo Entering Canaan (2 retiros separados en 1 ubicación). Habrá una oportunidad de escuchar de una participante anterior y de otras que han encontrado la sanación. No está sola. Tome el primer paso. Para preguntas confidenciales, llame al Proyecto Raquel: 703.841.2504 o [info@ayudadespuesdelaborto.org](mailto:info@ayudadespuesdelaborto.org).

**Summer Ignatian Retreats**—Week-Long Retreats (\$650): Women: **July 23-30** / Men: **August 3-10**  
Weekend Retreats for Women (\$368): **July 10-12** / **August 14-16**

Draw closer to Christ through the Ignatian Spiritual Exercises, a powerful method of prayer developed by St. Ignatius of Loyola. Step away from daily life for silence, reflection, and a deeper encounter with God. Private retreats are also available during these dates,

offering flexibility for those seeking a more personalized experience. Find more details on our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or call 301-365-0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187. Don't miss this opportunity to invest in your spiritual renewal.

**Living the Sacrament of Marriage – Married Couples' Retreat**—Retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia. A retreat for married couples to contemplate the gift of their Sacrament. We will pray individually and together, pondering the graces of Marriage and reflecting on God's promises and Presence in the life of a family. We shall also consider how God elevates the capacity of spouses to love each other and their children, and how He makes the home of a family a privileged place of healing and sanctification. Join Fr. Daniel Hanley will lead this retreat for Married Couples. The retreat begins at 6 pm **Friday July 17th and concludes Sunday July 19th** at noon. Retreat cost is \$499, and financial assistance may be available. For further information or to register, please contact Deacon Mark Maines at: [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org) or visit our website at [www.arlingtondiocese.org/retreat](http://www.arlingtondiocese.org/retreat)

**Weekend of Intellectual Renewal**—Christendom College invites you to a weekend of intellectual renewal at this year's summer conference, "Faith and Science: From Wonder to Human Genius." Leading Catholic thinkers—including Stephen Barr, Fr. Tad Pacholczyk, David Deavel, John Cuddeback, and others—will explore the profound harmony between faith and science. Together, we'll contemplate the wonder of creation and consider how human genius, rightly ordered, can serve truth, culture, and the dignity of the human person. Enrich your mind, renew your spirit, and celebrate our Catholic Faith. Join us for the day on August 8th or enjoy extended access with the special 3-day VIP access ticket from **August 7-9th!** Register and learn more at [conference.christendom.edu](http://conference.christendom.edu).

**Married Couples**—If you enjoy the warmth of summer, why not sign up for the Worldwide Marriage Encounter

Weekend and bring some more warmth and intimacy to your marriage. It's a positive, simple, common sense, private experience between husband and wife that revitalizes your marriage. And, it is now Vatican Approved! Space is limited so make your reservation now! Upcoming experiences are:

**August 28-30**, 2026-Bristow, VA (lodging is on your own—couples return home each night)  
**October 23-25**, 2026- Hampton, VA (lodging provided)  
**November 6-8**, 2026-Emerald Isle, NC (lodging provided)  
**February 12-14**, 2027-Waynesboro, VA (lodging provided)

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**Associates of St. John Bosco Benefit**—Please come help the Associates of St. John Bosco celebrate 15 years of serving, mentoring, and supporting young Catholics in Northern Virginia and beyond! **Thursday, October 15th** at 6pm at Falls Church Marriott Fairview Park

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Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Coordinator: Tom Balint, 703.729.2287  
Outreach Coordinator: Myriam Perez, 703.729.2334  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Email: [office@sainttheresaparish.com](mailto:office@sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Activities: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Robin Kasban, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Danny Costa, 703.729.3577  
Assistant Principal: Audrey Allman, 703.729.3577  
Admin Asst: Lisa Ralston, 703.729.3577  
Receptionist: Christa Turpin, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

## Sacraments

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

## Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months** prior to filling out the Marriage Preparation Questionnaire. A priest will contact you.

## OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

## Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

**Car raffle- Thank you!**—We received our grant check from the car raffle; \$28,100 to help families in need. Thanks to all who participated. Such a blessing to those in need. God bless you!

**Save the Date: Fall Consignment sale Sept 26th.**

**Did you know?**—We assisted with almost \$7,800.00 in rent help in April? \$2,000 in utilities, \$520 in grocery/gas cards, 13 beds, linens and comforters. 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or dropping off to the parish office. Please indicate DMO in the memo of

the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

**Friends in Need**—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

**The Visitation Ministry**—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

**Bed Ministry**—Volunteers! We need extra helpers to assist in delivering

new beds, bedding and household items from our storage facility to families transitioning out of shelters, as well as other local families and children in need. Interested in helping? Please contact Brian Dwinnell at [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com).

**Do you have furniture items to donate?** Consider donating to help families in need that are moving out of the shelter. Your donation makes a difference. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or [mebroderick1@gmail.com](mailto:mebroderick1@gmail.com)

*Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities.* If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2334 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com)

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