



St. Theresa Catholic Church

21371 St. Theresa Lane, Ashburn, Virginia 20147

July 19, 2026
Sixteenth Sunday in Ordinary Time

Masses for the Week

Mon, July 20	6:15— Thomas Miles, Jr. 8:30— Michael Andrew Hasnauer+ 12:15— Cuqui Geigel+
Tues, July 21	6:15— Amy Granato+ 8:30— Aleksandra Puc+
Wed, July 22	6:15— Miles Family 8:30— Margaret, Mary & Michael Teeple+ 12:15— Jon Draney+
Thurs, July 23	6:15— Frances & John Tarantino+ 8:30— Rolando C. Santos+
Fri, July 24	6:15— Toy Manalel 8:30— Justin Alexander
Sat, July 25	8:30— Edmond Ortenzia+ 5:30— Librada Gonzalez+
Sun, July 26	7:30— St. Theresa Parishioners 8:45— Joseph, Laura, & Carlo Maresca+ 10:30— James & Patricia Walker+ 12:30— Nathan Lowry+ 5:00— Dennis & Ann Walsh+

Parish Mass Schedule

Saturday:	8:30am, 5:30pm Vigil Mass
Sunday:	7:30, 8:45am & 10:30am 12:30 & 5:00pm
Weekdays:	6:15 and 8:30am, Monday through Friday 12:15pm, Mondays (except Federal Holidays) and Wednesdays
Holy Days:	As announced
Holy Hour:	Wednesdays, 7pm
Confessions:	Wednesdays, 9am (until line ends); Holy Hour, 7pm (until line ends); Saturdays, 4pm (until line ends); and by appointment

****Federal Holidays—6:15 and 8:30am Masses only**

Clergy

Reverend James C. Hudgins, Pastor
 Reverend Paul Dudzinski, Parochial Vicar
 Reverend Christopher T. Vaccaro, Parochial Vicar
 Reverend Alex Solsma, Parochial Vicar
 Reverend Matthew J. DeForest, In Residence
 Deacon Paul C. Konold
 Deacon Anthony J. Renzette

Prayers For The Sick: Eve Katherine Tinsley, Ashley Augustine, Regina McGrath, Mary Corrigan, Carol Logue, Lloyd Quist, Mr. Melchor Dizon, Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Michael Williamson, Brenda Fitzpatrick, Barney Smith.

Prayers For Our Military: Ron Willer, Michael Perez, Ethan Battaglini, Garrett Batt, Nicole Batt, Joaquin Gabriel, Brady Carmical, Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling.

Before Receiving Communion

Many Catholics do not know the Church's teachings about how to properly prepare to receive the Eucharist. Here are the three essential conditions every believer must meet:

1) Eucharistic Fast—The Church requires a fast of at least one hour before receiving Communion—no food or drink, except water and medicine. Since this “fast” is only an hour long, it is not difficult, but it does help awaken our desire and reverence for a sacred encounter with Jesus in the Eucharist.

2) Spiritual Awareness—Do not come to Communion without truly understanding who you are about to receive. Christ Himself comes into your heart in the Eucharist, nourishing your soul and strengthening your spirit. At the moment of Communion, many people lack this awareness. They might check a phone notification for example, or casually joke with a friend, oblivious to the most important moment of the day. Inattentiveness to God's presence blocks the grace God may wish to offer in that moment. Silence your phone. Silence your heart. Focus on hearing the Lord's voice. It may help to offer a small deliberate prayer, such as an Our Father or a Hail Mary, but please be deliberate in wanting to be closer to Christ, before, during, and after receiving Him.

3) State of Grace—This is the most important condition of all, before receiving Communion. If you're aware of any mortal sin—including the very-common but still very-serious sins of deliberately skipping Sunday Mass, or deliberately breaking the sixth commandment—you must not approach the altar for Communion. Be reconciled to Christ first by receiving a Sacramental Confession. As St. Paul wrote to the Corinthians, whoever eats of the Body of Christ unworthily, “eats and drinks a judgment on himself” (1 Cor 11:29).

Canon Law grants many rights to the Catholic faithful, but receiving the Eucharist is not one of them. The Eucharist is a privilege, not a right. If you cannot receive Communion sacramentally, you can always make a “spiritual communion,” which is a personal prayer expressing your willingness to receive communion, such as the prayer below, from St. John Chrysostom. You may wish to offer this prayer as a “spiritual communion” or as a personal prayer before receiving the Eucharist:

Prayer to Jesus in the Eucharist:

O Lord, my God,
I am not worthy that You should come into my soul,
but I am glad that You have come to me
because in Your loving kindness
You desire to dwell in me.
You ask me to open the door of my soul,
which You alone have created,
so that You may enter into it
with Your loving kindness
and dispel the darkness of my mind.

I believe that You will do this
for You did not turn away Mary Magdalene
when she approached You in tears.
Neither did you withhold forgiveness from the tax collector
who repented of his sins
or from the good thief
who asked to be received into Your kingdom.
Indeed, You numbered as Your friends
all who came to You with repentant hearts.
O God, You alone are blessed always,
now, and forever.

—St John of Chrysostom

God bless you, and St. Theresa pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Youth Education and News



ymoffice@sainttheresaparish.com

July

Sun, 26th-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 27th-Food Sort by Expiration Dates, 7-8:30pm

Tues, 28th-Load food for transport, 6:15-7pm

August

Sun, 2nd-Upper Room Squad, 6-8pm

Sun, 16th-Upper Room Squad, 6-8pm

Sun, 23rd-Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 24th-Food Sort by Expiration Dates, 7-8:30pm

Tues, 25th-Load food for transport, 6:15-7pm

Sun, 30th-Upper Room Squad, 6-8pm



Office Hours:

Mon-Thurs. 9am-4pm; Fri. 9am-noon

RE Registration for 2026-2027

School Year—opened on **1 June** for the 2026-2027 school year. Any questions contact the RE office at 703.729.3714 or email kasbanr@sainttheresaparish.com

RE Teachers needed for 2026-27

The Religious Education program needs teachers for the following grades and days for the 2026-27 RE Year:

Monday Afternoons - 4:30-5:45pm
- 1st grade; - 2nd grade; - 7th grade

Monday Evenings - 6:15-7:30pm
- 1st grade; - 3rd grade; - 4th grade

Tuesday Afternoons - 4:30-5:45pm
- Kindergarten; - 7th grade

Wednesday Afternoons - 4:30-5:45pm
- 7th grade; - 8th grade

Please contact the RE Office right away for details if you are interested in volunteering.

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

Susan Fash Bateman Memorial Scholarship & Christian Service Awards STCS 2026

Memorial Scholarship Recipient:

Kara R.

Christian Service Awards:

4th - Charlotte S., Everly B.
5th - Kara R., Olivia H.
6th - Austin R., Natalie S.
7th - Keenan S., Conall J.

Congratulations to all!

Mrs. Susan F. Bateman
was a beloved,
long-time STCS
Kindergarten teacher.
The Memorial
Scholarship & Awards
honor Susan and her
devotion to Catholic
education & STCS.



STCS Families, we hope you're having a fantastic summer! Summer has a way of flying by -- don't forget to check the school website (stsashburn.com, click on "Parent Links") for **Summer Reading and Math for each grade level!** Assignments are due when school begins in August!



Saint Theresa Catholic School

Educating Tomorrow's Catholic Leaders

www.stsashburn.com

REGISTRATION OPEN! FOSTS 2026



STCS Summer Office Hours: The school office will be open on Tuesdays, Wednesdays, and Thursdays from 9:00 a.m. to 1:00 p.m. Please note we are closed the week of July 5. Have a wonderful and safe summer break!

We have a few open spots remaining for the 2026-2027 school year!

Interested in learning more about St. Theresa Catholic School, and how Catholic education can make a difference in your child's life? To complete an application or request a tour, visit our website, www.stsashburn.com (click "Admissions"). We can't wait to welcome you!

Register today for the parish golf tournament! REGISTRATION IS NOW OPEN for the 16th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for tuition assistance on Monday, October 5, 2026 at Belmont Country Club. This is a wonderful parish event – we hope you'll

join us for a fantastic day of golf, food, and fundraising for tuition assistance! *This is the primary fundraiser for FOSTS, which provides assistance to families and students who might not otherwise have access to a Catholic education.* **Not a golfer? Please join us for dinner!** To sponsor, golf, purchase a dinner-only ticket, or make a donation please scan the QR code or visit our parish website (www.SaintTheresaParish.com). **Sponsors are needed for the tournament** (individuals, businesses, families), please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577.

News from our Parish

RE Teachers needed for 2026-27—

The Religious Education program needs teachers for the following grades and days for the 2026-27 RE Year:

Monday Afternoons - 4:30-5:45pm

- 1st grade; - 2nd grade;
- 7th grade

Monday Evenings - 6:15-7:30pm

- 1st grade; - 3rd grade; - 4th grade

Tuesday Afternoons - 4:30-5:45pm

- Kindergarten; -7th grade

Wednesday Afternoons - 4:30-5:45pm

- 7th grade; - 8th grade

Please contact the RE Office right away for details if you are interested in volunteering.

Announcing Two Parish-Wide Events—

Fr. Hudgins would like to offer all parishioners the opportunity to prepare and partake of two important spiritual events after all Masses on August 16, Total Consecration to Jesus through Mary and formal investiture in the Brown Scapular.

Total Consecration to Jesus through Mary - Preparation will begin on **July 13** using Fr. Gaitley's 33 Days to Morning Glory. For those who have done the Consecration before, it is an opportunity to renew. To receive a pdf

copy of the book, please sign up at the Legion of Mary table in the Narthex on July 5 and July 12, or email Maria Basu at maria_basu@yahoo.com.

Brown Scapular Enrollment - Enrollment in the Brown Scapular is after each Mass on **August 16**. If you have previously been formally enrolled, re-enrollment is not required. Read more about these events on the parish website.

Red Cross Blood Drive—Please consider supporting the American Red Cross at our next St. Theresa blood drive on **Thursday, August 13th** from 10am-3:15pm. As always, your help will save lives!

Please call 1-800-RED-CROSS or go to www.redcrossblood.org and use sponsor code: "StTheresaChurch" to schedule your life-saving donation! If you have ANY difficulty, please e-mail Colleen Dwyer at colleenhome87@gmail.com or call/text 703.969.3667 & she will register you. The Red Cross is extremely grateful to the very generous St. Theresa parishioners for their continued support in these blood drives. Thank you!!

Kidney Donation Needed for a Parishioner—

Twenty-five years ago, a generous Catholic parishioner from our Diocese donated a kidney to Ashley Rader, then just a high school junior. But now, that kidney has expired, and a new kidney is desperately needed. Ashley is an adult parent and a parishioner here at St. Theresa. She must once again undergo life-saving dialysis until a kidney is donated. Please prayerfully consider a kidney donation for Ashley. You may contact the Fairfax Hospital Living Donor Coordinator at 703.776.8053 about your transplant questions, without obligation. To learn more about Ashley and her need for a kidney donation, visit <https://nkr.org/GLK967>.

The St. Theresa's Little Flower Ministry—

Do you have a flair for floral arranging or are willing to learn, the Little Flower Ministry is seeking three (3) volunteers to help with the weekly floral arrangements for church altar. If you are interested or if you have any questions, please contact Irene Galioto 703.724.1324 or email L80GLFR@AOL.COM Thank you and God Bless

Registration is NOW OPEN!

Friends of St. Theresa School (FOSTS)

**16th Annual Golf Tournament
for tuition assistance**

Monday, October 5, 2026 | Belmont CC

To sponsor, golf, join us for dinner, or make a donation scan the QR code or visit our Parish website, SaintTheresaParish.com

A St. Theresa Parish tradition!



Adult Education and Spiritual Enrichment

Young Adults (ages 18-35)— YA Summer Speaker Series

Based on his 10+ years of young adult ministry, Fr. Vaccaro will be giving a series of talks on relationships and dating over the summer

7/13- The Maturity to Be a Good Friend and to Love Well

7/27 - Attraction: Sensuality and Sentimentality

8/10- Five Phrases that are a Must for Successful Relationships and Happy Marriages

Talks are held on alternating Mondays from 6:15-7:30pm in the Admin Building, Zelie 2 and 3 conference rooms. There will be pizza after! College students eat for free.

Visit <https://tinyurl.com/AshburnCatholicYA> for more information.



YA Bible Study

7/22 - Moses: Drawn from the Water (Part 3)

The ACYA Bible Study is covering salvation history, especially through the lens of covenant.

Sessions held from 6:30-8pm at Barnes & Noble in One Loudoun on alternating Wednesdays. The study is designed so that anyone joining in partway through the year or missing sessions will be caught up.

Women's Discipleship Group—

Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30-10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal

growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. On September 3, 2025 we started the book "Imitation of Christ" written by Thomas a Kempis, and translated by Ronald Knox and Michael Oakley. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—TMIY continues our summer session, growing in fellowship with both new and long-standing members. If interested in joining us, please come any Saturday morning 6:30-8:00 am in the Zelie 2/3 room in the Parish Admin building across from the Church -- or contact Jack Hayes for more information at jack.hayes422@aol.com, or 703.537.6418.



Knights of Columbus

Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling last month. We collected, sorted, and delivered 4,846 pounds of food last month. Your contributions and effort make this important program very successful.

Please keep up the generosity by taking a bag (or a flyer if bags are unavailable) on your way out and return it next weekend (July 25-26) with items on the attached flyer.

Please, no expired items. The pantry is unable to distribute expired items.

Thank you for your generosity.

NOTE: Since bags go quickly, the food list can be found at <https://www.st-louismartin-kofc.org/loudoun-food-pantry-2> or scan here:



Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handy-man Team, please visit this website to submit your repair project request or

to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code learn more about becoming a Knight.



Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 3:30am

Monday: 11pm

Tuesday: 3am

Wednesday: 11pm

Thursday: 2:30am & 12:30pm

Saturday: 12:30 & 10pm

Also, urgent need for substitute adorers, especially for 9pm-5am



To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.

Please Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

News Around the Diocese

Attention Class of 2026!—Heading to college this fall? Join the Associates of St. John Bosco for FREE College Nights this summer in Northern Virginia! Meet other Catholic students, hear real stories from upperclassmen, and get practical tips for keeping your faith strong in college. You'll connect with students from your future campus (or a campus similar to yours), enjoy a free pizza dinner, and take home a "Bosco Bundle" of Catholic books to bring with you to college. Spots are limited (50 per night), so don't wait! The dates and locations are:

July 21 - Basilica of St. Mary
July 28 - St. Mary of the Immaculate Conception

Visit www.asjb.org/student-registration to register for free!

Summer Ignatian Retreats—
Week-Long Retreats (\$650): Women: **July 23-30** / Men: **August 3-10**
Weekend Retreats for Women (\$368): **July 10-12** / **August 14-16**

Draw closer to Christ through the Ignatian Spiritual Exercises, a powerful method of prayer developed by St. Ignatius of Loyola. Step away from daily life for silence, reflection, and a deeper encounter with God. Private retreats are also available during these dates, offering flexibility for those seeking a more personalized experience. Find more details on our website www.ourladyofbethesda.org or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20187.

Three to Get Married Marriage Prep in 2026: Aug 20-23, Sep 17-20 (virtual only)—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend

schedule. FOCCUS administration is included. \$525 per couple. Space is limited, so reserve your spot today! Find more information at ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Bethesda, MD.

Pre-HSPT—Rising 8th graders are invited to take the Pre-High School Placement Test (Pre-HSPT) at St. Paul VI Catholic High School in Chantilly.

Details:

What: Practice version of the High School Placement Test (HSPT)

Who: Students entering 8th grade in the 2026-2027 school year

When:

Tuesday, July 21, 10am-12:30pm

Thursday, July 30, 10am-12:30pm

Where: St. Paul VI, 42341 Braddock Road, Chantilly, VA 20152

Optional Parent Info Session: 12pm in the PVI theatre. Includes details about Paul VI and the admissions process. Please note: The Pre-HSPT is not used for admissions but is a helpful preparation tool. Accommodations are not available for the Pre-HSPT.

Encounter School of Ministry Summer Intensive—July 27-30 | 6-9pm; Mother of God School, Gaithersburg
Come Experience the Holy Spirit in a New Way Join us for four inspiring evenings of teaching, prayer, and practical exercises designed to help you grow closer to Jesus and become more attentive to the Holy Spirit in everyday life.

In light of Pope Leo XIV's recent call for spiritual renewal in the Church, these sessions will help you discover how the Holy Spirit is still transforming lives today. Topics include Identity in Christ, Prophecy, Healing and Inner Healing & Freedom

Drawn from the first year of Encounter School of Ministry's formation program, each evening combines Scripture-based teaching with opportunities to put your faith into practice. Come

expectant. Come hungry for more. Come discover the life-changing power of the Holy Spirit.

Registration required. 4-day Ticket: \$110 (single) or \$170 (couples) | Single Day: \$40/ person. For more info and to register: summerintensive.org.

Questions:

admin@encounterschooldc.org



Weekend of Intellectual Renewal—Christendom College invites you to a weekend of intellectual renewal at this year's summer conference, "Faith and Science: From Wonder to Human Genius." Leading Catholic thinkers—including Stephen Barr, Fr. Tad Pacholczyk, David Deavel, John Cuddeback, and others—will explore the profound harmony between faith and science. Together, we'll contemplate the wonder of creation and consider how human genius, rightly ordered, can serve truth, culture, and the dignity of the human person. Enrich your mind, renew your spirit, and celebrate our Catholic Faith. Join us for the day on August 8th or enjoy extended access with the special 3-day VIP access ticket from **August 7-9th!** Register and learn more at conference.christendom.edu.

Calix Society Meeting—Calix is an association of Catholic alcoholics, drug addicts, and family members and friends affected by addiction, who are maintaining their sobriety through participation in their Catholic faith and a 12 Step program. Our first concern is to interest Catholics with these problems in the virtue of total abstinence. Our second stated purpose is to promote the spiritual development of our membership.

We meet every Saturday morning from 10-11am at Club 12, 58 Sycolin Road SE, Leesburg, VA (first floor). Please text or call Stephen with questions, 703.297.6329.

Status of Adult Children of Parishioners -- Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.

More News Around the Diocese

Married Couples—If you enjoy the warmth of summer, why not sign up for the Worldwide Marriage Encounter Weekend and bring some more warmth and intimacy to your marriage. It's a positive, simple, common sense, private experience between husband and wife that revitalizes your marriage. And, it is now Vatican Approved! Upcoming experiences are:

August 28-30, 2026-Bristow, VA (lodging is on your own—couples return home each night)

October 23-25, 2026- Hampton, VA (lodging provided)

November 6-8, 2026-Emerald Isle, NC (lodging provided)

February 12-14, 2027-Waynesboro, VA (lodging provided)

For more information please call 757.690.1369 or to register, go to WWME.org, click "Apply" and search for your desired location

Strengthening Your Love™ : A Catholic Workshop for Couples—October 10-11, 2026. Invest in your marriage with this Christ-centered weekend workshop designed to nurture emotional closeness and strengthen communication. Based on Emotionally Focused Therapy (EFT), the Strengthening Your Love™ workshop is facilitated by an expert team of Catholic therapists and priests who will share their expertise and experience. They will also be available throughout the weekend for individual consultation upon request. Whether your marriage needs renewal or you're seeking a deeper connection, this workshop offers practical tools, encouragement, and hope. **Please note:

This is NOT an overnight program. Cost: \$600 per couple. Seating is limited. Scan the QR code to register or visit www.ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD

Associates of St. John Bosco Benefit—Please come help the Associates of St. John Bosco celebrate 15 years of serving, mentoring, and supporting young Catholics in Northern Virginia and beyond! **Thursday, October 15th** at 6pm at Falls Church Marriott Fairview Park

Enjoy a classy dinner, good company, and a keynote address by Dr. Peter Kilpatrick, President of Catholic University of America while supporting the next generation of Catholic leaders in the Church! Sponsorships & tickets available www.asjb.org/boscobenefit

St. Veronica (Chantilly, VA) Seeking Facilities Manager—The Facilities Manager oversees all maintenance, cleaning, renovation, restoration, upkeep and security of the parish and school building, the surrounding grounds, and the rectory as part of St. Veronica Church property. The Manager is responsible for preventive maintenance measures, safety inspections, and periodic efficiency audits of existing systems.

Visit www.stveronica.net for position details and how to apply

Spanish Interpreters Needed—Please consider volunteering as an Interpreter for the Catholic Charities Mother of Mercy Free Medical Clinics. You can

volunteer remotely or in-person at the Manassas or Woodbridge locations. The clinics provide free, quality healthcare to low-income individuals who are uninsured or under-insured. If interested, follow this link to start the onboarding process: <https://ccda.net/give-help/volunteer/medical-mental-healthcare/> Send questions to volunteer.clinic@ccda.net

Longest Married Couple Project—Do you know a couple that has been married for over 55 years? Nominate them now for recognition by Worldwide Married Encounter's Longest Married Couple Project. Just go to WWME.ORG and click on "Longest Married Couple" at the top to complete a short nomination form. Deadline is September 1st.



To protect human life & the truth about marriage

CATHOLICS VOTE NO

on the

"Virginia Right to Reproductive Freedom Amendment" and
"Virginia Remove Constitutional Same-Sex Marriage Ban Amendment"

Pledge to Vote: CatholicsVoteNo.com

CATHOLIC DIOCESE OF ARLINGTON

Early Voting begins September 18
Election Day November 3



Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the request

forms online at <https://sainttheresaparish.com/activity/legion-of-mary/>

Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at legionofmarystthere-sa@gmail.com or scan the QR code to send us your prayer request.



Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Coordinator: Tom Balint, 703.729.2287
Outreach Coordinator: Myriam Perez, 703.729.2334
Website: www.sainttheresaparish.com
Email: office@sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Activities: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Robin Kasban, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Asst: Lisa Ralston, 703.729.3577
Receptionist: Christa Turpin, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn, VA

Sacraments

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months** prior to filling out the Marriage Preparation Questionnaire. A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Save the Date: Fall Consignment sale Sept 26th. More information: go to www.littleflowerconsignments.org. Proceeds help families in need through Divine Mercy Outreach.

Don't want to consign but have items to donate? Contact Jean Nowakowski at john.jean90@verizon.net

Did you know?—We assisted with almost \$8,000 in rent help in May, \$1,700 in utilities, \$200 in grocery/gas cards. 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, or by mail or dropping off to the parish office. Please indicate DMO in the memo of the check or on the envelope. To donate online go to the parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a

monetary donation online! Thank you for helping us to bring Christ's love to others by helping them in their time of need.

Bed Ministry needs pillows and gift cards—Our Bed Ministry has ongoing requests to help families moving from the shelter. We are in need of new pillows and Walmart or Amazon gift cards to help us purchase bedding in a bag. Drop off to the parish office or place in the Outreach boxes at church. Thank you and God bless you

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well.

Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Bed Ministry—Volunteers! We need extra helpers to assist in delivering new beds, bedding and household items from our storage facility to families transitioning out of shelters, as well as other local families and children in need. Interested in helping? Please contact Brian Dwinnell at beds@sainttheresaparish.com.

Do you have furniture items to donate? Consider donating to help families in need that are moving out of the shelter. Your donation makes a difference. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703.966.0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2334 or dmoutreach@sainttheresaparish.com

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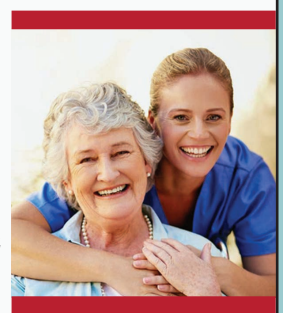
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