

ST. THERESA

CATHOLIC CHURCH

21371 St. Theresa Lane, Ashburn, Virginia 20147

AUGUST 30, 2026

TWENTY-SECOND SUNDAY IN ORDINARY TIME



Masses for the Week

Mon, Aug 31	6:15–Thomas & Suzanne Miles 8:30–John Tomassone+ 12:15–Greg DiMuzio+
Tues, Sept 1	6:15–Thomas J. Blonde+ 8:30–Carol Krichbaum
Wed, Sept 2	6:15–Jerome+ and Lou Miles 8:30–Clair Tomassone+ 12:–Paul Tran+
Thurs, Sept 3	6:15–Sandra Kovacez 8:30–Greg DiMuzio+
Fri, Sept 4	6:15–Nick Carrescia+ 8:30–Tony McGehee+ 12:15–Angelica Cabanero
Sat, Sept 5	8:30–John Bird, Sr+ 5:30–Robert & Clair
Sun, Sept 6	7:30–St. Theresa Parishioners 8:45–Thanh Mai 10:30–Jonathan Pick+ 12:30–Beth Moschetto 5:00–Megan & Dominic Thomas

PARISH MASS SCHEDULE

WEEKEND MASS

Saturday Vigil | 5:30pm

Sunday | 7:30, 8:45, & 10:30am and 12:30 & 5:00pm

WEEKDAY MASS

Monday through Friday | 6:15 and 8:30am

Monday and Wednesday | 12:15pm (except for Federal Holidays)

Saturday | 8:30am

HOLY DAYS

As Announced

HOLY HOUR

Wednesdays | 7pm

CONFESSIONS

Wednesdays | 9am and 7pm (during Holy Hour) until the line ends

Saturdays | 4pm, until the line ends

or by appointment

****Federal Holidays--6:15 and 8:30am Masses only**

CLERGY

Reverend James C. Hudgins, Pastor

Reverend Paul Dudzinski, Parochial Vicar

Reverend Christopher T. Vaccaro, Parochial Vicar

Reverend Alex Solsma, Parochial Vicar

Reverend Matthew DeForest, In Residence

Deacon Paul C. Konold

Deacon Anthony J. Renzette

Prayers For The Sick: Randy Eubank, Samuel Russo, Sr., Eve Katherine Tinsley, Ashley Augustine, Regina McGrath, Mary Corrigan, Carol Logue, Lloyd Quist, Mr. Melchor Dizon, Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Michael Williamson, Brenda Fitzpatrick.

Prayers For Our Military: Owen Hall, Ron Willer, Michael Perez, Ethan Battaglini, Garrett Batt, Nicole Batt, Joaquin Gabriel, Brady Carmical, Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling.

Why Did Adam Sleep When God Created Eve?

I never cease to marvel at the depths of wisdom hidden in the creation story from Genesis. Let me share with you a beautiful insight I recently discovered, hidden in a small detail most people completely overlook. Before God created Eve, he did something strange. He did not ask for Adam's help. He did not ask for Adam's opinion. God did not even let Adam watch him work. Rather, before God created Eve, Genesis tells us, "The Lord God caused a deep sleep to fall upon the man" (Gn 2:21). Why did God make Adam sleep when he created Eve? The answer teaches us a valuable lesson about marriage and the spiritual life.

God asks for human cooperation in many aspects of our lives, but some things are God's activity, alone. When God created the first woman and gave her to the first man, notice—God waited until Adam could do absolutely nothing to help. He "cast a deep sleep upon the man." The Hebrew word here is *tardemah*. It's a term that appears in the Old Testament whenever God is about to do something only God can do. Adam slept because heaven had gone to work. Adam slept because God had to teach Adam to trust his work. God prepares his greatest gifts only when we stop trying to control everything. Faith means trusting God's hands even when our eyes cannot see his work.

The creation of Eve teaches us—your spouse is God's gift to you. Especially in modern times, people act as though they can find the perfect spouse by their own efforts. Genesis says otherwise. Marriage is God's gift before it becomes your responsibility. Furthermore, notice this—Adam found Eve simply by remaining faithful to where God had placed him. When Adam rested in obedience, God prepared his future. This does not mean Christians should be passive about finding a spouse, but it does mean that we should chase God before chasing any human relationship. God's providence is far more important than human effort.

Here's another beautiful detail: "The rib that the Lord God had taken from the man, he built into a woman." (Gn 2:22) Notice the verb—God "built" the woman. The Hebrew term here is *banah*, which is the same term used when Solomon built the Temple in Jerusalem. In creating Eve, God built something sacred—carefully, and deliberately—just like the Temple. When Adam awoke, he saw something beautiful that had not created. God's masterpiece. No wonder Adam's first words were not criticism, comparison, or complaint, but words of praise. "This at last is bone of my bones and flesh of my flesh" (Gn 2:23). Imagine if all spouses looked upon each other with that same wonder, gratitude, and praise.

Finally, Adam's sleep points to Christ's redemption. The earliest Christian writers saw something astonishing—when Adam slept, his side was opened, and his bride came forth. Centuries later, when Christ entered "the sleep of death" on the Cross, his side was pierced, and blood and water poured forth. Christians have always believed that it was from Christ's pierced side that the sacraments came forth, and that Christ's bride, the Church, was born. Adam's sleep prepared Eve. Christ's death prepared the Church. In Genesis, God was already pointing to Calvary.

How often are we impatient with God. We want God to act immediately. We want every prayer clearly answered, today. But Genesis reminds us, just because you cannot see God working, does not mean God is not at work. His greatest blessings are received, not forced. When you can't see what God is doing, or wonder why God seems silent, or question God's timing—remember the sleep of Adam. You'll rejoice to discover that God's plans were always greater than your expectations.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 2:30am, 12:30 & 4pm

Tuesday: 3am

Thursday: 2:30am

Friday: 12am

Saturday: 12:30 & 2:30pm

Also, urgent need for substitute adorers, especially for 9pm-5am

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.



Please Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.

Youth Education and News



ymoffice@sainttheresaparish.com

August

Sun, 30th–Upper Room Squad, 6-8pm

September

Sat, 5th–Confirmation Retreat, 1:30-8pm

Sat, 19th–Confirmation Retreat, 1:30-8pm

Sun, 27th–Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 28th–Food Sort by Expiration Dates, 7-8:30pm

Tues, 29th–Load food for transport, 6:15-7pm



Office Hours:

Mon–Thurs. 9am-4pm; Fri. 9am-noon

RE Registration for 2026-2027 School Year —is open. Any questions contact the RE office at 703.729.3714 or email kasbanr@sainttheresaparish.com

RE Teachers needed for 2026-27

Please see the Parish section for details. Please contact the RE Office right away for details if you are interested in volunteering.

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.

October

Sun, 4th–Upper Room Squad, 6-8pm

Sun, 4th–Confession for Confirmation Candidates only, 2pm

Sat, 10th–Confirmation Masses, 10am & 1:30pm

Sun, 11th–Upper Room Squad, 6-8pm

Sun, 18th–Upper Room Squad, 6-8pm

Sun, 25th–High School RALLY @ Bishop O'Connell H.S., Arlington, 11:15am to 8:30pm

Sun, 25th–Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 26th–Food Sort by Expiration Dates, 7- 8:30pm

Tues, 27th–Load food for transport, 6:15-7pm



We're expecting another sold-out event, REGISTER TODAY for our parish's 16th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for Tuition Assistance on Monday, October 5, 2026 at Belmont Country Club. This is *the primary fundraiser for FOSTS, which provides tuition assistance to STCS families who are facing a financial hardship. Not a golfer? Please join us for dinner & the silent auction!* To sponsor, golf, purchase a dinner-only ticket, or make a donation please scan the QR code or visit our parish website (www.SaintTheresaParish.com). **Sponsors are needed for the tournament** (individuals, businesses, families), please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577

STCS Families, be on the lookout this week for your Thursday Thunder email for details on all the upcoming events for the school year:

- Labor Day Holiday
- After-school Clubs & Sports
- Battle of the Books
- CASSA Keeping Kids Safe Online Parent Workshop
- Parent Meeting for Band
- Parents Rosary Group

Join the STCS team! Interested in learning about employment opportunities at St. Theresa Catholic School? Scan the QR code to learn more!



What a wonderful start to the school year!

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church. In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

News from our Parish

2026 Bishop's Lenten Appeal: "In Christ We Are One" – 94% to Parish Goal—Thank you to all the Saint Theresa families who have given to the 2026 BLA! If you have yet to participate in this year's BLA, will you join the 861 families who have made a gift? Your support, no matter the size, will steward over 40 ministries caring for seminarians, youth, families and many more across the diocese. Thank you, and please consider making your gift at www.arlingtondiocese.org/BLA or by scanning the QR code:



Scan Me

Join our Music Ministry—At the Vatican Concert for Peace in July, Pope Leo stated "...the beauty of music invites us to encounter the One who is Beauty itself." Our adult, youth and children's choirs are resuming rehearsals at the end of August and are open to new members. We are also looking for additional organists to join our ministry. See the website, take a brochure from the back of the church, or contact music@sainttheresaparish.com for more information.



Interested in becoming a St Theresa Altar Server?—Training for new altar servers will be held on four consecutive Sunday evenings, **September 13, 20, 27 and October 4**, from 6:30pm to 7:30pm. Attendance is required at all four events, and is open to any boy 4th grade and older, who would like to be an Altar Server at St Theresa.

Pre-registration is required. To register, go to the parish website: <https://sainttheresaparish.com/news/altar-boy-training/>

Please note: attendance at all four nights is required, and there will be no exceptions made. Parents are encouraged to attend with their child.

To protect St. Theresa's future, we've started an endowment with The Catholic Foundation -Diocese of Arlington. Your gift helps us grow a steady, lasting source of support for our church's daily needs. Please prayerfully consider making a gift to our Parish Endowment today.



Join us for a new year of Walking With Purpose—Bible studies for women, young women, and middle school girls! Walking With Purpose is a Catholic women's ministry offering Bible studies designed to meet women of all ages right where they are in their faith journey. At St. Theresa Parish, our small groups meet weekly from late September through May, blending personal study with meaningful small-group discussion. Together, we explore everyday challenges through the lens of Christ's teachings and the truths of the Catholic Church.

If you're looking to grow in faith within a supportive community of Catholic women, Walking With Purpose is for you! We will have a canopy set up outside of the church after masses the weekend of **August 29/30** to help provide more information. Registration is now open!

Find us on the parish website under activities for more information and to register. Explore studies, find your group, and take a meaningful step on your faith journey. Questions? Email: sttheresawwp@gmail.com



Scan our QR code for a direct link to register

We're expecting another sold-out event, REGISTER TODAY for our parish's 16th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for Tuition Assistance on Monday, October 5, 2026 at Belmont Country Club. This is *the primary fundraiser for FOSTS, which provides tuition assistance to STCS families who are facing a financial hardship.* **Not a golfer? Please join us for dinner & the silent auction!** To sponsor, golf, purchase a dinner-only ticket, or make a donation visit our parish website (www.SaintTheresaParish.com) or scan the QR code. **Sponsors are needed for the tournament** (individuals, businesses, families), please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577.



GriefShare—Wednesday, September 9, St. Theresa will offer its next GriefShare program, a grief support group for people grieving the death of a loved one. Over 11 weeks, you'll find relief and comfort as you learn what to expect in the days ahead and how to navigate your personal grief process. Join us Sept 9 thru Nov 18 from 7-9pm at St Theresa's. For more info or to register <https://find.griefshare.org/groups/287951/registrations/new> A \$20 workbook will be required to purchase.

The Young At Heart Social Club (Men And Women 55 and over) will meet on **WED. Sept. 16th** to start off our Fall Socials. We meet in the Adm. Bldg. across from Church, after attending 12:15pm Mass. Our luncheon will be Raising Cane's Chicken and sides, along with desserts and beverages. The cost is \$10 for all paid "2026" members and \$13 for all others. Our program will be an introduction and talk by our newest priest at St. Theresa Church, Rev. Alex Solsma. **RSVP (a must) by Monday, Sept. 14th** to Grace Breighner email gracejb18@aol.com OR cell phone 410.967.8888

RE Teachers needed for 2026-27—The Religious Education program needs teachers for the following grades and days for the 2026-27 RE Year: Monday Evenings - 6:15-7:30pm - 1st grade Wednesday Afternoons - 4:30-5:45pm - 7th grade; - 8th grade Please contact the RE Office right away for details if you are interested in volunteering.

Volunteers needed

Sponsors Needed!
several levels available for individuals, families, & businesses

Friends of St. Theresa School (FOSTS)
16th Annual Golf Tournament for Tuition Assistance
Monday, October 5, 2026 | Belmont Country Club

To sponsor, golf & buy dinner-only tickets:
Scan the QR code, visit www.SaintTheresaParish.com, or call 703/729-3577

A St. Theresa parish tradition!

More News from our Parish

Would You Like to Help Poor Children, By Donating Your Used Basketball Shoes?—"Whoever is generous to the poor lends to the Lord."
— Proverbs 19:17—St. Theresa is helping The Eric Okenchi Athletic Foundation to help send shoes to Nigeria. Would you consider donating new or gently used basketball shoes (all sizes) to children in Nigeria? Your gift can provide hope, opportunity, and encouragement. In future weeks, we will make a pulpit announcement to tell you when and where to drop off shoes. To learn more, please write or call—inquiries only please. **No Monetary Donations will be Accepted.** EricOkenchiAthleticFoundation@gmail.com, 703.964.6061

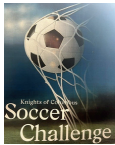
Girls ages 5–18 are invited to join American Heritage Girls—American Heritage Girls is a Christ-centered character and leadership program where girls grow in faith, build friendships, develop leadership skills, enjoy outdoor adventures, and serve their communities. Troop meetings are held twice a month on Wednesdays, with a weekend activity most months, including camping, hiking, service projects, and other outings. Meetings begin in September. To learn more, contact Kathleen Cho at ahg.va0714@gmail.com or visit americanheritagegirls.org/.

 **Cub Scout Pack 997 (sponsored by St Theresa Parish) welcomes new Cub Scouts for the 2026-2027 school year!** We have an exciting and engaging program planned for the upcoming year. We are open to boys in grades K through 5; Scouts need not be students at St Theresa School. The time commitment is two one-hour meetings per month, plus a handful of miscellaneous events during the year. A Join Scouting Night will be held on Wednesday, September 16, at 6:30pm in the STCS cafeteria. Interested families should send an email to pack997leaders@googlegroups.com for more information.



Knights of Columbus

Soccer Challenge: SAVE the DATE! Soccer Challenge, Ages 9-14, September 27, 2026 (St. Theresa's Picnic).



Happy Hour with the Knights! Join the Knights for Happy Hour on Thursday, September 10th from 5pm-8pm at Parallel Wine & Whiskey Bar! Parallel Wine & Whiskey Bar is located at 43135 Broadlands Center Plaza in Ashburn, VA. Our group will have the 'Party Bar' side reserved for the event.

Wives and significant others are welcome to attend as well! Light appetizers will be served - drinks will be the responsibility of each person. Please use the QR Code to RSVP so that we have an accurate head count for the bar. We look forward to seeing you there!



Become a Foster Parent in Loudoun County! Loudoun County's Department of Family Services (DFS) is seeking caring individuals and families who are interested in making a meaningful difference in the life of a child. DFS is hosting virtual foster care information sessions for anyone interested in learning more about becoming a foster parent:

Monday, September 28: 6:7-7:30pm

During each session, DFS staff will discuss the current need for foster families, eligibility requirements, the process of becoming a foster parent, and the support available to foster families. Participants will also have the opportunity to ask questions and learn about next steps.

You do not need to have all the answers to get started – just a willingness to learn and help a child in need. Attendance is free, but registration is required. For more information about foster care and to register for an upcoming information session, visit loudoun.gov/fostercare.

Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handy-man Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code learn more about becoming a Knight.



Status of Adult Children of Parishioners – Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.

Adult Education and Spiritual Enrichment

Catholic Education for Adults is excited to offer six classes this Fall!

- Acts of the Apostles-Thursdays
- 7-8pm (In-Person)
- Bible Timeline-Tuesdays from
- 8-9pm (Zoom)
- Galatians-Wednesdays 7-8pm (Zoom)
- John-Wednesdays 7-8pm (Zoom)
- Luke-Wednesdays 7-8pm (In-Person)
- Matthew-Wednesdays 10:30-Noon (In-Person)

Contact Andy Johnson at
johnson.andrew7003@gmail.com for
details or to sign-up.

Women's Discipleship Group—Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30–10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. Starting September 9, 2026 we will be reading "Trusting God in the Present" by Fr. Jacques Philippe. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—We signed up a dozen new brothers during our August recruitment drive! You can still join our TMIY Year 4 program which begins September 12. Scan the QR Code below to register or contact Jack Hayes at: jack.hayes422@aol.com or 703.537.6418



Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the

request forms online at
<https://sainttheresaparish.com/activity/legion-of-mary/>

Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at
legionofmarysttheresa@gmail.com or scan the QR code to send us your prayer request.



Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com



News Around the Diocese

Fall Grief Retreat: Finding the Passion of Christ in Your Story—You do not have to grieve alone. Join other mothers of loss on **September 18th & 19th** for a fall retreat hosted by the Diocese of Arlington Chapter of Red Bird Ministries. Draw closer to the Lord in your grief and find comfort, healing, and hope by connecting with others who understand the extraordinary cross you are carrying. For all mothers of loss, from pregnancy through adulthood.

When: Friday, September 18 (6:30–9pm) and Saturday, September 19 (9am–5:30pm)
Where: Morning Star Retreat House in Great Falls
Cost: \$40 (includes \$25 grief group journal, breakfast, and lunch) Register: www.redbird.love/arlington-va Questions? Email elizabeth@redbird.love

Please join A Woman's Choice for our Advocates for Life Dinner on September 20, from 5–9pm, at Westwood Country Club in Vienna, Virginia. We are honored to welcome Angie Thomas of Alliance Defending Freedom as our keynote speaker. It promises to be an inspiring evening as we come together to celebrate the dignity of life and the values of justice, compassion, and hope. We look forward to sharing this special evening with you! You can purchase tickets at awomanschoicecenter.com.

Three to Get Married Marriage Prep in 2026: Sep 17-20 (virtual only); Oct 22-25—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$525 per couple. Space is limited, so reserve your spot today! Find more information at ourladyofbethesda.org. Our Lady of Bethesda Retreat Center, Bethesda, MD



If you have a used car you are considering trading in or selling, please consider donating it to The Car Ministry instead and also be eligible for a tax break. The Car Ministry is one of the very few that gives donated cars directly to families in desperate need of transportation help. Click on the “Donate your Car” link on The Car Ministry’s website, www.carministry.org.

CALLED: A Conference for Young Adults **Young adults ages 19–35**—are invited to CALLED: A Conference for Young Adults on **Saturday, September 19**, from 1:30–9:30 p.m. at the Hyatt Regency Reston. Join hundreds of young adults from across the Diocese for an inspiring afternoon and evening featuring keynote speakers, breakout sessions, opportunities for Confession, Mass with Bishop Burbidge, dinner, live music, salsa dancing lessons, and authentic Catholic community. Early Bird registration is open July 1 – August 31 for only \$50. Contact our parish young adult ministry for a \$10 discount code, or register and learn more at: www.arlingtondiocese.org/called

Men's Spiritual Bootcamp Weekend Retreat, Sep 25-27, 2026—Join us for a dynamic weekend retreat designed specifically for men! The Men's Bootcamp Weekend Retreat combines the structure of the Spiritual Exercises with engaging breakout groups and powerful talks tailored to strengthen your faith, leadership, and brotherhood. While not a silent retreat, the schedule will include time for personal reflection, prayer, and discussion. Step away from the demands of daily life and strengthen your faith alongside other Catholic men. Cost to attend: \$368 per person. Find more details on our website www.ourladyofbethesda.org or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817

Associates of St. John Bosco Benefit—Please come help the Associates of St. John Bosco celebrate 15 years of serving, mentoring, and supporting young Catholics in Northern Virginia and beyond! Thursday, **October 15th** at 6pm at Falls Church Marriott Fairview Park

Enjoy a classy dinner, good company, and a keynote address by Dr. Peter Kilpatrick, President of Catholic University of America while supporting the next generation of Catholic leaders in the Church! Sponsorships & tickets available www.asjb.org/boscobenefit

Finding Jesus with St. Francis – Men's Silent Retreat—During this Jubilee Year of St. Francis, the whole Church remembers and prays for the grace to imitate a man totally transfixed by the Gospel of Jesus Christ. Guided by the life and heroic example of St. Francis, the Poor Man of Assisi, we will seek the Peace and Joy that he found. Join Fr. Nicholas Blank at the Arlington Diocese's San Damiano Retreat Center in White Post, Virginia for this unique retreat: Begins at 6 pm Friday, **September 25th** and concludes Sunday, **September 27th** at noon. Cost is \$299, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org or visit our website at www.arlingtondiocese.org/retreat

Celebrating A Golden or Silver Wedding Anniversary This Year?—If you were married in 1976 or 2001, please join Bishop Michael Burbidge for the 2026 Mass for Jubilarians to be celebrated on **Sunday, October 18th** at 2:30pm at the Cathedral of St. Thomas More in Arlington, VA. **Contact your parish office to register no later than October 2nd.** For more info, visit <https://www.arlingtondiocese.org/event/marriagejubilee/>

Finding Jesus with St. Frassati – Young Adult Retreat—Come Climb with us! Join us at the Arlington Diocese's San Damiano Retreat Center for a weekend of spiritual adventure! Together we will scale the peaks and navigate the chasms of the spiritual life as we ascend "the Heights" to Christ with St. Pier Giorgio Frassati. Fr. John Paul Heisler will guide us to the summit, and for more adventurous souls — come along on a hike to the summit of a Blue Ridge Peak! Join Fr. John Paul Heisler at the Arlington Diocese's San Damiano Retreat Center in White Post, Virginia for this retreat for young adults (ages 21-35). This retreat begins at 6 pm **Friday October 23rd** and concludes **Sunday October 25th** at noon. Retreat cost is \$299, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org or visit our website at www.arlingtondiocese.org/retreat

Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Secretary: Apryl Binder, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Director: Tom Balint, 703.729.2287
Outreach Coordinator: Myriam Perez, 703.729.2234
Website: www.sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Minister: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Robin Casban, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Assistant: Christa Turpin, 703.729.3577
Receptionist: Kathy Miller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn VA

SACRAMENTS

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months prior to filling out the Marriage Preparation Questionnaire.** A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit
www.sainttheresaparish.com

Fall Children's (baby to teen) Consignment sale Sept 26th. The sale is for baby to teen ages only – **NO ADULT CLOTHING WILL BE ACCEPTED.** For more information go to www.littleflowerconsignments.org Proceeds from the sale help families in need through Divine Mercy Outreach.

Don't want to consign but have items to donate? Contact Jean Nowakowski at john.jean90@verizon.net

Save the Date: Festival of Trees Dec 5th & 6th - Contact Cathy Branly for tree/wreath donations, or to volunteer: festivaloftrees@sainttheresaparish.com. Proceeds help families in need through Divine Mercy Outreach.

Did you know?—So far this year we have spent over \$22,000 purchasing new beds for those in need. 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs,

medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, by mail or dropping off to the parish office. Indicate DMO in the memo line or on the envelope. Online: parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others.

Bed Ministry needs pillows and gift cards—We are in need of new pillows and Walmart or Amazon gift cards to help us purchase bedding in a bag. Drop off to the parish office or place in the Outreach boxes at church. Thank you and God bless you

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help

with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at clewis825@gmail.com.

Bed Ministry—Volunteers! We need extra helpers to assist in delivering new beds, bedding and household items from our storage facility to families transitioning out of shelters, as well as other local families and children in need. Interested in helping? Please contact Brian Dwinnell at beds@sainttheresaparish.com.

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703-966-0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2234 or dmoutreach@sainttheresaparish.com

SERVING THE COMMUNITY FOR 40 YEARS

FAMILY OWNED & OPERATED SINCE 1975

JOHN NUGENT & SONS

HEATING | COOLING | PLUMBING | ELECTRIC | GENERATORS



Your comfort is our concern

Call **703-356-7499** to request service **ANYTIME** am or pm!



Never miss our bulletin!

Get this bulletin delivered straight to your inbox every week.



Scan to subscribe on parishesonline.com



IF YOU LIVE ALONE

MDMedAlert!

- ✓ Ambulance ✓ Police/Fire
- ✓ Family/Friends ✓ GPS & Fall Alert*

CALL NOW! 800.809.3570 md-medalert.com

\$1 Less Than a day



Does your organization need a newsletter?
We'll cover the printing costs!

Learn more at lpi.comunities.com



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary • Flood Detection
- Fire Safety • Carbon Monoxide



ADT Authorized Provider **SafeStreets**

833-287-3502



ROOFING SIDING GUTTERS WINDOWS & DOORS

Fully Licensed,
Bonded & Insured

FREE Estimates on Repair & Replacement

703-230-ROOF
7 6 6 3

www.dryhome.com



ACTIVE HEALTH

Active Health
Wellness Center

**Now Accepting
New Patients**

44121 Leesburg Pike,
Suite 285

Ashburn, VA 20147

571-918-0119

activehealthwellnesscenter.com



Dr. Eme Deungwe
Board Certified Physician



Parishioner

Let us do the work! 703.327.7018

Modern Landscape Design Service and Landscape Maintenance

Landscaping • Lawn Maintenance • Aeration & Overseeding
Patios & Driveways • Retaining Walls • Outdoor Living

Visit our Photo Gallery at
www.greensunlandscapes.com



I'm here to help you bundle your home & auto



StateFarm
Kyle Knight Ins Agcy Inc
Kyle Knight, Agent
STSC Parent

11736 Bowman Green Drive
Reston, VA 20190-3501
Bus: 703-435-2300
kyle.knight.gton@statefarm.com



I can save you time and money when you bundle your home and auto insurance. Call, e-mail or stop by for a quote today.

Availability and amount of discounts and savings vary by state.
State Farm Mutual Automobile Insurance Company
State Farm Indemnity Company
State Farm Fire and Casualty Company
State Farm General Insurance Company Bloomington, IL
State Farm County Mutual Insurance Company of Texas State Farm Lloyds Richardson, TX
State Farm Florida Insurance Company Winter Haven, FL

Like a good neighbor, State Farm is there.®



HEARTFELT COMPANION CAREGIVERS

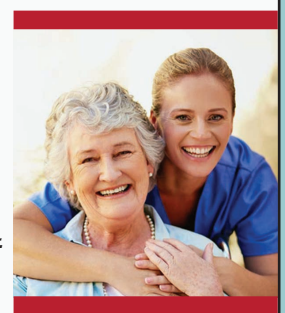
We Are Best At Senior Care

For your senior's daily needs, we offer care options at reasonable prices. Heartfelt serves customers of all ages who have physical limitations or other difficulties.

Consistency of Care with the Same Caregiver.
Locally Owned & Operated.

Call us for Free Quote! **703-946-6847**

--- 10% off first month---



PARALLEL WINE & WHISKEY BAR

703-858-0077

The Ultimate Grown-Ups Playground for Food & Drink!

PARALLEL PARTY BAR

(right next door)

**2 Great Locations
Same Menu**

Voted "Best Wine Bar"

5 Years in a row by

Northern VA Magazine

**A little more casual atmosphere
and great craft beers on tap!**

43135 Broadlands Center Plaza,

Broadlands VA

mypartybar.com

***1 INVISALIGN PROVIDER NATIONWIDE // WASHINGTONIAN TOP DOCTOR // 35,000 SMILES & COUNTING**



PARISHIONERS & PROUD SUPPORTERS OF CATHOLIC EDUCATION

703.327.1718 // NVORTHODONTICS.COM

ARLINGTON // MCLEAN // RESTON // BRAMBLETON

ONE LOUDOUN // GAINESVILLE

Discount for St. Theresa's Families



**DR. MOJARRAD // DR. ITANI // DR. ROBB
DR. BARCOMA // DR. CASAGRANDE**



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Theresa Church, Ashburn, VA

14-4000



Your Loudon County Real Estate Expert

Sarah Metzfield, Realtor - Catocin Properties

REAL Broker, Real Estate, Catocin Properties, Parishioner

(757) 685-1461 - Sarah@CatocinProperties.com

www.catocinproperties.com



RESOLUTE
WEALTH MANAGEMENT



Patrick J Volk
(703) 584-5887

www.resolute-wealthmanagement.com

THE MORAL PORTFOLIO

**FREE AD DESIGN
WITH PURCHASE OF
THIS SPACE**

Call 800.950.9952

**P & D
PLUMBING**

No job too small or too big, we do it all!

703-939-4473

LICENSED & INSURED
www.PandDplumbing.com



**SUMMIT ROOFING
CONTRACTORS INC.**

**WE OFFER
FINANCING**

NEW ROOFS • RE-ROOFS • TEAR OFFS • SIDING • SHINGLES
REPLACEMENT WINDOWS • ROOF REPAIRS • ALUMINUM GUTTERS

703-368-7483 • summitroofing.com
13042 HANSEN FARM ROAD • MANASSAS, VA 20109



Abbie
SHLESINGER

Supervisor in Clinical Social Work, MSW

Compassionate
Therapy For All
of Life's Twists
and Turns

Virtual & in-person therapy for
children, teens, adults, and couples.

703-540-4322
abbie@lindseyhoshkins.com
abbieshlesinger.com

Your Premier Real Estate Agent

LYSINA SHEHADEH, REALTOR®

571.236.5764 cell • lshehadeh@kw.com

[Shehadeh_homes](https://www.instagram.com/Shehadeh_homes) [Shehadeh_homes](https://www.facebook.com/Shehadeh_homes)



Each office is independently
owned and operated



Bill Keatley, Manager • Kathryn Adams, Owner

Burial and Cremation Available

(703) 437-1764

www.adamsgreen.com

Family Owned &
Operated Since 1885



721 Elden Street • Herndon, VA 20170

**Faithfully serving and respecting the needs
of Catholic families for over 100 years**



**ASHBURN
RESALE SHOP**
— ONLINE ONLY —

We sell open box, returned items,
and brand new items in unopened
boxes at a discount.

Homegoods • Kitchenware • Couches • Tables
Furniture • Christmas • Sports Goods
Kids Clothes and Toys • Exercise Equipment
Grills • Patio furniture

20% OFF Discount code: STTHERESA

(571) 548-1082 • www.ashburnresaleshop.com



Sterling Pediatric Dentistry

Grand Opening
Accepting New Patients!!!

20 Pidgeon Hill Dr Unit 207 • Sterling, VA
(703) 444-5337
sterlingpediatricdentistry.com

**POTOMAC
SERVICLEAN MAID
SERVICE**

FREE ESTIMATES
FAMILY OWNED & OPERATED

**\$20.00 OFF
2ND CLEANING
WITH THIS AD**

~ Licensed • Bonded • Insured ~
(703) 435-0409 • (703) 725-7371
SINCE 1989

STANLEY
Accounting Solutions



Andrea Stanley, CPA
Proud STCS Parent
Small Business Accounting
www.stanley.cpa
(301) 569-2455

NOVA

PEDIATRIC DENTISTRY
& ORTHODONTICS

BRINGING SMILES TOGETHER



DR. COURTNEY
ULLRICH

DR. VALERIE
WOO

DR. MATT
DUDEK

DR. MARIA
JIVIDEN

DR. LYDIA
CHIU

DR. VAL

PARISHIONER & STCS PARENT

703.729.7005

21785 Filigree Ct., #208
Ashburn, VA 20147

novapdo.com



**VIRGINIA ADVANCED
SURGICAL ARTS**

Wisdom Teeth | Dental Implants
Cosmetic Facial Surgery
WASHINGTONIAN TOP ORAL
& FACIAL SURGEON

Craig Vigliante, MD, DMD
Board Certified Oral & Facial Surgeon

703-723-5366

PARISHIONER / SCHOOL PARENT

vasurgicalarts.com



**SHANNON &
WRIGHT LLP**

REAL ESTATE & LAND USE

ESTATE PLANNING

TRUST & ESTATE ADMINISTRATION

TAX PLANNING

BUSINESS TRANSACTIONS

LITIGATION



**BEST LAW
FIRMS**

RANKED BY Best Lawyers

UNITED STATES

2025

Little space.
Big impact.

Advertise here

Call 800-950-9952

Alexandria | Leesburg | 571.620.1930 | shannonwright.law



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Theresa Church, Ashburn, VA

14-4000



HOW WILL YOU BE REMEMBERED?

Full Service Facility
Pre-Planning
Traditional Burial Services
On-site Cremation Services
Receptions
Monument Sales & Installation

158 Catoctin Circle, SE
Leesburg, VA 20175

www.loudounfuneralchapel.com
703-777-6000



**Knights of
Columbus**
Asset Advisors*

*Grow Your Portfolio Responsibly Through
Faith-Based Investment Strategies*

William Lupinacci
Knights of Columbus Asset Advisor
703-624-9687

* Knights of Columbus and its partners, Knights of Columbus Asset Advisors and Knights of Columbus Charitable Fund, are entities that each provide separate and distinct products and services. Financial retirement planning, life and disability income insurance, and personal philanthropy entail certain risks. Learn more at kcof.org/lifeyourfaith
1 Columbus Plaza, New Haven, CT 06510



Timeless Beauty, Lifelong Wellness

Services offered:

- Injectables
- CO2 Laser resurfacing treatments
- Microneedling
- Facials/Chemical Peels
- IV Wellness Drips
- Lifestyle Medicine & Hormone Therapy Consults with a board certified MD

(571) 375-6712

*Parishioner Owned & Operated
Business blessed by
Fr. Christopher Vaccaro*



[Instagram](https://www.instagram.com/radiant.aesthetics.va) radiant.aesthetics.va • radiantALM.com

EXPERIENCE PURPOSEFUL LIVING

Whether you're looking for Independent Living, Assisted Living, or Memory Care, our Age-In-Place model allows you to continue to call Ashleigh at Lansdowne home as your needs evolve.

Call 703.828.9600 or go to AshleighAtLansdowneByRUI.com to book your personalized tour today!



ASHLEIGH
at Lansdowne

INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

44124 WOODRIDGE PARKWAY, LANSDOWNE, VA 20176 • 703.828.9600

ASHLEIGHATLANSDOWNEBYRUI.COM [Facebook](https://www.facebook.com/RUI.ASHLEIGHATLANSDOWNE) @RUI.ASHLEIGHATLANSDOWNE

A RETIREMENT UNLIMITED, INC. COMMUNITY • FAMILY-OWNED & OPERATED IN VIRGINIA FOR OVER 40 YEARS

Advertise Here!

Contact Tim Weir

Tweir@4LPI.com | (800) 950-9952 x6568



Paragon
home care

TRUSTED
SENIOR CARE
SERVICES
PROVIDING
A HELPING
HAND AT HOME

- Personal Care Services
- Companion and Respite Care
- Light Housekeeping and Laundry
- Transportation Services
- Licensed, Bonded and Insured
- Meal Preparation
- Live-Ins

*Arlington Diocese
Member Owned
& Operated*

CALL US FOR A FREE ASSESSMENT TODAY (703) 942-8950



42882 Truro Parish Dr • Ashburn

703-858-9199

broadlandbop@gmail.com

broadlandspizza.com

Demaine Life Celebration Center of Loudoun County

- Flexible event space • Facility available to host events
- Large-capacity chapel • Celebration of Life center
- Facility is designed for personalized funeral celebrations
- New building • Flexible chapel space
- Our chapel can be used for hosting your religious events

571-685-7984 • demaineloudounfuneralhome.com

45511 E. Severn Way, Sterling, VA 20166



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Theresa Church, Ashburn, VA

14-4000

FAMILY OWNED, OPERATED, AND ORIENTED

COLONIAL FUNERAL HOME of Leesburg

(703) 777-1414
201 Edwards Ferry Rd NE,
Leesburg, VA 20176
www.colonialfuneralhome.com

Proudly Serving Loudoun
County for Over 100 Years



BURIALS | CREMATIONS | VETERAN SERVICES | PRE-PLANNING

Westlake Legal Group
"We plan to win, because we plan to win"

Family Law & Adoption
Criminal Law • Personal Injury
Bankruptcy • Civil Law

703.406.7616 ~ WestLakeLegal.com
46175 Westlake Drive, #320, Potomac Falls, VA 20165

Complete Health Dentistry
Ann N. Hebda D.D.S.

Dental care for the
Entire Family



St. Theresa Parishioner
Dr. Ann N. Hebda
www.drannhebda.com
703-723-9788
20600 Gordon Park Square, Suite 190
Ashburn, VA 20147

Meadow Glen
ASSISTED LIVING

Schedule a Tour Today!

Meadow Glen of Leesburg
315 Dry Mill Rd. SW
Leesburg, VA 20175
703-737-6149
community@meadowglen.net



A SENIOR LIVING COMMUNITY

Stream Valley Veterinary Hospital

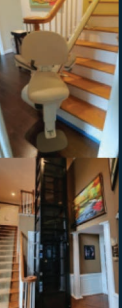
As Professionals, we will provide you with or advise you about the finest and most up-to-date veterinary care that there is

MODERN MEDICINE - HOMETOWN HOSPITALITY
703-723-1017
streamvalleyvet.com • Parishioners

Sacred Heart COUNSELING
Healing and Growth
Rooted in Faith
571-266-1808
sacredheartva.com

101 Mobility
Experts in Mobility and Accessibility Solutions
STAY IN THE HOME YOU LOVE!

Call to Visit our Showroom
703-420-4013
Matthew & Michael Riordan, Parishioners



MCCARTHY & AKERS
ATTORNEYS AND COUNSELLORS AT LAW

Estate Planning Attorneys
703-722-6403
www.mccarthyakkers.com

Anna Freska, Of Counsel

Serving Catholic Families since 2009

LEGACY LAW CENTERS

Qualified Master Counselor
Trusts and Estates Practice

**SECURE YOUR FAMILY'S FUTURE.
PLAN YOUR LEGACY TODAY.**

✓ MEDICAL DIRECTIVES ✓ WILLS & TRUST ✓ ASSET PROTECTION

PH: 571-648-0200
www.LEGACYLAWCENTERS.com

5-STAR RATED ON **Avvo**

SAM MANSOOR, ESQ
STSC PARENT and
PARISHIONER

Home is where our CARE is.

Viola's
Home Health Care

A local, family owned business proudly providing Home Health Care to loved ones in Loudoun and Fairfax Counties.

571-650-CARE (2273)
www.violashomehealth.com

Advertise Here!

Engage with consumers in your neighborhood.



St. Joseph's Roofing, Inc.

ROOFING • WINDOWS • GUTTERS • SIDING
703-716-7663 • www.SJRoof.com

3PPLE M MOVING & DELIVERY
www.3pplemoving.com
571-926-2402



Triple the Care, Triple the Reliability!
Hassle-free moving services in Ashburn, VA & surrounding areas.
We Also Do Junk Removal!

Veteran Family
Owned Since 1984

JACK LAWLOR REALTY CO.

FULL SERVICE
703-726-9444




3PPLE M MOVING AND DELIVERIES
RELIABLE & AFFORDABLE