

# ST. THERESA

## CATHOLIC CHURCH

21371 St. Theresa Lane, Ashburn, Virginia 20147

**SEPTEMBER 6, 2026**

**TWENTY-THIRD SUNDAY IN ORDINARY TIME**



### *Masses for the Week*

|                       |                                                                                                                                      |
|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| <b>Mon, Sept 7</b>    | 6:15–Miles Family<br>8:30–Mia Venkat                                                                                                 |
| <b>Tues, Sept 8</b>   | 6:15–Hayden Baron<br>8:30–Larry Webb                                                                                                 |
| <b>Wed, Sept 9</b>    | 6:15–Jeremy Stalcup & Katherine Hughes<br>8:30–Greg DiMuzio+<br>12:–Pete & Diane Slemko+                                             |
| <b>Thurs, Sept 10</b> | 6:15–Joan & Robert Burton+<br>8:30–Jonah Vitale                                                                                      |
| <b>Fri, Sept 11</b>   | 6:15–Dorothy Kurner+<br>8:30–Pete Foster+                                                                                            |
| <b>Sat, Sept 12</b>   | 8:30–Deceased Members of the Leitten,<br>Stevens & Stratton Families+<br>5:30–Gina Lindenfeldar                                      |
| <b>Sun, Sept 13</b>   | 7:30–Francis Berry+<br>8:45–St. Theresa Parishioners<br>10:30–Andrew Grabowski+<br>12:30–Robert & Joan Conroy+<br>5:00–Greg DiMuzio+ |

### PARISH MASS SCHEDULE

#### WEEKEND MASS

**Saturday Vigil** | 5:30pm

**Sunday** | 7:30, 8:45, & 10:30am and 12:30 & 5:00pm

#### WEEKDAY MASS

**Monday through Friday** | 6:15 and 8:30am

**Monday and Wednesday** | 12:15pm (except for Federal Holidays)

**Saturday** | 8:30am

#### HOLY DAYS

As Announced

#### HOLY HOUR

Wednesdays | 7pm

#### CONFESSIONS

Wednesdays | 9am and 7pm (during Holy Hour) until the line ends

Saturdays | 4pm, until the line ends

or by appointment

**\*\*Federal Holidays--6:15 and 8:30am Masses only**

### CLERGY

Reverend James C. Hudgins, Pastor

Reverend Paul Dudzinski, Parochial Vicar

Reverend Christopher T. Vaccaro, Parochial Vicar

Reverend Alex Solsma, Parochial Vicar

Reverend Matthew DeForest, In Residence

Deacon Paul C. Konold

Deacon Anthony J. Renzette

**Prayers For The Sick:** Randy Eubank, Samuel Russo, Sr., Eve Katherine Tinsley, Ashley Augustine, Regina McGrath, Mary Corrigan, Carol Logue, Lloyd Quist, Mr. Melchor Dizon, Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl, Michael Williamson, Brenda Fitzpatrick.

**Prayers For Our Military:** Owen Hall, Ron Willer, Michael Perez, Ethan Battaglini, Garrett Batt, Nicole Batt, Joaquin Gabriel, Brady Carmical, Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling.

## A Word About Cremation

A few years ago, Pope Francis directed the Dicastery for the Doctrine of the Faith to reiterate our consistent teaching about cremation, while clarifying certain questions that have arisen in recent years. Specifically, cremation of the deceased is permitted in the Catholic Church, but Pope Francis stressed the need to emphasize these three principles:

1. Cremated remains, must be laid to rest in a sacred place, that is, in a cemetery or, in certain cases, in a church or an area, which has been set aside for this purpose, and so dedicated by the competent ecclesial authority.
2. The conservation of the ashes of the deceased in a domestic residence is not permitted.
3. It is not permitted to scatter the ashes of the faithful departed in the air, on land, at sea, or in some other way, nor may they be preserved in mementos, pieces of jewelry or other objects.

Cremated remains should be treated with the same respect and reverence as bodily remains. For indeed, cremated remains are in fact what does remain of the body. While many people refer to them merely as “ashes,” they are remains of a human body and should be treated as such.

Why should cremated remains be interred? Simply stated, no human being is ever a private possession. Both in life and in death, they remain a member of the human community. To keep cremated ashes in one’s home is to deny this reality, almost as if the deceased has become a private memento. Furthermore, a healthy grieving process involves acknowledging the full reality of the loss of death. Placing the deceased’s remains into a mausoleum or cemetery is an enormous help in accepting the reality of death and moving on, in God’s providence. In a sense, the greatest loss occurs when ashes are scattered with no gravesite whatsoever. A specific grave, with a name and dates of birth and death, is a tremendous help to the grieving process of the living.

This is true not only for the family of the deceased, but for all of us. Try to imagine a world without cemeteries, in which no one interred the deceased. What an incalculable loss to all of us that would be. Cemeteries remind us all of the importance of life, by reminding us of the reality of death. Without speaking a single word, each tombstone teaches the world the deepest wisdom of all—*tempus fugit*. Time flies. The days of our lives are incalculably precious.

If you are planning a funeral, please remember the importance of interring the deceased. It's not only the “Catholic” thing to do, it's the right thing to do.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

## Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

**Sunday:** 2:30am, 12:30 & 4pm

**Tuesday:** 3am

**Thursday:** 2:30am

**Friday:** 12am

**Saturday:** 12:30 & 2:30pm

**Also, urgent need for substitute adorers, especially for 9pm-5am**

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.

**Please Note:** The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.



# Youth Education and News



Office Hours:

Mon–Thurs. 9am-4pm; Fri. 9am-noon

RE Registration for 2026-2027 School Year—is open. Any questions contact the RE office at 703.729.3714 or email [kasbanr@sainttheresaparish.com](mailto:kasbanr@sainttheresaparish.com)

The Religious Education program still needs **2 more teachers** to cover the following classes for this year - **1st grade on Mondays at 6:15pm**, and **8th grade on Sundays at 6:15pm**. Please contact the RE Office right away if you would be interested in either one of these roles.

**Volunteers  
needed**

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at [connie@sainttheresaparish.com](mailto:connie@sainttheresaparish.com) or call 703.729.3714.



[ymoffice@sainttheresaparish.com](mailto:ymoffice@sainttheresaparish.com)

## September

Sat, 19th—Confirmation Retreat, 1:30-8pm

Sun, 27th—Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 28th—Food Sort by Expiration Dates, 7-8:30pm

Tues, 29th—Load food for transport, 6:15-7pm

## October

Sun, 4th—Upper Room Squad, 6-8pm

Sun, 4th—Confession for Confirmation Candidates only, 2pm

Sat, 10th—Confirmation Masses, 10am & 1:30pm

Sun, 11th—Upper Room Squad, 6-8pm

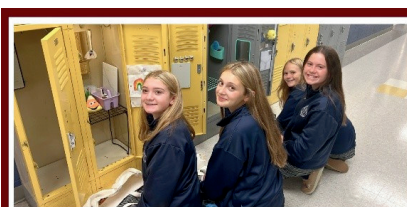
Sun, 18th—Upper Room Squad, 6-8pm

Sun, 25th—High School RALLY @ Bishop O'Connell H.S., Arlington, 11:15am to 8:30pm

Sun, 25th—Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 26th—Food Sort by Expiration Dates, 7-8:30pm

Tues, 27th—Load food for transport, 6:15-7pm



Enjoying the new school year!



**Saint Theresa Catholic School**

Educating Tomorrow's Catholic Leaders

[www.stsashburn.com](http://www.stsashburn.com)

are facing a financial hardship. **Not a golfer? Please join us for dinner & the silent auction!** To sponsor, golf, purchase a dinner-only ticket, or make a donation please scan the QR code or visit our parish website ([www.SaintTheresaParish.com](http://www.SaintTheresaParish.com)).

**Sponsors are needed for the tournament** (individuals, businesses, families), please contact Regina Freschi, [freschir@stsashburn.com](mailto:freschir@stsashburn.com) or 703.729.3577

**STCS Families, be on the lookout this week for your *Thursday Thunder* email for details on all the upcoming events for the school year:**

- Labor Day Holiday
- After-school Clubs & Sports
- Battle of the Books
- CASSA Keeping Kids Safe Online Parent Workshop
- Parent Meeting for Band
- Parents Rosary Group

**Join the STCS team!** Interested in learning about employment opportunities at St. Theresa Catholic School? Scan the QR code to learn more!



**REGISTRATION OPEN! FOSTS 2026**



We're expecting another sold-out event, **REGISTER TODAY** for our parish's **16th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for Tuition Assistance** on Monday, October 5, 2026 at Belmont Country Club. This is the *primary fundraiser for FOSTS*, which provides *tuition assistance to STCS families who*

# News from our Parish

**2026 Bishop's Lenten Appeal: "In Christ We Are One"** – 94% to Parish Goal—Thank you to all the Saint Theresa families who have given to the 2026 BLA! If you have yet to participate in this year's BLA, will you join the 861 families who have made a gift? Your support, no matter the size, will steward over 40 ministries caring for seminarians, youth, families and many more across the diocese. Thank you, and please consider making your gift at [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA) or by scanning the QR code:



Scan Me



**Interested in becoming a St Theresa Altar Server?**—Training for new altar servers will be held on four consecutive Sunday evenings, **September 13, 20, 27 and October 4**, from 6:30pm to 7:30pm. Attendance is required at all four events, and is open to any boy 4th grade and older, who would like to be an Altar Server at St Theresa.

Pre-registration is required. To register, go to the parish website: <https://sainttheresaparish.com/news/altar-boy-training/>

**Please note: attendance at all four nights is required**, and there will be no exceptions made. Parents are encouraged to attend with their child.



**Cub Scout Pack 997 (sponsored by St Theresa Parish) welcomes new Cub Scouts for the 2026-2027 school year!** We have an exciting and engaging program planned for the upcoming year. We are open to boys in grades K through 5; Scouts need not be students at St Theresa School. The time commitment is two one-hour meetings per month, plus a handful of miscellaneous events during the year. A Join Scouting Night will be held on Wednesday, September 16, at 6:30pm in the STCS cafeteria. Interested families should send an email to [pack997leaders@googlegroups.com](mailto:pack997leaders@googlegroups.com) for more information.

**Join us for a new year of Walking With Purpose**—Bible studies for women, young women, and middle school girls! Walking With Purpose is a Catholic women's ministry offering Bible studies designed to meet women of all ages right where they are in their faith journey. At St. Theresa Parish, our small groups meet weekly from late September through May, blending personal study with meaningful small-group discussion. Together, we explore everyday challenges through the lens of Christ's teachings and the truths of the Catholic Church.

Our young adult women's group will be meeting on Tuesday evenings. This study helps you get a grip on your life by looking at the importance of authenticity, setting priorities, managing expectations, and having healthy relationships.

If you're looking to grow in faith within a supportive community of Catholic women, Walking With Purpose is for you! Join us on **Thursday, September 17** from 6:30-8:00pm in the parish atrium for our kick off "mix and mingle" event!

Registration is now open. Find us on the parish website under activities for more information and to register.

Explore studies, find your group, and take a meaningful step on your faith journey.

Questions? Email: [sttheresawwp@gmail.com](mailto:sttheresawwp@gmail.com)

Scan our QR code for a direct link to register



**Girls ages 5–18 are invited to join American Heritage Girls**—American Heritage Girls is a Christ-centered character and leadership program where girls grow in faith, build friendships, develop leadership skills, enjoy outdoor adventures, and serve their communities. Troop meetings are held twice a month on Wednesdays, with a weekend activity most months, including camping, hiking, service projects, and other outings. Meetings begin in September. To learn more, contact Kathleen Cho at [ahg.va0714@gmail.com](mailto:ahg.va0714@gmail.com) or visit [americanheritagegirls.org/](http://americanheritagegirls.org/).

**GriefShare**—Wednesday, September 9, St. Theresa will offer its next GriefShare program, a grief support group for people grieving the death of a loved one. Over 11 weeks, you'll find relief and comfort as you learn what to expect in the days ahead and how to navigate your personal grief process. Join us Sept 9 thru Nov 18 from 7-9pm at St Theresa's. For more info or to register <https://find.griefshare.org/groups/287951/registrations/new> A \$20 workbook will be required to purchase.

**The Young At Heart Social Club** (Men And Women 55 and over) will meet on WED. **Sept. 16th** to start off our Fall Socials. We meet in the Adm. Bldg. across from Church, after attending 12:15pm Mass. Our luncheon will be Raising Cane's Chicken and sides, along with desserts and beverages. The cost is \$10 for all paid "2026" members and \$13 for all others. Our program will be an introduction and talk by our newest priest at St. Theresa Church, Rev. Alex Solsma. **RSVP (a must) by Monday, Sept. 14th** to Grace Breighner email [gracejb18@aol.com](mailto:gracejb18@aol.com) OR cell phone 410.967.8888

**RE Teachers needed for 2026-27**—The Religious Education program still needs 2 more teachers to cover the following classes for this year - **1st grade on Mondays at 6:15pm**, and **8th grade on Sundays at 6:15pm**. Please contact the RE Office right away if you would be interested in either one of these roles.

**Confirmation Receptions**—Volunteers are needed to help with this year's Confirmation Receptions on the following dates and times:

Set-up - Friday, October 9th, 6-8pm  
Reception 1 - Saturday, October 10th  
from 9:30am-12:30pm  
Reception 2 - Saturday, October 10th  
from 1:00pm-4:00pm

Please contact the RE Office at [lbayne@sainttheresaparish.com](mailto:lbayne@sainttheresaparish.com) if you would be able to help during any of these times.



# More News from our Parish

To protect St. Theresa's future, we've started an endowment with The Catholic Foundation -Diocese of Arlington. Your gift helps us grow a steady, lasting source of support for our church's daily needs. Please prayerfully consider making a gift to our Parish Endowment today.



St. Theresa, Ashburn Endowment



## Knights of Columbus

**Soccer Challenge:** SAVE the DATE! Soccer Challenge, Ages 9-14, September 27, 2026 (St. Theresa's Picnic).



**Happy Hour with the Knights!** Join the Knights for Happy Hour on Thursday, September 10th from 5pm-8pm at Parallel Wine & Whiskey Bar! Parallel Wine & Whiskey Bar is located at 43135 Broadlands Center Plaza in Ashburn, VA. Our group will have the 'Party Bar' side reserved for the event.

Wives and significant others are welcome to attend as well! Light appetizers will be served - drinks will be the responsibility of each person. Please use the QR Code to RSVP so that we have an accurate head count for the bar. We look forward to seeing you there!



**Status of Adult Children of Parishioners** - Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.



## Sponsors Needed!

several levels available for individuals, families, & businesses

## Friends of St. Theresa School (FOSTS)

### 16th Annual Golf Tournament for Tuition Assistance

Monday, October 5, 2026 | Belmont Country Club

To sponsor, golf &  
buy dinner-only tickets:

Scan the QR code, visit  
[www.SaintTheresaParish.com](http://www.SaintTheresaParish.com),  
or call 703/729-3577

*A St. Theresa parish tradition!*



## Become a Foster Parent in Loudoun

**County!** Loudoun County's Department of Family Services (DFS) is seeking caring individuals and families who are interested in making a meaningful difference in the life of a child. DFS is hosting virtual foster care information sessions for anyone interested in learning more about becoming a foster parent:

Monday, September 28: 6:7:30pm

During each session, DFS staff will discuss the current need for foster families, eligibility requirements, the process of becoming a foster parent, and the support available to foster families. Participants will also have the opportunity to ask questions and learn about next steps.

You do not need to have all the answers to get started - just a willingness to learn and help a child in need. Attendance is free, but registration is required. For more information about foster care and to register for an upcoming information session, visit [loudoun.gov/fostercare](http://loudoun.gov/fostercare).

## Are you a parishioner in need of a home repair?

If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handy-man Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

**Answer the Call to Serve.** Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code learn more about becoming a Knight.



## Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on [Fatherhudgins.com](http://Fatherhudgins.com)

# Adult Education and Spiritual Enrichment

## Catholic Education for Adults is excited to offer six classes this Fall!

- Acts of the Apostles-Thursdays
- 7-8pm (In-Person)
- Bible Timeline-Tuesdays from
- 8-9pm (Zoom)
- Galatians-Wednesdays 7-8pm (Zoom)
- John-Wednesdays 7-8pm (Zoom)
- Luke-Wednesdays 7-8pm (In-Person)
- Matthew-Wednesdays 10:30-Noon (In-Person)

Contact Andy Johnson at  
johnson.andrew7003@gmail.com for  
details or to sign-up.

**Women's Discipleship Group**—Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30–10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. Starting September 9, 2026 we will be reading "Trusting God in the Present" by Fr. Jacques Philippe. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

**That Man is You (TMIY)**—Looking for fellowship and to grow in faith? Our TMIY Year 4 program begins September 12! Scan the QR Code below to register or contact Jack Hayes at: jack.hayes422@aol.com or 703.537.6418



## Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

## Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the

request forms online at  
<https://sainttheresaparish.com/activity/legion-of-mary/>

## Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at  
legionofmarysttheresa@gmail.com or scan the QR code to send us your prayer request.



## How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church. In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.



# News Around the Diocese

## Computer Companionship? AI, its Dangers, and the Future of Personal Relationships

—Joshua Hochschild, Professor of Philosophy at Mount St. Mary's University, will speak at Our Lady of Hope Catholic Church in Potomac Falls, VA on **September 11**, 7pm in the Parish Hall. 46639 Algonkian Parkway, Potomac Falls, VA. Technology always influences relationships. Some technologies are even designed to modify or enhance relationships. What about new "Companion" technologies? Do they expand relationship? Mimic it? Replace it? What are the risks and harms? How can we make good decisions about how, or whether, to use such technology? And what does the effort to create artificial companionship reveal about our spiritual nature? Please join us for this important conversation!

## National Day of Remembrance for Aborted Children

—Sat, **September 12** following the 8am Mass at St John the Apostle, Leesburg The Knights, in regalia, will process us to the Cemetery for this beautiful memorial for these babies. Father Emmanuel will have the opening prayer.  
<https://nationaldayofremembrance.org/about>

**Men's Evening of Reflection**—Come join us as we continue our series for Men on topics pertinent to men. September's reflection is on "Solitude: The Doorway to Connection", Wednesday September 16th @ Divine Mercy University, 6:30-9pm. The evening starts with Mass, then dinner, drinks and reflections. DMU is located at 45154 Underwood Lane in Sterling, VA Use this link to register (<https://regnumchristidc.churchcenter.com/registrations/events/3826673>) or use the QR Code.



If you have a used car you are considering trading in or selling, please consider donating it to The Car Ministry instead and also be eligible for a tax break. The Car Ministry is one of the very few that gives donated cars directly to families in desperate need of transportation help. Click on the "Donate your Car" link on The Car Ministry's website, [www.carministry.org](http://www.carministry.org).

## Three to Get Married Marriage Prep in 2026: Sep 17-20 (virtual only); Oct 22-25

—The Three to Get Married Marriage Preparation Program is a Catholic Pre-Cana program for seriously dating and engaged couples. This marriage preparation course is an intensive preparation experience true to the teachings of the Catholic Church. Convenient one-weekend schedule. FOCCUS administration is included. \$525 per couple. Space is limited, so reserve your spot today! Find more information at [ourladyofbethesda.org](http://ourladyofbethesda.org). Our Lady of Bethesda Retreat Center, Bethesda, MD

## Fall Grief Retreat: Finding the Passion of Christ in Your Story

—You do not have to grieve alone. Join other mothers of loss on **September 18th & 19th** for a fall retreat hosted by the Diocese of Arlington Chapter of Red Bird Ministries. Draw closer to the Lord in your grief and find comfort, healing, and hope by connecting with others who understand the extraordinary cross you are carrying. For all mothers of loss, from pregnancy through adulthood.

When: Friday, September 18 (6:30–9pm) and Saturday, September 19 (9am–5:30pm) Where: Morning Star Retreat House in Great Falls Cost: \$40 (includes \$25 grief group journal, breakfast, and lunch) Register: [www.redbird.love/arlington-va](http://www.redbird.love/arlington-va) Questions? Email [elizabeth@redbird.love](mailto:elizabeth@redbird.love)

## CALLED: A Conference for Young Adults

**Young adults ages 19–35**—are invited to CALLED: A Conference for Young Adults on **Saturday, September 19**, from 1:30–9:30 p.m. at the Hyatt Regency Reston. Join hundreds of young adults from across the Diocese for an inspiring afternoon and evening featuring keynote speakers, breakout sessions, opportunities for Confession, Mass with Bishop Burbidge, dinner, live music, salsa dancing lessons, and authentic Catholic community. Early Bird registration is open July 1 – August 31 for only \$50. Contact our parish young adult ministry for a \$10 discount code, or register and learn more at: [www.arlingtondiocese.org/called](http://www.arlingtondiocese.org/called)

## Finding Jesus with St. Francis – Men's Silent Retreat

—During this Jubilee Year of St. Francis, the whole Church remembers and prays for the grace to imitate a man totally transfixed by the Gospel of Jesus Christ. Guided by the life and heroic example of St. Francis, the Poor Man of Assisi, we will seek the Peace and Joy that he found. Join Fr. Nicholas Blank at the Arlington Diocese's San Damiano Retreat Center in White Post, Virginia for this unique retreat: Begins at 6 pm Friday, **September 25th** and concludes Sunday, **September 27th** at noon. Cost is \$299, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: [mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org) or visit our website at [www.arlingtondiocese.org/retreat](http://www.arlingtondiocese.org/retreat)

## Men's Spiritual Bootcamp Weekend Retreat, Sep 25-27, 2026

—Join us for a dynamic weekend retreat designed specifically for men! The Men's Bootcamp Weekend Retreat combines the structure of the Spiritual Exercises with engaging breakout groups and powerful talks tailored to strengthen your faith, leadership, and brotherhood. While not a silent retreat, the schedule will include time for personal reflection, prayer, and discussion. Step away from the demands of daily life and strengthen your faith alongside other Catholic men. Cost to attend: \$368 per person. Find more details on our website [www.ourladyofbethesda.org](http://www.ourladyofbethesda.org) or call 301.365.0612. Our Lady of Bethesda Retreat Center, 7007 Bradley Blvd., Bethesda, MD 20817

## Celebrating A Golden or Silver Wedding Anniversary This Year?

—If you were married in 1976 or 2001, please join Bishop Michael Burbidge for the 2026 Mass for Jubilarians to be celebrated on **Sunday, October 18th** at 2:30pm at the Cathedral of St. Thomas More in Arlington, VA. **Contact your parish office to register no later than October 2nd.** For more info, visit <https://www.arlingtondiocese.org/event/marriagejubilee/>

## Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287  
Secretary: Apryl Binder, 703.729.2287  
Office Manager: Christine Young, 703.729.2287  
Business Manager: Angelita Lupetaliaami, 703.729.2287  
Facilities Director: Tom Balint, 703.729.2287  
Outreach Coordinator: Myriam Perez, 703.729.2234  
Website: [www.sainttheresaparish.com](http://www.sainttheresaparish.com)  
Fax: 703.729.9036

## Religious Education Offices

Director: Larry Bayne, 703.729.3714  
Youth Minister: Paul Dwyer, 703.729.0426  
Secretary: Connie Gilligan, 703.729.3714  
Secretary: Robin Casban, 703.729.3714  
Email: [reoffice@sainttheresaparish.com](mailto:reoffice@sainttheresaparish.com)  
Fax: 703.729.9036

## School Offices

Principal: Danny Costa, 703.729.3577  
Assistant Principal: Audrey Allman, 703.729.3577  
Admin Assistant: Christa Turpin, 703.729.3577  
Receptionist: Kathy Miller, 703.729.3577  
Website: [www.stsashburn.com](http://www.stsashburn.com)  
Email: [schooloffice@stsashburn.com](mailto:schooloffice@stsashburn.com)  
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn VA

## SACRAMENTS

### Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

### Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

### Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months prior to filling out the Marriage Preparation Questionnaire.** A priest will contact you.

### OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

### Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.



Learn more, visit  
[www.sainttheresaparish.com](http://www.sainttheresaparish.com)

**Fall Children's (baby to teen) Consignment sale Sept 26th.** The sale is for baby to teen ages only – **NO ADULT CLOTHING WILL BE ACCEPTED.** For more information go to [www.littleflowerconsignments.org](http://www.littleflowerconsignments.org) Proceeds from the sale help families in need through Divine Mercy Outreach.

Don't want to consign but have items to donate? Contact Jean Nowakowski at [john.jean90@verizon.net](mailto:john.jean90@verizon.net)

**Save the Date: Festival of Trees Dec 5th & 6th** - Contact Cathy Branly for tree/wreath donations, or to volunteer: [festivaloftrees@sainttheresaparish.com](mailto:festivaloftrees@sainttheresaparish.com). Proceeds help families in need through Divine Mercy Outreach.

**Did you know?**—In July alone we assisted with over \$700 in utilities, purchased over \$4,000 in new beds. 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs,

medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, by mail or dropping off to the parish office. Indicate DMO in the memo line or on the envelope. Online: parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others.

**Bed Ministry needs pillows and gift cards**—We are in need of new pillows and Walmart or Amazon gift cards to help us purchase bedding in a bag. Drop off to the parish office or place in the Outreach boxes at church. Thank you and God bless you

**Friends in Need**—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at [emwilsey@aol.com](mailto:emwilsey@aol.com) or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

**The Visitation Ministry**—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help

with an errand or would like someone to pray with you, let us know. If you are looking to **volunteer**, please contact us as well. Claudia Lewis at 703.431.8670 or email her at [clewis825@gmail.com](mailto:clewis825@gmail.com).

**Bed Ministry**—Volunteers! We need extra helpers to assist in delivering new beds, bedding and household items from our storage facility to families transitioning out of shelters, as well as other local families and children in need. **Interested in helping?** Please contact **Brian Dwinnell** at [beds@sainttheresaparish.com](mailto:beds@sainttheresaparish.com).

**Do you have furniture items to donate?**—Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703-966-0791 or [mebroderick1@gmail.com](mailto:mebroderick1@gmail.com)

*Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities.* If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2234 or [dmoutreach@sainttheresaparish.com](mailto:dmoutreach@sainttheresaparish.com)

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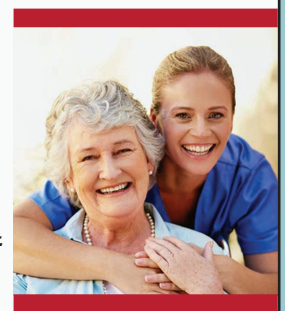
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