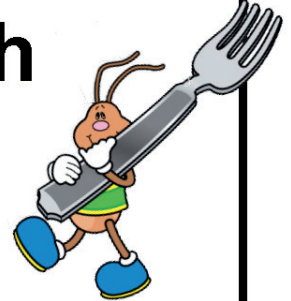


Parish Tailgate Picnic



- HOT DOGS • BURGERS • DRINKS •
- GAMES • LIVE MUSIC •

**Sunday
September 27th
1:00 – 5:00 pm**



BRING

A SIDE DISH TO SHARE AND ANY FAVORITE
TAILGATING EQUIPMENT OR ACTIVITIES



**MEET YOUR
FELLOW
PARISHIONERS**



FYI
KofC Council Website
<https://www.st-louismartin-kofc.org>

RAIN OR SHINE!

POC:
Bill Lehner
bill99co22@hotmail.com

Masses for the Week

Mon, Sept 21	6:15–Betty Lee+ 8:30–Michel Hung Nguyen+ 12:15–Greg DiMuzio+
Tues, Sept 22	6:15–Elena Risos+ 8:30–Tony McGehee+
Wed, Sept 23	6:15–Estelle Labarge 8:30–Joseph, Laura & Carlo Maresca+ 12:15–Paul Tran+
Thurs, Sept 24	6:15–Rebecca McGehee 8:30–Roy Gutierrez+
Fri, Sept 25	6:15–Karl Joseph Renz, Jr.+ 8:30–Seraphine Premkumar
Sat, Sept 26	8:30–Eugene Sullivan+ 5:30–Gail Battaglini+
Sun, Sept 27	7:30–St. Theresa Parishioners 8:45–Elizabeth Lem-Kamanya 10:30–Fr. Deusterhaus+ 12:30–John Paul Hunter 5:00–The Holy Souls in Purgatory+

PARISH MASS SCHEDULE

WEEKEND MASS

Saturday Vigil | 5:30pm

Sunday | 7:30, 8:45, & 10:30am and 12:30 & 5:00pm

WEEKDAY MASS

Monday through Friday | 6:15 and 8:30am

Monday and Wednesday | 12:15pm (except for Federal Holidays)

Saturday | 8:30am

HOLY DAYS

As Announced

HOLY HOUR

Wednesdays | 7pm

CONFESSIONS

Wednesdays | 9am and 7pm (during Holy Hour) until the line ends

Saturdays | 4pm, until the line ends

or by appointment

****Federal Holidays--6:15 and 8:30am Masses only**

CLERGY

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend Alex Solsma, Parochial Vicar
Reverend Matthew J. DeForest, In Residence
Deacon Paul C. Konold
Deacon Anthony J. Renzette

Prayers For The Sick: Caleb Heffern, Jack Jenkins, Sandra Maria Kovacev, Randy Eubank, Samuel Russo, Sr., Eve Katherine Tinsley, Ashley Augustine, Regina McGrath, Mary Corrigan, Carol Logue, Lloyd Quist, Mr. Melchor Dizon, Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl.

Prayers For Our Military: F. Rakotoarivony, Owen Hall, Ron Willer, Michael Perez, Ethan Battaglini, Garrett Batt, Nicole Batt, Joaquin Gabriel, Brady Carmical, Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling.

Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 1 & 2:30am, & 4pm

Tuesday: 3am

Thursday: 12:30 & 2:30am

Friday: 12 & 3am

Saturday: 12:30 & 2:30pm

Also, urgent need for substitute adorers, especially for 9pm-5am

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.

Please Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.



Status of Adult Children of Parishioners – Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.

Scattered Thoughts

- Never trust someone who tells you other people's secrets.
- It's ok if your heart needs more time to accept what your mind already knows.
- Love requires action. Trust requires evidence. Sorry requires change.
- The riddles of God are more satisfying than the solutions of man.
- Never reply when you're angry. Never make a promise when you're happy. Never make a change when you're sad.
- Do you take life for granted, or do you take life with gratitude?
- The longer the explanation, the bigger the lie.
- Excuses make today easy, but make tomorrow hard. Discipline makes today hard, but makes tomorrow easy.
- We are living in days in which the Christian is expected to praise everyone's Creed except his own.
- A man who is serious about love will also be serious about the things that sustain it—honor, discipline, and sacrifice.
- Forgive yourself for not learning earlier the lessons only experience could teach.
- To offend a strong man—tell him a lie. To offend a weak man—tell him the truth.
- Not speaking badly about someone else is the very best way to speak well of yourself.
- A hard conversation is far less stressful than a false peace.
- You often regret what you have said, but you rarely regret having kept silent. A fish with a closed mouth never gets caught.
- Imagine—seeking to be applauded and validated by a world that crucified a Perfect Man!
- The best way to stay hungry for God is to stop snacking on sin.
- A soldier fights not because he hates what is in front of him, but because he loves what is behind him.
- To begin is for everyone. To persevere is for saints.
- You don't know how to pray? Put yourself in the presence of God, and the moment you say, "Lord, I do not know how to pray," you can be sure you have already begun.
- What we love, we shall begin to resemble.
- The measure of love is to love without measure.

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Youth Education and News



ymoffice@sainttheresaparish.com

September

Sun, 27th–Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 28th–Food Sort by Expiration Dates, 7-8:30pm

Tues, 29th–Load food for transport, 6:15-7pm

October

Sun, 4th–Upper Room Squad, 6-8pm

Sun, 4th–Confession for Confirmation Candidates only, 2pm

Sat, 10th–Confirmation Masses, 10am & 1:30pm

Sun, 11th–Upper Room Squad, 6-8pm

Sun, 18th–Upper Room Squad, 6-8pm

Sun, 25th–High School RALLY @ Bishop O'Connell H.S., Arlington, 11:15am to 8:30pm

Sun, 25th–Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 26th–Food Sort by Expiration Dates, 7-8:30pm

Tues, 27th–Load food for transport, 6:15-7pm



Office Hours:

Mon–Thurs. 9am-4pm; Fri. 9am-noon

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



Blessing our classrooms & students to begin the new school year!

We're expecting another sold-out event, **REGISTER TODAY** for our parish's **16th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for Tuition Assistance** on Monday, October 5, 2026 at Belmont Country Club. This is the *primary fundraiser for FOSTS*, which provides tuition assistance to STCS families who



are facing a financial hardship. ***Not a golfer? Please join us for dinner & the silent auction!*** To sponsor, golf, purchase a dinner-only ticket, or make a donation please scan the QR code or visit our parish website (www.SaintTheresaParish.com).

Sponsors are needed for the tournament (individuals, businesses, families), please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577

STCS Families, be on the lookout this week for your *Thursday Thunder* email for details on all the upcoming events for the school year:

- PTO Spirit Event at Cox Farms
- Feast Day of St. Therese
- FOSTS Golf Tournament for Tuition Assistance
- Trunk or Treat
- Fall Festival
- Battle of the Books
- Parents Rosary Group

Join the STCS team! Interested in learning about employment opportunities at St. Theresa Catholic School? Scan the QR code to learn more!

REGISTRATION OPEN! FOSTS 2026



Upcoming Early Bulletin Deadline

Please make note of this early deadline

October 11 bulletin–due by Tuesday, September 29, 2pm

www.sainttheresaparish.com 703.729.2287 Parish Office Hrs: M-F–9:30am-3:30pm (closed for lunch 12-1)

News from our Parish

2026 Bishop's Lenten Appeal: "In Christ We Are One" – 94% to Parish Goal—Thank you to all the Saint Theresa families who have given to the 2026 BLA! If you have yet to participate in this year's BLA, will you join the 861 families who have made a gift? Your support, no matter the size, will steward over 40 ministries caring for seminarians, youth, families and many more across the diocese. Thank you, and please consider making your gift at www.arlingtondiocese.org/BLA or by scanning the QR code:



Scan Me

Voter Registration Drive—Are you new to the area? Have you just changed your local address? Then this event is for you! Before and after all masses **THIS weekend!** – you and your family members who will be 18 by November 3rd will have an opportunity to register to vote in time for the critical election in November when amendments to the state constitution will be decided. Just stop by the table in front of the church to fill out the simple form.

Join us for a new year of Walking With Purpose—Bible studies for women and BLAZE for middle school girls! Walking With Purpose is a Catholic women's ministry offering Bible studies designed to meet women of all ages right where they are in their faith journey. At St. Theresa Parish, our small groups meet weekly from late September through May, blending personal study with meaningful small-group discussion. Together, we explore everyday challenges through the lens of Christ's teachings and the truths of the Catholic Church.

BLAZE is a walking with purpose middle school girl's bible study that meets Thursdays from 4:30-5:30pm starting October 15. Registration is now open! If you're looking to grow in faith within a supportive community of Catholic women, Walking With Purpose is for you! Find us on the parish website under activities for more information and to register. Questions? Email: sttheresawwp@gmail.com



www.sainttheresaparish.com



Please join us for Donut Sunday on **Sunday, October 4th**, after the 7:30am, 8:45am, and 10:30am Masses in the School Cafeteria. We will be serving donuts, coffee, juice, bagels, fruit, yogurt parfaits, croissants, and much more! Questions? Please contact Angela Haberland at angela.haberland@gmail.com or 703.407.1204.

Divine Mercy Devotional Materials—including books, pamphlets, rosaries, crucifixes, plaques, Bibles, and children's books will be available in the parish vestibule from **September 21 until October 9**. All donations benefit Divine Mercy Outreach and cash or checks can be placed in the locked wooden box on the wall in the vestibule.

To protect St. Theresa's future, we've started an endowment with The Catholic Foundation -Diocese of Arlington. Your gift helps us grow a steady, lasting source of support for our church's daily needs. Please prayerfully consider making a gift to our Parish Endowment today.



GriefShare—Wednesday, September 9, St. Theresa will offer its next GriefShare program, a grief support group for people grieving the death of a loved one. Over 11 weeks, you'll find relief and comfort as you learn what to expect in the days ahead and how to navigate your personal grief process. Join us Sept 9 thru Nov 18 from 7-9pm at St Theresa's. For more info or to register <https://find.griefshare.org/groups/287951/registrations/new> A \$20 workbook will be required to purchase.

Confirmation Receptions—Volunteers are needed to help with this year's Confirmation Receptions on the following dates and times:

Set-up - Friday, October 9th, 6-8pm

Reception 1 - Saturday, October 10th from 9:30am-12:30pm

Reception 2 - Saturday, October 10th from 1:00pm-4:00pm

Please contact the RE Office at lbayne@sainttheresaparish.com if you would be able to help during any of these times.

Sponsor deadline this Thursday, Sept. 24!
Support Tuition Assistance – Be a Tournament Sponsor!



Friends of St. Theresa School (FOSTS)
16th Annual Golf Tournament for Tuition Assistance

Monday, October 5, 2026 | Belmont CC

To sponsor, golf, join us for dinner, or make a donation scan the QR code or visit our Parish website, SaintTheresaParish.com



A St. Theresa Parish tradition!

We're expecting another sold-out event, REGISTER TODAY for our parish's 16th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for Tuition Assistance on Monday, October 5, 2026 at Belmont Country Club. This is the primary fundraiser for FOSTS, which provides tuition assistance to STCS families who are facing a financial hardship. **Not a golfer? Please join us for dinner & the silent auction!** To sponsor, golf, purchase a dinner-only ticket, or make a donation please scan the QR code or visit our parish website (www.SaintTheresaParish.com). **Sponsors are needed for the tournament** (individuals, businesses, families), please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577.

703.729.2287 Parish Office Hrs: M-F-9:30am-3:30pm (closed for lunch 12-1)



Knights of Columbus

Soccer Challenge: SAVE the DATE! Soccer Challenge, Ages 9-14, September 27, 2026 (St. Theresa's Picnic).



K of C Pancake Breakfast on Sunday, 20 September 2026: PANCAKES ARE BACK AND BETTER THAN

EVER! The Knights of Columbus will be hosting their first pancake breakfast of the fraternal year on Sunday, 20 September in the St. Theresa school cafeteria. Stop by after the morning Masses or at any time between 8 am and 12 noon, and enjoy a delicious breakfast and the fellowship of our parish community with pancakes (regular, chocolate chip, and blueberry), scrambled eggs, sausage, breakfast potatoes, and tater tots, along with coffee, orange juice, and assorted Dunkin' Munchkins!

Profits from this breakfast will benefit Archdiocese for the Military Services, USA.

You can purchase your Breakfast Tickets and make a donation in advance by using this QR code.



Adults: \$10,
Children (ages 3–11): \$5,
Children under 3: Free.

Even if you're not able to attend, you can make a donation—every contribution helps!

Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling last month. We collected, sorted, and delivered 6,526 pounds of food last month. Your contributions and effort make this important program very successful.



Please keep up the generosity by taking a bag (or a flyer if bags are unavailable) on your way out and return it next weekend (September 26-27) with items on the attached flyer.

Please, no expired items. The pantry is unable to distribute expired items. Thank you for your help and generosity.

NOTE: Since bags go quickly, the food list can be found at <https://www.st-louismartin-kofc.org/loudoun-food-pantry-2> or scan here:



Become a Foster Parent in Loudoun County! Loudoun County's Department of Family Services (DFS) is seeking caring individuals and families who are interested in making a meaningful difference in the life of a child. DFS is hosting virtual foster care information sessions for anyone interested in learning more about becoming a foster parent: Monday, September 28: 6-7:30pm. Attendance is free, but registration is required. For more information about foster care and to register for an upcoming information session, visit loudoun.gov/fostercare.

Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handy-man Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code learn more about becoming a Knight.



Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the

request forms online at <https://sainttheresaparish.com/activity/legion-of-mary/>

Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at legionofmarysttheresa@gmail.com or scan the QR code to send us your prayer request.



How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church. In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Adult Education and Spiritual Enrichment

Catholic Education for Adults is excited to offer six classes this Fall!

- Acts of the Apostles-Thursdays
- 7-8pm (In-Person)
- Bible Timeline-Tuesdays from
- 8-9pm (Zoom)
- Galatians-Wednesdays 7-8pm (Zoom)
- John-Wednesdays 7-8pm (Zoom)
- Luke-Wednesdays 7-8pm (In-Person)
- Matthew-Wednesdays 10:30-Noon (In-Person)

Contact Andy Johnson at
johnson.andrew7003@gmail.com for
details or to sign-up.

Women's Discipleship Group—Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30–10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book that provides daily

encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. Starting September 9, 2026 we will be reading "Trusting God in the Present" by Fr. Jacques Philippe. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—Looking for fellowship and growing your faith? TMIY Year 4 program just started, with plenty of time to join up! Scan the QR Code below to register or contact Jack Hayes at: jack.hayes422@aol.com or 703.537.6418



Young Adults (ages 18-35)— YA Speaker Series

Fr. Vacarro will return with a series of talks on the Holy Spirit, beginning on **Monday, October 5th**. Talks are held on alternating Mondays from 6:15-7:30pm in the Admin Building, Zelig 2 and 3 conference rooms. There will be pizza after! College students eat for free.

YA Bible Study

Upcoming Dates: 9/28, 10/12, 10/26
Sessions held from 6:30-8pm at Barnes & Noble in One Loudoun on alternating Mondays.
Visit



<https://tinyurl.com/AshburnCatholicYA> for more information.

Why Catholics vote No on the Abortion Amendment: Reason #1

The amendment proposes a dangerously vague change to the Virginia Constitution that would create a legal right to unregulated and unlimited abortions at any time, up to birth, by unlicensed abortion practitioners.

This threatens the health and safety of mothers and even allows for abortions targeting healthy babies all the way up to birth.



Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Secretary: Apryl Binder, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Director: Tom Balint, 703.729.2287
Outreach Coordinator: Myriam Perez, 703.729.2234
Website: www.sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Minister: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Robin Casban, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Assistant: Christa Turpin, 703.729.3577
Receptionist: Kathy Miller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn VA



Little Flower Consignment sale this coming Saturday! Sept 26th.—Shop the sale! For more information go to www.littleflowerconsignments.org Share information with your friends and family. Great way to get really nice children's items for a good price! Proceeds help families in need through Divine Mercy Outreach!

Save the Date: Festival of Trees Dec 5th & 6th - Contact Cathy Branly for tree/wreath donations, or to volunteer: festivaloftrees@sainttheresaparish.com. Proceeds help families in need through Divine Mercy Outreach.

Did you know?—99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, by mail or dropping off to the parish office. Indicate DMO in the memo line or on the envelope.

SACRAMENTS

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months prior to filling out the Marriage Preparation Questionnaire.** A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.

Online: parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others.

Bed Ministry needs pillows and gift cards—

We are in need of new pillows and Walmart or Amazon gift cards to help us purchase bedding in a bag. Drop off to the parish office or place in the Outreach boxes at church. Thank you and God bless you

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to **volunteer**, please contact us as well. Claudia Lewis at 703.431.8670 or email her at visitation@sainttheresaparish.com.

Bed Ministry—Volunteers! We need extra helpers to assist in delivering new beds, bedding and household items from our storage facility to families transitioning out of shelters, as well as other local families and children in need. **Interested in helping?** Please contact **Brian Dwinnell** at beds@sainttheresaparish.com.

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703-966-0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2234 or dmoutreach@sainttheresaparish.com

Please do not leave clothing at church. We are not accepting clothing donations.

SERVING THE COMMUNITY FOR 40 YEARS

FAMILY OWNED & OPERATED SINCE 1975

JOHN NUGENT & SONS

HEATING | COOLING | PLUMBING | ELECTRIC | GENERATORS



Your comfort is our concern

Call **703-356-7499** to request service **ANYTIME** am or pm!



Never miss our bulletin!

Get this bulletin delivered straight to your inbox every week.



Scan to subscribe on parishesonline.com



IF YOU LIVE ALONE

MDMedAlert!™

✓ Ambulance ✓ Police/Fire
✓ Family/Friends ✓ GPS & Fall Alert*

CALL NOW! 800.809.3570 md-medalert.com

\$1 Less Than a day



Does your organization need a newsletter?
We'll cover the printing costs!

Learn more at lpicommunities.com



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



SafeStreets

833-287-3502



**ROOFING
SIDING
GUTTERS
WINDOWS
& DOORS**

Fully Licensed,
Bonded & Insured

**FREE Estimates on
Repair & Replacement**

**703-230-ROOF
7 6 6 3**

www.dryhome.com



ACTIVE HEALTH

**Active Health
Wellness Center**

**Now Accepting
New Patients**

44121 Leesburg Pike,
Suite 285

Ashburn, VA 20147

571-918-0119

activehealthwellnesscenter.com



Dr. Eme Deungwe

Board Certified Physician



Parishioner

Let us do the work! 703.327.7018

**Modern Landscape Design Service
and Landscape Maintenance**

Landscaping • Lawn Maintenance • Aeration & Overseeding
Patios & Driveways • Retaining Walls • Outdoor Living

Visit our Photo Gallery at
www.greensunlandscapes.com



I'm here to help you bundle your home & auto



StateFarm
Kyle Knight Ins Agcy Inc
Kyle Knight, Agent
STSC Parent

11736 Bowman Green Drive
Reston, VA 20190-3501
Bus: 703-435-2300
kyle.knight.gton@statefarm.com



I can save you time and money when you bundle your home and auto insurance. Call, e-mail or stop by for a quote today.

Availability and amount of discounts and savings vary by state.
State Farm Mutual Automobile Insurance Company
State Farm Indemnity Company
State Farm Fire and Casualty Company
State Farm General Insurance Company Bloomington, IL
State Farm County Mutual Insurance Company of Texas State Farm Lloyds Richardson, TX
State Farm Florida Insurance Company Winter Haven, FL

Like a good neighbor, State Farm is there.®



**HEARTFELT
COMPANION CAREGIVERS**

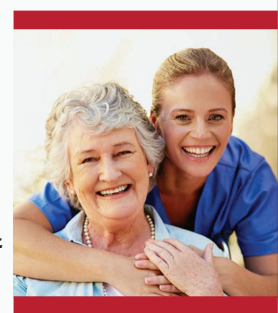
We Are Best At Senior Care

For your senior's daily needs, we offer care options at reasonable prices. Heartfelt serves customers of all ages who have physical limitations or other difficulties.

Consistency of Care with the Same Caregiver.
Locally Owned & Operated.

Call us for Free Quote! **703-946-6847**

--- 10% off first month---



PARALLEL
WINE & WHISKEY BAR

703-858-0077

The Ultimate Grown-Ups Playground for Food & Drink!

PARALLEL
PARTY BAR

(right next door)

**2 Great Locations
Same Menu**

Voted "Best Wine Bar"

5 Years in a row by

Northern VA Magazine

**A little more casual atmosphere
and great craft beers on tap!**

43135 Broadlands Center Plaza,

Broadlands VA

mypartybar.com

***1 INVISALIGN PROVIDER NATIONWIDE // WASHINGTONIAN TOP DOCTOR // 35,000 SMILES & COUNTING**



PARISHIONERS & PROUD SUPPORTERS OF CATHOLIC EDUCATION

703.327.1718 // NVORTHODONTICS.COM

ARLINGTON // MCLEAN // RESTON // BRAMBLETON

ONE LOUDOUN // GAINESVILLE

Discount for St. Theresa's Families



**DR. MOJARRAD // DR. ITANI // DR. ROBB
DR. BARCOMA // DR. CASAGRANDE**



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Theresa Church, Ashburn, VA

14-4000



Your Loudon County Real Estate Expert

Sarah Metzfield, Realtor - Catocin Properties

REAL Broker, Real Estate, Catocin Properties, Parishioner

(757) 685-1461 - Sarah@CatocinProperties.com

www.catocinproperties.com



RESOLUTE
WEALTH MANAGEMENT



Patrick J Volk
(703) 584-5887

www.resolute-wealthmanagement.com

THE MORAL PORTFOLIO

**FREE AD DESIGN
WITH PURCHASE OF
THIS SPACE**

Call 800.950.9952

**P & D
PLUMBING**

No job too small or too big, we do it all!

703-939-4473

LICENSED & INSURED
www.PandDplumbing.com

Abbie
SHLESINGER

Supervisor in Clinical Social Work, MSW

Compassionate
Therapy For All
of Life's Twists
and Turns

Virtual & in-person therapy for
children, teens, adults, and couples.

703-540-4322
abbie@lindseyhoskins.com
abbieshlesinger.com



**SUMMIT ROOFING
CONTRACTORS INC.**

**WE OFFER
FINANCING**

NEW ROOFS • RE-ROOFS • TEAR OFFS • SIDING • SHINGLES
REPLACEMENT WINDOWS • ROOF REPAIRS • ALUMINUM GUTTERS

703-368-7483 • summitroofing.com
13042 HANSEN FARM ROAD • MANASSAS, VA 20109



Your Premier Real Estate Agent

LYSINA SHEHADEH, REALTOR®

571.236.5764 cell • lshehadeh@kw.com

[@Shehadeh_homes](https://www.instagram.com/Shehadeh_homes) [f Shehadeh_homes](https://www.facebook.com/Shehadeh_homes)



Each office is independently
owned and operated



Bill Keatley, Manager • Kathryn Adams, Owner

Burial and Cremation Available

(703) 437-1764

www.adamsgreen.com

Family Owned &
Operated Since 1885



721 Elden Street • Herndon, VA 20170

**Faithfully serving and respecting the needs
of Catholic families for over 100 years**



**ASHBURN
RESALE SHOP**

— ONLINE ONLY —

We sell open box, returned items,
and brand new items in unopened
boxes at a discount.

Homegoods • Kitchenware • Couches • Tables
Furniture • Christmas • Sports Goods
Kids Clothes and Toys • Exercise Equipment
Grills • Patio furniture

20% OFF Discount code: STTHERESA

(571) 548-1082 • www.ashburnresaleshop.com

**POTOMAC
SERVICLEAN MAID
SERVICE**

FREE ESTIMATES
FAMILY OWNED & OPERATED

**\$20.00 OFF
2ND CLEANING
WITH THIS AD**

~ Licensed • Bonded • Insured ~
(703) 435-0409 • (703) 725-7371
SINCE 1989

STANLEY
Accounting Solutions



Andrea Stanley, CPA
Proud STCS Parent
Small Business Accounting
www.stanley.cpa
(301) 569-2455

NOVA

PEDIATRIC DENTISTRY
& ORTHODONTICS
BRINGING SMILES TOGETHER



DR. COURTNEY
ULLRICH

DR. VALERIE
WOO

DR. MATT
DUDEK

DR. MARIA
JIVIDEN

DR. LYDIA
CHIU

DR. VAL

PARISHIONER & STCS PARENT

☎ **703.729.7005**

📍 **21785 Filigree Ct., #208
Ashburn, VA 20147**

🌐 **novapdo.com**



**VIRGINIA ADVANCED
SURGICAL ARTS**

Wisdom Teeth | Dental Implants
Cosmetic Facial Surgery
WASHINGTONIAN TOP ORAL
& FACIAL SURGEON

Craig Vigliante, MD, DMD
Board Certified Oral & Facial Surgeon

703-723-5366

PARISHIONER / SCHOOL PARENT

vasurgicalarts.com



**SHANNON &
WRIGHT LLP**

REAL ESTATE & LAND USE

ESTATE PLANNING

TRUST & ESTATE ADMINISTRATION

TAX PLANNING

BUSINESS TRANSACTIONS

LITIGATION



**BEST LAW
FIRMS**
RANKED BY Best Lawyers
UNITED STATES
2025

Little space.
Big impact.

Advertise here

Call 800-950-9952

Alexandria | Leesburg 571.620.1930 shannonwright.law



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Theresa Church, Ashburn, VA

14-4000



HOW WILL YOU BE REMEMBERED?

Full Service Facility
Pre-Planning
Traditional Burial Services
On-site Cremation Services
Receptions
Monument Sales & Installation

158 Catoctin Circle, SE
Leesburg, VA 20175

www.loudounfuneralchapel.com
703-777-6000



**Knights of
Columbus**
Asset Advisors*

Grow Your Portfolio Responsibly Through
Faith-Based Investment Strategies

William Lupinacci
Knights of Columbus Asset Advisor
703-624-9687

* Knights of Columbus and its partners, Knights of Columbus Asset Advisors and Knights of Columbus Charitable Fund, are entities that each provide separate and distinct products and services. Financial retirement planning, life and disability income insurance, and personal philanthropy entail certain risks. Learn more at kofc.org/lifeyourfaith
1 Columbus Plaza, New Haven, CT 06510



Timeless Beauty, Lifelong Wellness

Services offered:

- Injectables
- CO2 Laser resurfacing treatments
- Microneedling
- Facials/Chemical Peels
- IV Wellness Drips
- Lifestyle Medicine & Hormone Therapy Consults with a board certified MD

(571) 375-6712

Parishioner Owned & Operated
Business blessed by
Fr. Christopher Vaccaro



[instagram](https://www.instagram.com/radiant.aesthetics.va) radiant.aesthetics.va • radiantALM.com

EXPERIENCE PURPOSEFUL LIVING

Whether you're looking for Independent Living, Assisted Living, or Memory Care, our Age-In-Place model allows you to continue to call Ashleigh at Lansdowne home as your needs evolve.

Call 703.828.9600 or go to AshleighAtLansdowneByRUI.com to book your personalized tour today!



ASHLEIGH
at Lansdowne

INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

44124 WOODRIDGE PARKWAY, LANSDOWNE, VA 20176 • 703.828.9600

ASHLEIGHATLANSDOWNEBYRUI.COM [f @RUI.ASHLEIGHATLANSDOWNE](https://www.facebook.com/RUI.ASHLEIGHATLANSDOWNE)

A RETIREMENT UNLIMITED, INC. COMMUNITY • FAMILY-OWNED & OPERATED IN VIRGINIA FOR OVER 40 YEARS

Advertise Here!

Contact Tim Weir

Tweir@4LPI.com | (800) 950-9952 x6568



Paragon
home care

TRUSTED
SENIOR CARE
SERVICES
PROVIDING
A HELPING
HAND AT HOME

- Personal Care Services
- Companion and Respite Care
- Light Housekeeping and Laundry
- Transportation Services
- Licensed, Bonded and Insured
- Meal Preparation
- Live-Ins

Arlington Diocese
Member Owned
& Operated

CALL US FOR A FREE ASSESSMENT TODAY (703) 942-8950



42882 Truro Parish Dr • Ashburn
703-858-9199
broadlandbop@gmail.com
broadlandspizza.com

Demaine Life Celebration Center of Loudoun County

- Flexible event space • Facility available to host events
- Large-capacity chapel • Celebration of Life center
- Facility is designed for personalized funeral celebrations
- New building • Flexible chapel space
- Our chapel can be used for hosting your religious events

571-685-7984 • demaineloudounfuneralhome.com

45511 E. Severn Way, Sterling, VA 20166



For ad info. call 1-800-950-9952 • www.4lpi.com

St. Theresa Church, Ashburn, VA

14-4000

FAMILY OWNED, OPERATED, AND ORIENTED

COLONIAL FUNERAL HOME of Leesburg

(703) 777-1414
201 Edwards Ferry Rd NE,
Leesburg, VA 20176
www.colonialfuneralhome.com

Proudly Serving Loudoun
County for Over 100 Years



BURIALS | CREMATIONS | VETERAN SERVICES | PRE-PLANNING

Westlake Legal Group
"We plan to win, because we plan to win"

Family Law & Adoption
Criminal Law • Personal Injury
Bankruptcy • Civil Law

703.406.7616 ~ WestLakeLegal.com
46175 Westlake Drive, #320, Potomac Falls, VA 20165

Complete Health Dentistry
Ann N. Hebda D.D.S.

Dental care for the
Entire Family



St. Theresa Parishioner
Dr. Ann N. Hebda
www.drannhebda.com
703-723-9788
20600 Gordon Park Square, Suite 190
Ashburn, VA 20147

Meadow Glen
ASSISTED LIVING

Schedule a Tour Today!

Meadow Glen of Leesburg
315 Dry Mill Rd. SW
Leesburg, VA 20175
703-737-6149
community@meadowglen.net



A SENIOR LIVING COMMUNITY

Stream Valley Veterinary Hospital

As Professionals, we will provide you with or advise you about the finest and most up-to-date veterinary care that there is

MODERN MEDICINE - HOMETOWN HOSPITALITY
703-723-1017
streamvalleyvet.com • Parishioners

Sacred Heart COUNSELING
Healing and Growth
Rooted in Faith
571-266-1808
sacredheartva.com

101 Mobility
Experts in Mobility and Accessibility Solutions
STAY IN THE HOME YOU LOVE!

Call to Visit our Showroom
703-420-4013
Matthew & Michael Riordan, Parishioners



MCCARTHY & AKERS PC
ATTORNEYS AND COUNSELLORS AT LAW

Estate Planning Attorneys
703-722-6403
www.mccarthyakkers.com

Anna Freska, Of Counsel

Serving Catholic Families since 2009

LEGACY LAW CENTERS

Qualified Master Counselor
Trusts and Estates Practice

**SECURE YOUR FAMILY'S FUTURE.
PLAN YOUR LEGACY TODAY.**

✓ MEDICAL DIRECTIVES ✓ WILLS & TRUST ✓ ASSET PROTECTION

PH: 571-648-0200
www.LEGACYLAWCENTERS.com

★ 5-STAR RATED ON **Avvo**

SAM MANSOOR, ESQ
STSC PARENT and
PARISHIONER



Home is where our CARE is.

Viola's Home Health Care
A local, family owned business proudly providing Home Health Care to loved ones in Loudoun and Fairfax Counties.
571-650-CARE (2273)
www.violashomehealth.com

Advertise Here!

Engage with consumers in your neighborhood.



St. Joseph's Roofing, Inc.
ROOFING • WINDOWS • GUTTERS • SIDING
703-716-7663 • www.SJRoof.com

3PPLE M MOVING & DELIVERY
www.3pplemoving.com
571-926-2402



Triple the Care, Triple the Reliability!
Hassle-free moving services in Ashburn, VA & surrounding areas.
We Also Do Junk Removal!



3PPLE M MOVING AND DELIVERIES
RELIABLE & AFFORDABLE




JACK LAWLOR REALTY CO.
FULL SERVICE
703-726-9444

Veteran Family
Owned Since 1984