

ST. THERESA

CATHOLIC CHURCH

21371 St. Theresa Lane, Ashburn, Virginia 20147

SEPTEMBER 27, 2026

TWENTY-SIXTH SUNDAY IN ORDINARY TIME



Masses for the Week

Mon, Sept 28	6:15–Alfredo Yutuc+ 8:30–Patricia & Joseph Voss 12:15–David Smith+
Tues, Sept 29	6:15–Anthony & Bridget Albano+ 8:30–Greg DiMuzio+
Wed, Sept 30	6:15–Filomena & Salvatore Catanzaro+ 8:30–Catherine Feeney 12:15–James Manalel
Thurs, Oct 1	6:15–Gail Battaglini+ 8:30–Jeanne & Philip Burke, Jr.+
Fri, Oct 2	6:15–Gail Battaglini+ 8:30–MaryAnne & Chris Pelzar & Family 12:15–Sherry Robinson
Sat, Oct 3	8:30–Kevin Donohue+ 5:30–Gail Battaglini+
Sun, Oct 4	7:30–Miles Family 8:45–Mary Catherine Ngodoki+ 10:30–Tina Humbert+ 12:30–The Holy Souls in Purgatory+ 5:00–St. Theresa Parishioners

PARISH MASS SCHEDULE

WEEKEND MASS

Saturday Vigil | 5:30pm

Sunday | 7:30, 8:45, & 10:30am and 12:30 & 5:00pm

WEEKDAY MASS

Monday through Friday | 6:15 and 8:30am

Monday and Wednesday | 12:15pm (except for Federal Holidays)

Saturday | 8:30am

HOLY DAYS

As Announced

HOLY HOUR

Wednesdays | 7pm

CONFESSIONS

Wednesdays | 9am and 7pm (during Holy Hour) until the line ends

Saturdays | 4pm, until the line ends

or by appointment

****Federal Holidays--6:15 and 8:30am Masses only**

CLERGY

Reverend James C. Hudgins, Pastor

Reverend Paul Dudzinski, Parochial Vicar

Reverend Christopher T. Vaccaro, Parochial Vicar

Reverend Alex Solsma, Parochial Vicar

Reverend Matthew J. DeForest, In Residence

Deacon Paul C. Konold

Deacon Anthony J. Renzette

Prayers For The Sick: Caleb Heffern, Jack Jenkins, Sandra Maria Kovacev, Randy Eubank, Samuel Russo, Sr., Eve Katherine Tinsley, Ashley Augustine, Regina McGrath, Mary Corrigan, Carol Logue, Lloyd Quist, Mr. Melchor Dizon, Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Martin Caplan, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley, Michael DeCardona, Stephen Stahl.

Prayers For Our Military: F. Rakotoarivony, Owen Hall, Ron Willer, Michael Perez, Ethan Battaglini, Garrett Batt, Nicole Batt, Joaquin Gabriel, Brady Carmical, Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling.

Satan Fears Mary More Than Any Angel or Saint

Jesus once said of Lucifer, “There is no truth in him, and lying is his native speech” (Jn 8:44). But if Satan could speak truth for a minute, there’s one fact he would readily admit to—he fears the Blessed Virgin Mary, and her power to draw souls to God, more than any other saint or angel. Because Satan’s rebellion against God was an act of pride, humility is the one spiritual power against which he has no defense. Satan is highly intelligent and has power to deceive the entire world (Rev 12:9), but he cannot understand humility, and is literally helpless against it. He fears the humility of Mary, because by it, she will defeat his every effort. This is not merely our pious imagining. Scripture itself establishes this.

The First Humiliation: A Woman Will Crush You

Satan’s fear begins not in Bethlehem, but in the Garden of Eden. In Genesis, at the very moment mankind fell in Original Sin, God did not curse Adam or Eve. God cursed the serpent, and announced who the serpent’s greatest enemy would be. “I will put enmity between you and the *woman*...she will crush your head” (Gen 3:15). Lucifer was once an “angel of light,” but his defeat would not come not from an archangel—not from Gabriel, or Michael, or Raphael, or any of the heavenly host. His defeat would come from a woman—a creature immeasurably beneath his own angelic dignity. In God’s poetic justice and perfect providence, the one he deceived becomes the one who would destroy him.

The Second Humiliation: Mary’s Obedience Reverses Satan’s Rebellion

Satan’s disobedience was a failed attempt to enthrone himself in God’s place—that his will, and not God’s, should be done. His rebellion damaged and disordered God’s beautiful creation, and yet, in God’s perfect providence, the disobedience of Lucifer would be negated entirely by the obedience of Mary. Satan said, “I will not serve.” The Blessed Mother said, “Let it be done unto me as you say” (Lk 1:38). The gates of hell shook with fury when the humble virgin’s “fiat” reduced to nought the entire project of the demonic rebellion. The Fathers of the Church all agreed—what Eve destroyed, Mary repaired. “The knot of Eve’s disobedience was untied by Mary’s obedience” (St. Irenaeus). God would enter the world through her. The redemption would begin. The defeat of evil would be made inevitable. And to this day, every soul who comes to Christ by Mary’s prayers reminds Satan that his entire kingdom was destroyed by the simple obedience of a teenage girl.

The Third Humiliation: Mary is the Only Soul Satan Cannot Touch

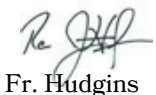
There’s a mysterious scene in the Book of Revelation—a woman clothed with the sun...a child destined to rule all nations...a dragon furious, but powerless to harm her. The woman is Mary. The child is Jesus. But why is the dragon powerless? Because the child is God, the woman is protected. The favor of God surrounds her with spiritual authority that demons cannot penetrate. Demons don’t fear human power. They fear supernatural virtue, and Mary is filled with it. God’s grace made her immaculate—the full reflection of God’s greatness. She is the only human being beyond infernal strength—their superior, and their humiliation.

The Fourth Humiliation: Mary’s Prayers Break Satan’s Fetters

The devil does not fear Mary as a rival power. He fears her as a spiritual mother. When a child runs to his mother, the closeness she provides is unlike anything else in the world. This is true of Mary’s spiritual motherhood as well. A single prayer of intercession from Mary—a gentle whisper from her heart to Christ—carries more weight before God than all the accusations hell can make against us. She snatches souls out of the devil’s hands—especially those most in need of God’s mercy—and there is nothing Satan can do to prevent it. If you have ever listened to a talk by an exorcist, they always testify to this: demons resist the name of Jesus, but they scream at the name of Mary. God has chosen to act through her, and they are humiliated because of it.

In the Old Testament, Adam and Eve fell from grace by disobedience, but in God’s plan a new Adam (Christ) and a new Eve (Mary), by their humble obedience, have restored everything that was once lost. God raised a lowly handmaid to become the terror of demons. Ask for her prayers, especially when you have no place else to turn. You will always be received with graciousness.

God bless you...and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Youth Education and News



ymoffice@sainttheresaparish.com

September

Sun, 27th–Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 28th–Food Sort by Expiration Dates, 7-8:30pm

Tues, 29th–Load food for transport, 6:15-7pm

October

Sun, 4th–Upper Room Squad, 6-8pm

Sun, 4th–Confession for Confirmation Candidates only, 2pm

Sat, 10th–Confirmation Masses, 10am & 1:30pm

Sun, 11th–Upper Room Squad, 6-8pm

Sun, 18th–Upper Room Squad, 6-8pm

Sun, 25th–High School RALLY @ Bishop O'Connell H.S., Arlington, 11:15am to 8:30pm

Sun, 25th–Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 26th–Food Sort by Expiration Dates, 7- 8:30pm

Tues, 27th–Load food for transport, 6:15-7pm



Office Hours:

Mon–Thurs. 9am-4pm; Fri. 9am-noon

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at connie@sainttheresaparish.com or call 703.729.3714.



Excited to begin our new Symphonic Orchestra Program!

STCS Families, be on the lookout this week for your *Thursday Thunder* email for details on all the upcoming events for the school year:

- PTO Spirit Event at Cox Farms
- Feast Day of St. Therese
- FOSTS Golf Tournament for Tuition Assistance
- Living Rosary & Backpack Buddies Collection
- Trunk or Treat
- Fall Festival
- Battle of the Books
- Weekly Parents Rosary Group

Join the STCS team! Interested in learning about employment opportunities at St. Theresa Catholic School? Scan the QR code to learn more!



STCS Employment

Join us for Dinner & the Silent Auction! Our parish's 16th Annual Friends of St. Theresa School (FOSTS) Golf

Tournament for Tuition Assistance is on Monday, October 5, 2026, at Belmont Country Club. This is the *primary fundraiser for FOSTS*, which provides tuition assistance to STCS families who are facing financial hardship. Tickets are still available for the buffet Dinner and Silent Auction, which begin at 4:30pm, when the golfers come in. Please scan the QR code or visit our parish website (www.SaintTheresaParish.com) to purchase tickets or make a gift to the FOSTS Tuition Assistance Program. Questions? Please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577.

Join us for dinner! FOSTS 2026



Upcoming Early Bulletin Deadline

Please make note of this early deadline

October 11 bulletin–due by **Tuesday, September 29, 2pm**

www.sainttheresaparish.com 703.729.2287 Parish Office Hrs: M-F–9:30am-3:30pm (closed for lunch 12-1)

News from our Parish

GriefShare—Wednesday, September 9, St. Theresa will offer its next GriefShare program, a grief support group for people grieving the death of a loved one. Over 11 weeks, you'll find relief and comfort as you learn what to expect in the days ahead and how to navigate your personal grief process. Join us Sept 9 thru Nov 18 from 7-9pm at St Theresa's. For more info or to register <https://find.griefshare.org/groups/287951/registrations/new> A \$20 workbook will be required to purchase.

Join us for Dinner & the Silent Auction! Our parish's 16th Annual Friends of St. Theresa School (FOSTS) Golf Tournament for Tuition Assistance is on Monday, October 5, 2026, at Belmont Country Club. This is the *primary fundraiser for FOSTS, which provides tuition assistance* to STCS families who are facing financial hardship. Tickets are still available for the buffet Dinner and Silent Auction, which begin at 4:30pm, when the golfers come in. Please scan the QR code or visit our parish website (www.SaintTheresaParish.com) to purchase tickets or make a gift to the FOSTS Tuition Assistance Program. Questions? Please contact Regina Freschi, freschir@stsashburn.com or 703.729.3577.



Please join us for Donut Sunday on **Sunday, October 4th**, after the 7:30am, 8:45am, and 10:30am Masses in the School Cafeteria. We will be serving donuts, coffee, juice, bagels, fruit, yogurt parfaits, croissants, and much more! Questions? Please contact Angela Haberland at angela.haberland@gmail.com or 703.407.1204.

Divine Mercy Devotional Materials—including books, pamphlets, rosaries, crucifixes, plaques, Bibles, and children's books will be available in the parish vestibule from **Now until October 9**. All donations benefit Divine Mercy Outreach and cash or checks can be placed in the locked wooden box on the wall in the vestibule.

To protect St. Theresa's future, we've started an endowment with The Catholic Foundation -Diocese of Arlington. Your gift helps us grow a steady, lasting source of support for our church's daily needs. Please prayerfully consider making a gift to our Parish Endowment today.



2026 Bishop's Lenten Appeal: "In Christ We Are One" – 94% to Parish Goal—Thank you to all the Saint Theresa families who have given to the 2026 BLA! If you have yet to participate in this year's BLA, will you join the 861 families who have made a gift? Your support, no matter the size, will steward over 40 ministries caring for seminarians, youth, families and many more across the diocese. Thank you, and please consider making your gift at www.arlingtondiocese.org/BLA or by scanning the QR code:



Scan Me

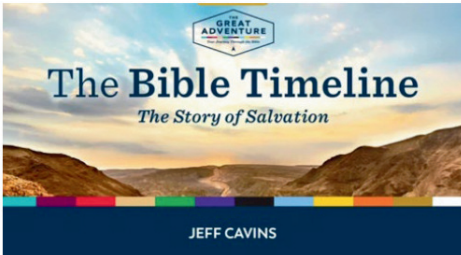
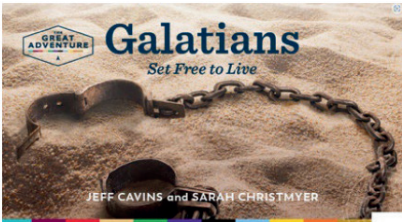
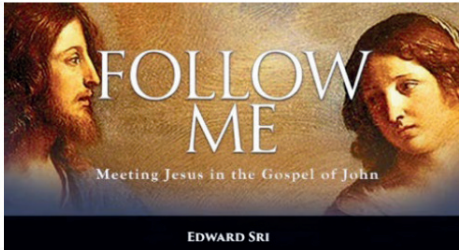
Confirmation Receptions—Volunteers are needed to help with this year's Confirmation Receptions on the following dates and times:

Set-up - Friday, October 9th, 6-8pm
Reception 1 - Saturday, October 10th from 9:30am-12:30pm
Reception 2 - Saturday, October 10th from 1:00pm-4:00pm

Please contact the RE Office at lbayne@sainttheresaparish.com if you would be able to help during any of these times.

Join us for dinner! FOSTS 2026



 Acts <i>The Spread of the Kingdom</i> JEFF CAVINS and SARAH CHRISTMYER	 The Bible Timeline <i>The Story of Salvation</i> JEFF CAVINS	 Galatians <i>Set Free to Live</i> JEFF CAVINS and SARAH CHRISTMYER
Thursdays 7-8 PM In-Person	Tuesdays 8-9 PM Zoom	Wednesdays 8-9 PM Zoom
 FOLLOW ME <i>Meeting Jesus in the Gospel of John</i> EDWARD SRI	Catholic Education For Adults Fall 2026 Class Offerings	 Luke <i>The Story of Salvation Fulfilled</i> MESSIANIC FULFILLMENT
Wednesdays 7-8 PM Zoom		Wednesdays 7-8 PM Zoom
 Matthew <i>The King and His Kingdom</i> JEFF CAVINS and SARAH CHRISTMYER	To get additional details or to sign-up go to: CatholicEducationForAdults.org or email Andy Johnson Johnson.andrew7003@gmail.com	 Young Adult Bible Study
Tuesdays 10:30-Noon In-Person		Alternate Mondays 6:30-8 PM -In-Person

Urgent Need for Committed Adorers

We have an urgent need for committed adorers who can spend a grace-filled holy hour every week with our Lord in the Blessed Sacrament for the following vacant one hour adoration slots:

Sunday: 1 & 2:30am, & 4pm

Tuesday: 3am

Thursday: 12:30 & 2:30am

Friday: 12 & 3am

Saturday: 12:30 & 2:30pm

Also, urgent need for substitute adorers, especially for 9pm-5am

To sign up for one of our open Adoration time slots above, please go to <http://sainttheresa.letusadore.com> or come by the parish office.

Please Note: The Adoration Schedule online system allows users to cancel commitments from time-to-time to allow for vacation, sickness, or other possibilities that may prevent attendance. In those instances, you can vacate the slot in advance and substitute adorers will provide one-time coverage.





Knights of Columbus

Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling. Your contributions and effort make this program a successful one.

Please keep up the generosity by returning your bag this weekend (September 26-27) with items in the attached flyer. If you were unable to pick up a blue bag, you can always return food in a reusable, paper, or plastic bag. Please, no expired items. The pantry is unable to distribute expired items.

Become a Foster Parent in Loudoun

County! Loudoun County's Department of Family Services (DFS) is seeking caring individuals and families who are interested in making a meaningful difference in the life of a child. DFS is hosting virtual foster care information sessions for anyone interested in learning more about becoming a foster parent: Monday, September 28: 6-7:30pm. During each session, DFS staff will discuss the current need for foster families, eligibility requirements, the process of becoming a foster parent, and the support available to foster families. Participants will also have the opportunity to ask questions and learn about next steps.

You do not need to have all the answers to get started – just a willingness to learn and help a child in need. Attendance is free, but registration is required. For more information about foster care and to register for an upcoming information session, visit loudoun.gov/fostercare.

Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handy-man Team, please visit this website to submit your repair project request or to join the team <https://www.st-louismartin-kofc.org/handy-man-services>.

Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at <https://www.st-louismartin-kofc.org/faqs> - or scan the QR code learn more about becoming a Knight.



Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the

request forms online at <https://sainttheresaparish.com/activity/legion-of-mary/>

Prayer Request - Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at legionofmarysttheresa@gmail.com or scan the QR code to send us your prayer request.



Status of Adult Children of Parishioners – Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church. In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Adult Education and Spiritual Enrichment

Catholic Education for Adults is excited to offer six classes this Fall!

- Acts of the Apostles-Thursdays
- 7-8pm (In-Person)
- Bible Timeline-Tuesdays from
- 8-9pm (Zoom)
- Galatians-Wednesdays 7-8pm (Zoom)
- John-Wednesdays 7-8pm (Zoom)
- Luke-Wednesdays 7-8pm (In-Person)
- Matthew-Wednesdays 10:30-Noon (In-Person)

Contact Andy Johnson at
johnson.andrew7003@gmail.com for
details or to sign-up.

Women's Discipleship Group—Welcome all women of St Theresa Catholic Church. Our Group meets every Wednesday morning from 9:30–10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. Starting September 9, 2026 we will be reading "Trusting God in the Present" by Fr. Jacques Philippe. For more information contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

That Man is You (TMIY)—TMIY Year 4 program just started, with more than 60 brothers meeting for fellowship and faith. Scan the QR Code below to register or contact Jack Hayes at:
jack.hayes422@aol.com or
703.537.6418



Women please join us for an Ignation prayer group: Lord Teach Me To Pray (LTMTMP) Series, Praying Christian Virtues, Thursdays Oct. 15-Nov. 19, 7:15-9:15pm in Zelle Room 2. For more information and to register, go to St. Theresa's website under Parish News or contact Dawn Garabito at 862.812.0039 with any questions.

Padre Pio Group—Saint Padre Pio of Pietrelcina is known for his gift of healing. When you become a child of Padre Pio, he also takes into his prayers your entire family. Won't you join us on the first Friday of every month as we pray the Rosary and ask Padre Pio to be our helper in heaven. Pray, hope and don't worry.... Our next meeting will be **Friday October 2**, 6pm in the Saint Louis Martin Room. Questions contact Mirella McAleer 703.463.0847

Young Adults (ages 18-35)— YA Speaker Series

Fr. Vacarro will be giving two talks on the Holy Spirit on **Monday, October 5th** and **Monday, October 19th**. The talks will be held in School Cafeteria from 6:15-7:30pm and will be followed by pizza at Broadlands Brickoven. College students eat for free.

YA Bible Study

The ACYA Bible Study is covering salvation history, especially through the lens of covenant. Upcoming Dates: 9/28, 10/12, 10/26

Sessions held from 6:30-8pm at Barnes & Noble in One Loudoun on alternating Mondays.

Visit



<https://tinyurl.com/AshburnCatholicYA> for more information.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

Why Catholics vote No on the Abortion Amendment: Reason #2

The amendment extends this so-called right to abortion to children, and is designed to push parents out of *life altering* and *irreversible* decisions for their *minor daughters*.



Parish Offices

Secretary: Kathy Fitzpatrick, 703.729.2287
Secretary: Apryl Binder, 703.729.2287
Office Manager: Christine Young, 703.729.2287
Business Manager: Angelita Lupetaliaami, 703.729.2287
Facilities Director: Tom Balint, 703.729.2287
Outreach Coordinator: Myriam Perez, 703.729.2234
Website: www.sainttheresaparish.com
Fax: 703.729.9036

Religious Education Offices

Director: Larry Bayne, 703.729.3714
Youth Minister: Paul Dwyer, 703.729.0426
Secretary: Connie Gilligan, 703.729.3714
Secretary: Robin Casban, 703.729.3714
Email: reoffice@sainttheresaparish.com
Fax: 703.729.9036

School Offices

Principal: Danny Costa, 703.729.3577
Assistant Principal: Audrey Allman, 703.729.3577
Admin Assistant: Christa Turpin, 703.729.3577
Receptionist: Kathy Miller, 703.729.3577
Website: www.stsashburn.com
Email: schooloffice@stsashburn.com
Fax: 703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn VA



This month is the 21st year anniversary of Divine Mercy Outreach! (Sept 27th). Thank you to all that support this ministry and please keep us in your prayers.

Little Flower Consignment sale was this past Saturday, Sept 26th. Thank you to all our volunteers - we will know soon how much we were able to raise for DMO.

Save the Date: Festival of Trees Dec 5th & 6th - Contact Cathy Branly for tree/wreath donations, or to volunteer: festivaloftrees@sainttheresaparish.com. Proceeds help families in need through Divine Mercy Outreach.

Did you know?—99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful!

Donations accepted online, by mail or dropping off to the parish office. Indicate DMO in the memo line or on the envelope.

SACRAMENTS

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months prior to filling out the Marriage Preparation Questionnaire.** A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.

Online: parish website <http://www.sainttheresaparish.com> and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others.

Bed Ministry needs pillows and gift cards—We are in need of new pillows and Walmart or Amazon gift cards to help us purchase bedding in a bag. Drop off to the parish office or place in the Outreach boxes at church. Thank you and God bless you

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

The Visitation Ministry—Are you **HOMEBOUND**? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to **volunteer**, please contact us as well. Claudia Lewis at 703.431.8670 or email her at visitation@sainttheresaparish.com.

Bed Ministry—Volunteers! We need extra helpers to assist in delivering new beds, bedding and household items from our storage facility to families transitioning out of shelters, as well as other local families and children in need. **Interested in helping?** Please contact **Brian Dwinneil** at beds@sainttheresaparish.com.

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703-966-0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2234 or dmoutreach@sainttheresaparish.com

Please do not leave clothing at church. We are not accepting clothing donations.

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Whether you're looking for Independent Living, Assisted Living, or Memory Care, our Age-In-Place model allows you to continue to call Ashleigh at Lansdowne home as your needs evolve.

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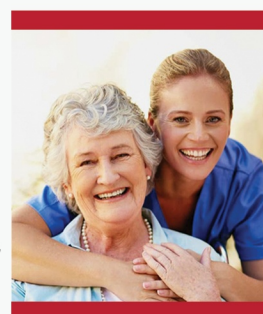
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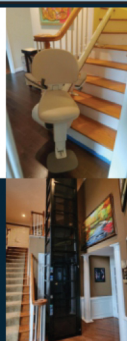
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