ST. THERESA
CATHOLIC CHURCH



21371 St. Theresa Lane, Ashburn, Virginia 20147

OCTOBER 25, 2026

THIRTIETH SUNDAY IN ORDINARY TIME

Masses for the Week

Mon, Oct 26	6:15–Milford Busbee 8:30–Margurite Esk 12:15–Frank DeMeo+
Tues, Oct 27	6:15–Ladonna Crow 8:30–The Lillis Family
Wed, Oct 28	6:15–Eleanor Lovisak 8:30–Andrew An Nguyen+ 12:15–Marie Lacdao+
Thurs, Oct 29	6:15–Richard Dunbar Marshall, Sr.+ 8:30–Jon Walker
Fri, Oct 30	6:15–Kerry vanDoorn 8:30–Marie Lacdao+
Sat, Oct 31	8:30–Gabriella Tellis 5:30–Gail Battaglini+
Sun, Nov 1	7:30–Nguyen & Biase+ Families 8:45–St. Theresa Parishioners 10:30–Karl Joseph Renz, Jr.+ 12:30–Frank DeMeo+ 5:00–Jose Antonio Rodriguez

PARISH MASS SCHEDULE

WEEKEND MASS
Saturday Vigil | 5:30pm
Sunday | 7:30, 8:45, & 10:30am and 12:30 & 5:00pm

WEEKDAY MASS
Monday through Friday | 6:15 and 8:30am
Monday and Wednesday | 12:15pm (except for Federal Holidays)
Saturday | 8:30am

HOLY DAYS
As Announced

HOLY HOUR
Wednesdays | 7pm

CONFESSIONS
Wednesdays | 9am and 7pm (during Holy Hour) until the line ends
Saturdays | 4pm, until the line ends
or by appointment

****Federal Holidays--6:15 and 8:30am Masses only**

CLERGY

Reverend James C. Hudgins, Pastor
Reverend Paul Dudzinski, Parochial Vicar
Reverend Christopher T. Vaccaro, Parochial Vicar
Reverend Alex Solsma, Parochial Vicar
Reverend Matthew J. DeForest, In Residence
Deacon Paul C. Konold
Deacon Anthony J. Renzette

Prayers For The Sick: John W. Hulburt , Cathy Bayly, Kevin Maher, Stephen Stahl ,Caleb Heffern, Jack Jenkins, Sandra Maria Kovacev, Randy Eubank, Samuel Russo, Sr., Eve Katherine Tinsley, Ashley Augustine, Regina McGrath, Mary Corrigan, Carol Logue, Lloyd Quist, Mr. Melchor Dizon, Megan Brown, Katherine McCray, Maria Theresa Baric, Iris and Romeo Rigor, Jennifer Spurr, Luz Triana, Maddie N., Suzanne Miles, Patricia LeMay, Megan Brown, John Forbes, Ronald Lewis Cricks, Tom Poerstel, Mary Broderick, Mary Giebel, Esther Yager, Tori Edmonds, Daniel John Begley.

Prayers For Our Military: Alexander Thissell, F. Rakotoarivony, Owen Hall, Ron Willer, Michael Perez, Ethan Battaglini, Garrett Batt, Nicole Batt, Joaquin Gabriel, Brady Carmical, Ify Nwabuoku, Cabell Early, Jack Williamson, Sabrina Sokol, Aidan Sullivan, Kyle Sullivan, Heather Hurley, Connor McCarthy, Kraig Broecker Jr., Victoria Carrick Caviston, Jack Ward, Michael Scully, Matthew Baba, Anthony Lupetaliaami, Tom Short, Bill Short, Sergio Mendez, Geoffrey Galasso, Logan Anna Davis, Stephen Holdorf, Jr. Daniel W. Beverly, Matthew Schierling, Eric Frames, Bill Freschi, Paul Schierling.

Five Paths of Repentance, from St. John Chrysostom

Life is short, and no one knows how much time he has left on this Earth. One fact is certain, however—the moment the soul leaves the body at death, God will pass a final judgment on the whole of our lives. The vast majority of Christians believe they are already close to God. In fact, more than 90% of Christians (Pew Research Center, 2024 survey) believe they will certainly go to heaven when they die. But God is deeply mysterious, and just because we imagine that we are doing God's will does not mean that we are actually doing so. Prayerful and sincere souls will wonder—how then can I be certain that I am justified in God's sight? St. John Chrysostom once wrote that there are five paths to repentance. If they are taken together—and none is forgotten—they will lead us to heaven.

"The first path of repentance is the condemnation of your own sins"

Quite simply, repentance begins with an open admission of our own sins—to a priest, said out loud—in the Sacrament of Confession. "Admit your own sins," St. John Chrysostom writes, "and you will be justified." The step Christ himself established for the forgiveness of sins is always the first step. You'll be slower to commit the same sins again. You'll hear the priest speak directly to you the words of Jesus Christ, "I absolve you of your sins." You'll be at peace knowing that God himself will not hold these offenses against you on the day of judgment.

"The second path of repentance is to forgive your neighbor"

Chrysostom says, "Put out of your mind the harm done by your neighbor. You will master your anger, and your own sins against the Lord will be forgiven of you." Many of us forget that Jesus himself insisted that we forgive others of their sins, if we wish God to forgive us of ours. We admit this every time we say an Our Father—forgive us our trespasses, but only as much as we forgive others who have sinned against us. Deliberate forgiveness of others is not a feeling, but rather a simple choice. We say in our hearts the same words we wish God to say to us on the day of judgment, "I do not hold this offense against you." "If you forgive your debtors," St. John Chrysostom writes, "your heavenly Father will forgive you."

"The third path of repentance is prayer"

"Do you want to know of a third path? It consists of prayer that is fervent, careful and comes from the heart." For Chrysostom, regular and fervent prayer is just as essential as confession and forgiveness. No one is just in God's sight who does not regularly speak to God from the heart, as one friend speaks to another. Think of prayer not only as a sacred duty, but as an act of repentance—a means of turning your soul completely to God.

"The fourth path of repentance is almsgiving"

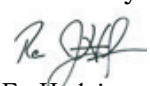
"Almsgiving," St. John Chrysostom writes, "has a power is great and far-reaching." "Give alms," Jesus says, "and all will be made clean for you" (Lk 11:41). Would you like to make your repentance to God complete and sincere? It's necessary that we live lives not only of private prayerfulness and piety, but that we actively do what good we can while we are able. Pope St. John Paul II once said that almsgiving is not just giving away money to the Church or to charity, but rather, "is giving from the heart of those very things we would ordinarily most wish to keep for ourselves—including our time and attention." This is an essential way to live for anyone who wishes to be judged worthy of heaven.

"The fifth path of repentance is humility"

"If a man lives a modest, humble life, that, no less than the other things I have mentioned," St. John Chrysostom writes, "takes sin away. Proof of this is the tax-collector who had no good deeds to mention, but offered his humility instead and was relieved of a heavy burden of sins." Let's not forget what humility is—it's not thinking "I'm the worst," but rather, that I am not thinking of myself at all. No one is more self-forgetful than Jesus. That's why humility is one of Chrysostom's five essential paths of repentance. The gate that leads to heaven is low—only the humble can pass through it.

"Now that we have learned how to heal these wounds of ours," St. John Chrysostom concludes, "let us now apply the cures. Then, when we have regained genuine health, we can approach the holy table with confidence, go gloriously to meet Christ, the king of glory, and attain the eternal blessings through the grace, mercy and kindness of Jesus Christ, our Lord."

God bless you, and St. Theresa, pray for us!



Fr. Hudgins

Bulletin Deadline: Friday 2pm (9 days prior to publication)

Youth Education and News

YOUTH MINISTRY

ymoffice@saintttheresaparish.com

October

Sun, 25th–High School RALLY @ Bishop O'Connell H.S., 11:15am to 8:30pm

Sun, 25th–Parish Food Drive (after 8:45am Mass & 5pm Mass)

Mon, 26th–Food Sort by Expiration Dates, 7- 8:30pm

Tues, 27th–Load food for transport, 6:15-7pm

In House Basketball–2026/2027—St. Theresa's in-house basketball league is for children in Kindergarten thru 3rd grade. It is open to St. Theresa Parishioners and St. Theresa school students. The season runs from December thru March. K/1 boys and girls play together. K/1 has one hour on the weekend that will either be Saturday morning or Sunday afternoon. 2nd/3rd grade boys play together and 2nd/3rd grade girls play together. 2nd/3rd grade plays on Sunday afternoons.

Registration is open now and will close on November 1st. Contact Rusty Byrne via e-mail at stsk3basketball@gmail.com if any questions. Register to play at: https://saintttheresaparish.com/activity/in-house-basketball/

St. Theresa's CYO Basketball and Cheerleading are now open for registration— The St. Theresa CYO programs follow the guidelines established by the NVJCYO. It is open to all students currently enrolled in St. Theresa School or the St. Theresa Church Religious Education program. The programs are always looking for volunteers. All coaches & volunteers must comply with the Arlington Diocese Child Protection Program. Registration for the 2026-2027 season is open. You can register at https://reg.sportspilot.com/106557

Registration will close on **October 26, 2026**. Practices should begin the first week of November – by then teams should be formed (enough players registered and a coach identified). Your child's coach will contact you with specifics. Practice times are determined by gym space availability and the coach's availability. Practices are generally 60 minutes, twice a week. Information about games can be found at the Arlington Diocese Website. Games should begin December 5th and are played at gyms throughout the Diocese of Arlington. Venues are determined based on availability.

If registering – you are agreeing that your athlete will participate and be a part of a team – this means they will commit to their Coaches and their teammates to show up at practices and games.

If you have any questions regarding the program or are interested in Coaching or volunteering, please contact Paul Dwyer at cyo@saintttheresaparish.com.



NVJCO Basketball—Open to all students currently enrolled in St. Theresa School or the St. Theresa Church Religious Education program in grades 4-8. Cost is $120 to join a team. Uniforms are not part of the registration fee and will be handled once practices begin.

NVJCYO Cheerleading—Open to all students currently enrolled in St. Theresa School or the St. Theresa Church Religious Education program in grades 6-8. Uniforms, pompoms and cheer shoes will be required and are not part of the registration fee and will be handled once practices begin.

CYO Basketball Coaches needed—As John Wooden said, "A good Coach can change a game. A great Coach can change a life." Please consider Coaching for our upcoming 2026/2027 Basketball Season. The Arlington Diocese will be holding a mandatory training program called 'Play Like a Champion Today', for all CYO Coaches. All head coaches who have not previously taken this training must attend. The dates of the primary coach training will be in early November. The session is approximately 3 hours and every coach must attend the entire training to be able to coach after that time. Contact Paul Dwyer at ymoffice@saintttheresaparish.com if you are interested in Coaching.

RELIGIOUS EDUCATION

Office Hours:
Mon–Thurs. 9am-4pm; Fri. 9am-noon

Want to volunteer at St. Theresa's children based programs? We encourage and welcome your involvement however it requires that all volunteers be compliant. Contact Connie Gilligan, Parish Child Protection Coordinator, at connie@saintttheresaparish.com or call 703.729.3714.

Wanting to hear Fr. Hudgins' homilies?

You can find all of Fr. Hudgins homilies recorded on Fatherhudgins.com

More Youth Education and News

Saint Theresa Catholic School
Educating Tomorrow's Catholic Leaders
www.stsashburn.com

STCS Families, be on the lookout this week for your *Thursday Thunder* email for details on all the upcoming events for the school year:

- St. Faustina Crochet Ministry for Souls
- Lions Club Hearing & Vision
- Fall Festival
- All Saints Day/Dress Like a Saint
- Movie Night
- Weekly Parents Rosary Group

Come See What Makes Saint Theresa Catholic School Special!—We invite prospective families to visit Saint Theresa Catholic School and experience our faith-filled learning community firsthand! **Scan the QR code to schedule a private school tour** and discover all that STCS has to offer students in Kindergarten through 7th grade.

Veterans Day Program & Reception – Join Us November 11! Please join us in the school gym after the 8:30am Mass on Wednesday, November 11th for a special tribute to Veterans featuring a short program followed by a light reception. This event is sponsored by St. Theresa Catholic School's 5th & 8th Grade Classes. Veterans and active-duty military are encouraged to wear their uniforms. This is a beautiful opportunity to recognize those that serve(d) our country. We hope you'll join us!



News from our Parish

Memorial for the Unborn—The 300 crosses outside the church are a reminder of the tragedy of abortion and call us to pray for an end to abortion and to pray for those mothers and families hurt by abortion. The most recent data from the Guttmacher Institute estimates that in 2025 there were 1,126,000 abortions in the US. So, each cross represents about 10 babies aborted every DAY in the USA. For help and healing after an abortion, contact Project Rachel at https://hopeafterabortion.com/. If you are pregnant and need support, contact the Gabriel Project at https://helpforpregnantwomen.org/ or 703.841.3810. God's love is infinite, and His mercy is endless.

November 11th—Make note, due to the Federal Holiday, there will be no 12:15 Mass, and no Holy hour and no confessions that evening.

To protect St. Theresa's future, we've started an endowment with The Catholic Foundation -Diocese of Arlington. Your gift helps us grow a steady, lasting source of support for our church's daily needs. Please prayerfully consider making a gift to our Parish Endowment today.

St. Theresa, Ashburn Endowment

Scouts for Sight—Do you have an old pair of eyeglasses that you would like to donate? David Cohen, a scout with Troop 997, is working on his Eagle Scout Project with Lions Club International to collect eyeglasses to be donated to people who don't have access to eyeglasses.
- November 1st - scouts will be in the vestibule at the end of each mass to hand out fliers and collection bags for your used eyeglasses
- November 8th - scouts will be in the vestibule at the end of each mass to collect donated eyeglasses

Veterans Day Program & Reception – Join Us November 11! Please join us in the school gym after the 8:30am Mass on Wednesday, November 11th for a special tribute to Veterans featuring a short program followed by a light reception. This event is sponsored by St. Theresa Catholic School's 5th & 8th Grade Classes. Veterans and active-duty military are encouraged to wear their uniforms. This is a beautiful opportunity to recognize those that serve(d) our country. We hope you'll join us!



More News from our Parish

Festival of Trees—December 5th and 6th this year. Last year was such a success, with wonderful tree donations and great parish support. We raised $25,000 for our Divine Mercy Outreach, which helps families in need right here in Loudoun County. Once again, we will be in the school gym and will have cookies, punch, and music. The Knights of Columbus will also be hosting the pancake breakfast, so mark your calendars. For more information about the Festival of Trees, check out our parish website: saintttheresaparish.com/divine-mercy/divine-mercy-outreach/festival-of-trees/.

Contact Cathy Branly for tree/wreath donations or to volunteer to help: festivaloftrees@saintttheresaparish.com

Contact Danielle Zuccaro for cookie & punch donations: danielle.a.zuccaro@gmail.com

2026 Bishop's Lenten Appeal: "In Christ We Are One" – 94% to Parish Goal—Thank you to all the Saint Theresa families who have given to the 2026 BLA! If you have yet to participate in this year's BLA, will you join the 861 families who have made a gift? Your support, no matter the size, will steward over 40 ministries caring for seminarians, youth, families and many more across the diocese. Thank you, and please consider making your gift at www.arlingtondiocese.org/BLA or by scanning the QR code:

Scan Me







Legion of Mary

Want to be part of something bigger than yourself, build community, serve others, and grow your relationship with our Lord? There are two praesidium options: Saturdays at 9:15am and Wednesdays at 7pm. We invite you to join us in the St. Louis Martin room to say the Rosary with us and learn more.

Our Works

Invite Jesus into your home through a Sacred Heart Enthronement—a formal ceremony where Jesus is invited into your home and given authority over your family/household, bringing grace and blessings. Also, hosting the Pilgrim Virgin Statue is a beautiful way to invite God's blessings into your home, unite your family in prayer, and a tangible reminder that Mary is truly present and active in your daily lives. To schedule, complete the request forms online at https://saintttheresaparish.com/activity/legion-of-mary/

Prayer Request -
Are you in need of prayer?

Are you in need of prayer and would like the Legion of Mary to pray along with you? Email us at legionofmarysttheresa@gmail.com or scan the QR code to send us your prayer request.

How to Register to be a Parishioner of St. Theresa Catholic Church

In the sacramental life of the Church, Catholic faithful will need to prove residency in a parish. Registration with the parish office allows us to track your sacramental data and keep you connected with the life of the church. In order to register, come to the parish office Monday – Friday 9:30am – 3:30pm (closed for lunch from 12-1) to fill out a registration card. Yellow registration cards can also be obtained at all of the Church entrances – these can be mailed to the parish or given to an usher during a church liturgy.

Knights of Columbus

Become a Foster Parent in Loudoun County! Loudoun County's Department of Family Services (DFS) is seeking caring individuals and families who are interested in making a meaningful difference in the life of a child. DFS is hosting virtual foster care information sessions for anyone interested in learning more about becoming a foster parent:

Monday, October 19: 6:00pm-7:30pm
Monday, November 16: 6:00pm-7:30pm
Monday, December 14: 6:00pm-7:30pm

During each session, DFS staff will discuss the current need for foster families, eligibility requirements, the process of becoming a foster parent, and the support available to foster families. Participants will also have the opportunity to ask questions and learn about next steps.

You do not need to have all the answers to get started – just a willingness to learn and help a child in need. Attendance is free, but registration is required. For more information about foster care and to register for an upcoming information session, visit loudoun.gov/fostercare.

Food Drive: Many thanks to the parishioners, volunteers, youth group, and Knights for donating, sorting, and delivering food to the Catholic Charities Loudoun Food Pantry in Sterling. Your contributions and effort make this program a successful one.

Please keep up the generosity by returning your bag this weekend (October 24-25) with items in the attached flyer. If you were unable to pick up a blue bag, you can always return food in a reusable, paper, or plastic bag. Please, no expired items. The pantry is unable to distribute expired items.

Are you a parishioner in need of a home repair? If you are physically or financially unable to complete basic home repairs, we can help. Our Handy-Man team skills include Plumbing, Electrical, Carpentry, and Painting but exclude outdoor yard or gardening work. If you are in need of repairs, or would like to be part of the Handy-man Team, please visit this website to submit your repair project request or to join the team https://www.st-louismartin-kofc.org/handy-man-services.

Answer the Call to Serve. Guided by principles of charity, unity, and fraternity, the Knights of Columbus are men of faith and action - supporting our parish, our families, and our community. Join us as we put our faith into action. Check out our FAQs at https://www.st-louismartin-kofc.org/faqs - or scan the QR code learn more about becoming a Knight.

Adult Education and Spiritual Enrichment

Young Adults (ages 18-35)—
Mon, Oct. 26th - YA Bible Study
Mon, Nov. 2nd - Fr. Vaccaro Talk: "The Habits of Holiness (Part I)"
Mon, Nov. 9th - YA Bible Study
Sat, Nov 14th - Country Swing Dancing w/ Lessons (7-9 PM in the school cafeteria; country-themed clothing encouraged)
Mon, Nov. 16th - Fr. Vaccaro Talk: "The Habits of Holiness (Part II)"
Sun, Nov 22nd - Brunch (Meet in narthex after 10:30am mass. More details available in the GroupMe)
Mon, Nov 23rd - YA Bible Study

Fr. Vaccaro's talks are held in the school cafeteria from 6:15-7:30pm, and are followed by pizza. College students eat for free.

The Bible Study meets from 6:30-8 PM in the school cafeteria.
For more information, visit https://tinyurl.com/AshburnCatholicYA, including a link to our GroupMe.

That Man is You (TMIY)—TMIY is enjoying year 4, with great fellowship and growing our faith. Scan the QR Code below to register or contact Jack Hayes at: jack.hayes422@aol.com or 703.537.6418

Women's Discipleship Group—Welcome all women of St Theresa Catholic Church. Meets every Wednesday, 9:30–10:30 for Lectio Divina and 10:45-11:45 for reading of a selected book that provides daily encouragement, spiritual guidance and personal growth for women. Our focus for the Lectio Divina is the Mass readings for the upcoming Sunday. We are currently reading "Trusting God in the Present" by Fr. Jacques Philippe. For more info contact Dawn Garabito 862.812.0039 or dmarie213@aol.com

Women please join us for an Ignation prayer group: Lord Teach Me To Pray (LTMTP) Series, Praying Christian Virtues, Thursdays through Nov. 19, 7:15-9:15pm in Zelle Room 2. For more information and to register, go to St. Theresa's website under Parish News or contact Dawn Garabito at 862.812.0039 with any questions.

Status of Adult Children of Parishioners – Upon reaching adulthood, children of registered parishioners must register again (if they reside within St. Theresa boundaries), separately and independently, as members of St. Theresa parish, even if they continue to live at home with their parents. These new registrations are valid until adult children move to another address. Upon moving elsewhere, they should register at the local parish in which they reside. Adult children of parishioners who no longer live within the parish will not be able to continue to claim parish membership.

Upcoming Early Bulletin Deadlines

Due to the upcoming holidays, please make note of the upcoming early deadlines.

November 22—due by noon, November 10
November 29–due by noon, November 16
December 6–due by noon, November 24
December 13–due by noon, December 1
December 20–due by noon, December 9
December 27–due by noon, December 15
January 3–due by noon, December 18

News from the Diocese

Trinity House Community in Leesburg, VA is recruiting for a Dir of Ministry Development to lead the effort to expand Trinity House Community Groups nationwide, bringing the family formation and fellowship model to dioceses, parishes, and parish schools across the country, and will also collaborate with the Co-Director in growing the ministry's donor base. The successful applicant will understand the concerns, interests, demographics, and cultures of pastors, diocesan leaders, school principals, and parish staff, and will bring creative ideas and consistent execution to build deep and effective connections with them. The ideal candidate must be faithful to the teachings of the Catholic Church, should have a BA degree or higher in marketing, communication, business, non-profit management, or public relations; 2+ years of proven sales experience; & a passion for networking, family formation and building community. Full job description is available at: www.catholicjobs.com/job/10843177490 To apply, send resume & cover letter to Soren & Ever Johnson at ejohnson@trinityhousecommunity.org

THE CAR MINISTRY

If you have a used car you are considering trading in or selling, please consider donating it to The Car Ministry instead and also be eligible for a tax break. The Car Ministry is one of the very few that gives donated cars directly to families in desperate need of transportation help. Click on the "Donate your Car" link on The Car Ministry's website, www.carministry.org.

Why Catholics vote No on the Abortion Amendment: Reason #3

Sadly, Virginia already permits abortion through nine months. So, even some who support legal abortion say this amendment is unnecessary and certainly not worth the risk to women's health.



Parish Offices

Secretary:	Kathy Fitzpatrick, 703.729.2287
Secretary:	Apryl Binder, 703.729.2287
Office Manager:	Christine Young, 703.729.2287
Business Manager:	Angelita Lupetaliaami, 703.729.2287
Facilities Director:	Tom Balint, 703.729.2287
Outreach Coordinator:	Myriam Perez, 703.729.2234
Website:	www.saintttheresaparish.com
Fax:	703.729.9036

Religious Education Offices

Director:	Larry Bayne, 703.729.3714
Youth Minister:	Paul Dwyer, 703.729.0426
Secretary:	Connie Gilligan, 703.729.3714
Secretary:	Robin Kasban, 703.729.3714
Email:	reoffice@saintttheresaparish.com
Fax:	703.729.9036

School Offices

Principal:	Danny Costa, 703.729.3577
Assistant Principal:	Audrey Allman, 703.729.3577
Admin Assistant:	Christa Turpin, 703.729.3577
Receptionist:	Kathy Miller, 703.729.3577
Website:	www.stsashburn.com
Email:	schooloffice@stsashburn.com
Fax:	703.729.8068

All offices located at 21370 St. Theresa Lane, Ashburn VA

SACRAMENTS

Sponsor Certificates

Please contact the Parish Office to obtain a sponsor certificate prior to a Baptism or Confirmation.

Baptisms

Parents desiring Baptism for their child must attend a class (preferably before the child's birth) held the first Thursday of each month at **7pm** in a Conference Room in the Administration Bldg. You may schedule your child for the Sacrament of Baptism (held all Sundays 1:30pm) by visiting the Parish website under Faith, Sacraments, Baptism. Date is confirmed once all paperwork is received in the office (at least 2 weeks prior to the date of desired Baptism.)

Matrimony

The parish must be contacted at least six (6) months prior to the wedding date.

Before contacting the Parish Office, visit the Parish Website under Faith, Sacraments, Marriage. **You must be registered at least 3 months prior to filling out the Marriage Preparation Questionnaire**. A priest will contact you.

OCIA

Adults desiring instruction in the Catholic Faith should visit the website to register for OCIA classes.

Hospitalized/Homebound

Please contact the Parish Office to ask for Holy Communion or the Anointing of the Sick.

St. Theresa Catholic Church
DIVINE MERCY OUTREACH

Learn more, visit
www.saintttheresaparish.com

Advent Giving Tree (AGT)—A great way to help those in need! The weekend of Nov 7th & 8th starts AGT. Take a bulb(s) to help a family in need or an organization helping families in need. Return item (s) on the weekends of Nov 14th & 21st. Follow the instructions on the tag. Questions? Contact Myriam Perez at 703.729.2334.

Donations needed. Festival of Trees- December 5th & 6th—The Festival of Trees is a fundraiser raffle of 3-to-4-foot themed Christmas Trees, wreaths, and gift baskets. This event is fun for all. The proceeds from the event helps families in need through Divine Mercy Outreach. Those who would like to donate a tree or wreath or basket or if you'd like to volunteer, contact Cathy Branly at festivaloftrees@saintttheresaparish.com. Not sure of theme- no worries, let us know later. Thank you to those who have already reached out! See photos from last year on the parish website under Outreach- Festival of Trees.

Did you know?—We assisted with over 6,300 in financial help in September. 99 percent of the funds you donate go directly to families in need! Your donation makes a difference in the lives of struggling families by preventing evictions and keeping utilities on! We assist struggling veterans, individuals and families due to domestic violence, disabilities, layoffs, medical issues and unforeseen circumstances. The families are so grateful! Donations accepted online, by mail or dropping off to the parish office. Indicate DMO in the memo line or on the envelope. Online: parish website http://www.saintttheresaparish.com and click on "Donate" tab to make a monetary donation online! Thank you for helping us to bring Christ's love to others.

Bed Ministry needs pillows and gift cards—We are in need of new pillows and Walmart or Amazon gift cards to help us purchase bedding in a bag. Drop off to the parish office or place in the Outreach boxes at church.

Friends in Need—Provides meals on a short-term basis for those families or individuals in the parish who are unable to cook for themselves due to arrival of a new baby, illness or a medical situation in the immediate family...Contact Emily Wilsey at emwilsey@aol.com or 703.585.5435 to volunteer to make meals or if you or a loved one need of help with meals.

The Visitation Ministry—Are you HOMEBOUND? We have wonderful parishioners who would love to visit you or if you are not comfortable with a home visit at this time, they will call you! If you need help with an errand or would like someone to pray with you, let us know. If you are looking to volunteer, please contact us as well. Claudia Lewis at 703.431.8670 or email her at visitation@saintttheresaparish.com.

Bed Ministry—Volunteers! We need extra helpers to assist in delivering new beds, bedding and household items from our storage facility to families transitioning out of shelters, as well as other local families and children in need. **Interested in helping**? Please contact **Brian Dwinnell at beds@saintttheresaparish.com**.

Do you have furniture items to donate?—Consider donating to help families in need that are moving out of the shelter. We partner with McLean Bible church to assist families coming out of the shelter. Contact Matthew Broderick at 703-966-0791 or mebroderick1@gmail.com

Looking for more ways help? Consider signing up to receive our Outreach email to get up to date information on needs and volunteer opportunities. If you would like to sign up to be placed on our Outreach email you will learn about what we do and how you can become more involved in touching the lives of families who are struggling. Contact Myriam Perez 703.729.2334 or dmoutreach@saintttheresaparish.com

RADIANT AESTHETICS & LIFESTYLE MEDICINE

Timeless Beauty, Lifelong Wellness

Services offered:

- Injectables
- CO2 Laser resurfacing treatments
- Microneedling
- Facials/Chemical Peels
- IV Wellness Drips
- Lifestyle Medicine & Hormone Therapy Consults with a board certified MD



(571) 375-6712
Parishioner Owned & Operated
Business blessed by Fr. Christopher Vaccaro

radiant.aesthetics.va • radiantALM.com



HOW WILL YOU BE REMEMBERED?

Full Service Facility
Pre-Planning
Traditional Burial Services
On-site Cremation Services
Receptions
Monument Sales & Installation

158 Catoctin Circle, SE
Leesburg, VA 20175

www.loudounfuneralchapel.com
703-777-6000

3PPLE M MOVING & DELIVERY
www.3pplemmoving.com
571-926-2402

Triple the Care, Triple the Reliability!
Hassle-free moving services in Ashburn, VA & surrounding areas.
We Also Do Junk Removal!



3PPLE M MOVING AND DELIVERIES
RELIABLE & AFFORDABLE



CATOCTIN PROPERTIES



Your Loudon County Real Estate Expert
Sarah Metzfield, Realtor - Catoctin Properties
REAL Broker, Real Estate, Catoctin Properties, Parishioner
(757) 685-1461 - Sarah@CatoctinProperties.com
www.catoctinproperties.com

*1 INVISALIGN PROVIDER NATIONWIDE // WASHINGTONIAN TOP DOCTOR // 35,000 SMILES & COUNTING

northern virginia orthodontics

PARISHIONERS & PROUD SUPPORTERS OF CATHOLIC EDUCATION

703.327.1718 // NVORTHODONTICS.COM
ARLINGTON // MCLEAN // RESTON // BRAMBLETON
ONE LOUDOUN // GAINESVILLE

Discount for St. Theresa's Families



DR. MOJARRAD // DR. ITANI // DR. ROBB
DR. BARCOMA // DR. CASAGRANDE

Holy Cards · Crucifixes · Rosaries · Antiques · Bibles · Books · Statues · Jewelry

ALL CATHOLIC GIFTS
Give the Gift of Grace

Use Checkout Code THERESA & Save 10%
703-638-3751
AllCatholicGifts.com

Made you look.
Advertise here to reach your local audience.
Visit 4lpi.com/advertising-solutions

Scan to get started!

Little space. **Big impact.**
Advertise in our bulletin
Call 800-950-9952

No act of kindness is ever wasted

SUPPORT OUR Advertisers!





EXPERIENCE PURPOSEFUL LIVING

Whether you're looking for Independent Living, Assisted Living, or Memory Care, our Age-In-Place model allows you to continue to call Ashleigh at Lansdowne home as your needs evolve.

Call 703.828.9600 or go to AshleighAtLansdowneByRUI.com to book your personalized tour today!

ASHLEIGH
at Lansdowne

INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

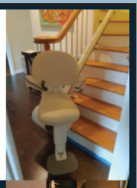
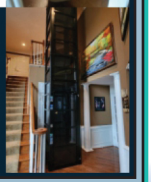
44124 WOODRIDGE PARKWAY, LANSDOWNE, VA 20176 • 703.828.9600

ASHLEIGHATLANSDOWNEBYRUI.COM @RUI.ASHLEIGHATLANSDOWNE

A RETIREMENT UNLIMITED, INC. COMMUNITY · FAMILY-OWNED & OPERATED IN VIRGINIA FOR OVER 40 YEARS

---

101 Mobility®
Experts in Mobility and Accessibility Solutions
STAY IN THE HOME YOU LOVE!

Call to Visit our Showroom
703-420-4013
Matthew & Michael Riordan, Parishioners

PARALLEL
WINE & WHISKEY BAR
703-858-0077

2 Great Locations
Same Menu
Voted "Best Wine Bar"
5 Years in a row by
Northern VA Magazine

The Ultimate Grown-Ups Playground for Food & Drink!

PARALLEL
PARTY BAR
(right next door)

A little more casual atmosphere and great craft beers on tap!
43135 Broadlands Center Plaza,
Broadlands VA
mypartybar.com

Meadow Glen
ASSISTED LIVING

Schedule a Tour Today!



Meadow Glen of Leesburg
315 Dry Mill Rd. SW
Leesburg, VA 20175
703-737-6149
community@meadowglen.net
A SENIOR LIVING COMMUNITY

Demaine Life Celebration Center of Loudoun County

- Flexible event space • Facility available to host events
- Large-capacity chapel • Celebration of Life center
- Facility is designed for personalized funeral celebrations
- New building • Flexible chapel space
- Our chapel can be used for hosting your religious events

571-685-7984 • demaineloudounfuneralhome.com
45511 E. Severn Way, Sterling, VA 20166



I'm here to help you bundle your home & auto




State Farm®
Kyle Knight Ins Agcy Inc
Kyle Knight, Agent
STSC Parent
11736 Bowman Green Drive
Reston, VA 20190-3501
Bus: 703-435-2300
kyle.knight.gton@statefarm.com

I can save you time and money when you bundle your home and auto insurance. Call, e-mail or stop by for a quote today.

Availability and amount of discounts and savings vary by state.
State Farm Mutual Automobile Insurance Company
State Farm Indemnity Company
State Farm Fire and Casualty Company
State Farm General Insurance Company Bloomington, IL
State Farm County Mutual Insurance Company of Texas State Farm Lloyds Richardson, TX
State Farm Florida Insurance Company Winter Haven, FL

Like a good neighbor, State Farm is there.®

IF YOU LIVE ALONE

MDMedAlert!™ BBB A+

$1 Less Than a day

✔ Ambulance ✔ Police/Fire
✔ Family/Friends ✔ GPS & Fall Alert*

CALL NOW! 800.809.3570 md-medalert.com

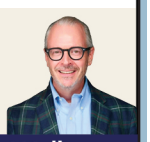


ACTIVE HEALTH
Active Health
Wellness Center
Now Accepting
New Patients
44121 Leesburg Pike,
Suite 285
Ashburn, VA 20147
571-918-0119
activehealthwellnesscenter.com



Dr. Eme Deungwe
Board Certified Physician

RESOLUTE
WEALTH MANAGEMENT



Patrick J Volk
(703)584-5887
www.resolute-wealthmanagement.com
THE MORAL PORTFOLIO

GREEN SUN, INC.
Parishioner
Let us do the work! 703.327.7018
Modern Landscape Design Service and Landscape Maintenance
Landscaping • Lawn Maintenance • Aeration & Overseeding
Patios & Driveways • Retaining Walls • Outdoor Living
Visit our Photo Gallery at
www.greensunlandscapes.com

NOVA
PEDIATRIC DENTISTRY & ORTHODONTICS
BRINGING SMILES TOGETHER

Dr. Matt Dr. Maria Dr. Val Dr. Courtney Dr. Lydia
(703) 729-7005
www.novapdo.com
Dr. Val
Parishioner and STCS Parent

Sacred Heart COUNSELING
Healing and Growth Rooted in Faith
571-266-1808
sacredheartva.com

BROADLANDS BRICKOVEN PIZZERIA
42882 Truro Parish Dr • Ashburn
703-858-9199
broadlandbop@gmail.com
broadlandspizza.com

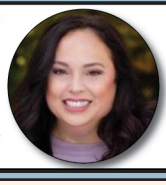
Westlake Legal Group
"We plan to win, because we plan to win"
Family Law & Adoption
Criminal Law • Personal Injury
Bankruptcy • Civil Law
703.406.7616 ~ WestLakeLegal.com
46175 Westlake Drive, #320, Potomac Falls, VA 20165

Home is where our CARE is.
Viola's Home Health Care
571-650-CARE (2273)
A local, family owned business proudly providing Home Health Care to loved ones in Loudoun and Fairfax Counties.
www.violashomehealth.com

SHANNON & WRIGHT LLP
REAL ESTATE & LAND USE
ESTATE PLANNING
TRUST & ESTATE ADMINISTRATION
TAX PLANNING
BUSINESS TRANSACTIONS
LITIGATION
BEST LAW FIRMS RANKED BY Best Lawyers UNITED STATES 2025
Alexandria | Leesburg 571.620.1930 shannonwright.law

STANLEY
Accounting Solutions

Andrea Stanley, CPA
Proud STCS Parent
Small Business Accounting
www.stanley.cpa
(301) 569-2455

Your Premier Real Estate Agent
LYSINA SHEHADEH, REALTOR®
571.236.5764 cell • lshehadeh@kw.com
Shehadeh_homes Shehadeh_homes
kw KELLERWILLIAMS
Each office is independently owned and operated


HEARTFELT
COMPANION CAREGIVERS
We Are Best At Senior Care
For your senior's daily needs, we offer care options at reasonable prices. Heartfelt serves customers of all ages who have physical limitations or other difficulties.
Consistency of Care with the Same Caregiver.
Locally Owned & Operated.
Call us for Free Quote! 703-946-6847
---10% off first month---


Abbie SHILESINGER
Supervisee in Clinical Social Work, MSW
Compassionate Therapy For All of Life's Twists and Turns
Virtual & in-person therapy for children, teens, adults, and couples.
703-540-4322
abbie@lindseyhoskins.com
abbieshlesinger.com

ASHBURN RESALE SHOP
— ONLINE ONLY —
We sell open box, returned items, and brand new items in unopened boxes at a discount.
Homegoods • Kitchenware • Couches • Tables
Furniture • Christmas • Sports Goods
Kids Clothes and Toys • Exercise Equipment
Grills • Patio furniture
20% OFF Discount code: STTHERESA
(571) 548-1082 • www.ashburnresaleshop.com

ATHENIAN
More than a meal — a taste of the Mediterranean
OPENING THIS FALL IN ASHBURN
Fresh Mediterranean Cuisine Made with Passion.
21000 Sycolin Rd Ste 105, Ashburn, VA 20147 | info@athenianus.com
GOOD FOOD BRINGS PEOPLE TOGETHER.
FOOD | COMMUNITY | CULTURE


SAM MANSOOR, ESQ
STSC PARENT and PARISHIONER
Serving Catholic Families since 2009
LEGACY LAW CENTERS
Qualified Master Counselor
Trusts and Estates Practice
SECURE YOUR FAMILY'S FUTURE.
PLAN YOUR LEGACY TODAY.
✓MEDICAL DIRECTIVES ✓ WILLS & TRUST ✓ ASSET PROTECTION
PH: 571-648-0200
www.LEGACYLAWCENTERS.com
5-STAR RATED ON Avvo

McCARTHY & AKERS PLC
ATTORNEYS AND COUNSELLORS AT LAW
Anna Freska, Of Counsel
Estate Planning Attorneys
703-722-6403
www.mccarthyakers.com

ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust
Burglary
Fire Safety
Flood Detection
Carbon Monoxide

ADT Authorized Provider | SafeStreets
833-287-3502

Advertise in Our Church Bulletin!

Contact John Mazzei
jmazzei@4lpi.com
(216) 307-6650 x6650

Potomac Serviclean Maid Service
FREE ESTIMATES
FAMILY OWNED & OPERATED
$20.00 OFF 2ND CLEANING
WITH THIS AD
~ Licensed • Bonded • Insured ~
(703) 435-0409 • (703) 725-7371
SINCE 1989

Never miss our bulletin!

Get this bulletin delivered straight to your inbox every week.

Scan to subscribe on parishesonline.com

Paragon home care
Trusted Senior Care Services Providing A Helping Hand at Home

- Personal Care Services
- Companion and Respite Care
- Light Housekeeping and Laundry
- Transportation Services
- Licensed, Bonded and Insured
- Meal Preparation
- Live-Ins

Arlington Diocese Member Owned & Operated

CALL US FOR A FREE ASSESSMENT TODAY (703) 942-8950

Stream Valley Veterinary Hospital
As Professionals, we will provide you with or advise you about the finest and most up-to-date veterinary care that there is
MODERN MEDICINE - HOMETOWN HOSPITALITY
703-723-1017
streamvalleyvet.com • Parishioners

Complete Health Dentistry
Ann N. Hebda D.D.S.
Dental care for the Entire Family



St. Theresa Parishioner
Dr. Ann N. Hebda
www.drannhebda.com
703-723-9788
20600 Gordon Park Square, Suite 190
Ashburn, VA 20147

Veteran Family Owned Since 1984
Jack Lawlor Realty Co.
FULL SERVICE
703-726-9444

FAMILY OWNED, OPERATED, AND ORIENTED
Colonial Funeral Home of Leesburg
(703) 777-1414
201 Edwards Ferry Rd NE, Leesburg, VA 20176
www.colonialfuneralhome.com



Proudly Serving Loudoun County for Over 100 Years



BURIALS | CREMATIONS | VETERAN SERVICES | PRE-PLANNING

St. Joseph's Roofing, Inc.
ROOFING • WINDOWS • GUTTERS • SIDING
703-716-7663 • www.SJRoof.com

DRYHOME
Roofing & Siding, Inc.
ROOFING
SIDING
GUTTERS
WINDOWS
& DOORS
Fully Licensed, Bonded & Insured
FREE Estimates on Repair & Replacement
703-230-ROOF 7663
www.dryhome.com



SERVING THE COMMUNITY FOR 40 YEARS
FAMILY OWNED & OPERATED SINCE 1975
JOHN NUGENT & SONS
HEATING | COOLING | PLUMBING | ELECTRIC | GENERATORS
Your comfort is our concern
Call **703-356-7499** to request service **ANYTIME** am or pm!

Virginia Advanced Surgical Arts
Wisdom Teeth | Dental Implants
Cosmetic Facial Surgery
WASHINGTONIAN TOP ORAL & FACIAL SURGEON
Craig Vigliante, MD, DMD
Board Certified Oral & Facial Surgeon
703-723-5366
PARISHIONER / SCHOOL PARENT



vasurgicalarts.com

Adams-Green Funeral Home & Crematory
Family Owned & Operated Since 1885
Bill Keatley, Manager • Kathryn Adams, Owner
Burial and Cremation Available
(703) 437-1764
www.adamsgreen.com
721 Elden Street • Herndon, VA 20170
Faithfully serving and respecting the needs of Catholic families for over 100 years

---

P & D Plumbing
No job too small or too big, we do it all!
703-939-4473
LICENSED & INSURED
www.PandDplumbing.com

Summit Roofing Contractors Inc.
New Roofs • Re-Roofs • Tear Offs • Siding
Shingles • Roof Repairs • Aluminum Gutters
703-368-7483 • summitroofing.com
13042 Hansen Farm Road • Manassas, VA 20109
WE OFFER FINANCING
Diocesan Member For 40 Years