

Spiritual Activity

*Our beliefs should have an effect on how we live,
as well as what we choose to do.*

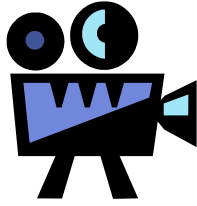
Our Catholic Faith manifests itself in numerous ways besides Sunday Mass. You are to do one spiritual activity besides attending Sunday Mass and write a brief 1-2-page summary of what you did.

NOTE: Whichever option you choose, your summary must address how this activity helped you better understand your Catholic Faith. Activities or events affiliated with non-Catholic churches will NOT satisfy this requirement.

Suggestions for your Spiritual Activity:

- Field Trip (Shrine of the Immaculate Conception, Franciscan Monastery, Shrine or Grotto of Elizabeth Ann Seton, or any other Catholic holy place)
- Movie Review (watch a film about our Lord, one of the saints, a Biblical character, or an event in Church History, and write a brief review of it)
NOTE: Movies used for the Spiritual Activity must be approved by the RE Office. A list of acceptable films is provided on our Religious Films List on the next page. If the movie you wish to view is not on our list, please contact the RE Office prior to watching the film to make sure that it is acceptable.
- Catholic Youth Rally or Concert
- Pro-Life Activity (March for Life, Life Chain, etc.)
- Book Review (read a work by one of the saints or the Pope and write a brief review of it)
- Music Review (Spend at least an hour or two listening to classic worship music or contemporary worship music and write a brief review of its message. NOTE: If you choose this option, the review must include a minimum of 5 different songs, and your summary should describe the lyrics and the message of each one.)

** Please see reverse side for Religious Films List **



Religious Films List

All films from this list may be used toward a Spiritual Activity. If there is a movie you wish to use that is not on this list, please contact the RE Office prior to watching the film to make sure that it is acceptable.

Life of Christ

- King of Kings (1961)
- The Greatest Story Ever Told (1965)
- Jesus of Nazareth (1977)
-
- The Miracle Maker: The Story of Jesus (2000)
- The Gospel of John (2003)
- The Passion of the Christ (2004) *Rated R
- The Nativity Story (2006)
- Son of God (2014)
- Risen (2016)
- The Chosen (TV series) (2019-present)

Stories from the Bible

- The Ten Commandments (1956)
- Abraham (The Bible Collection) (1993)
- Joseph (The Bible Collection) (1995)
- David (The Bible Collection) (1997)
- The Prince of Egypt (1998)
-

- One Night with the King (2006)
- His Only Son (2023)

Lives of the Saints

- The Song of Bernadette (1943)
- Joan of Arc (1948)
- A Man for all Seasons (1966)
- Romero (1989)
-

- Maria Goretti (2003)

- Therese (2004)
- Karol: A man who became Pope (2005)
- Karol: The Pope, The Man (2006)
- For Greater Glory: The True Story of Cristiada (2012) *Rated R
- The Letters (2014)
- Paul, Apostle of Christ (2018)
- Fatima (2020)

Righteous Living

- The Robe (1953)
- The Scarlet and the Black (1983)
- The Fourth Wise Man (1985)
- The Mission (1986)
-

- Inside the Vatican (Nat. Geo. Documentary) (2002)
- Facing the Giants (2006)
- The Way (2010)
- God's Not Dead (2014)
- Heaven is for Real (2014)
- Hacksaw Ridge (2016) *Rated R
- Miracles from Heaven (2016)
- The Case for Christ (2017)
- Father Stu (2022)

The Problem of Evil

- The Exorcism of Emily Rose (2005)
- The Rite (2011)
- Nefarious (2023) *Rated R