

Spiritual Activity

*Our beliefs should have an affect on how we live,
as well as what we choose to do.*

Our Catholic Faith manifests itself in numerous ways besides Sunday Mass. You are to do one spiritual activity besides attending Sunday Mass and write a brief 1-2 page summary of what you did.

NOTE: Whichever option you choose, your summary must address how this activity helped you better understand your Catholic Faith. Activities or events affiliated with non-Catholic churches will NOT satisfy this requirement.

Suggestions for your Spiritual Activity:

- Field Trip (Shrine of the Immaculate Conception, Franciscan Monastery, Shrine or Grotto of Elizabeth Ann Seton, or any other Catholic holy place)
- Movie Review (watch a film about our Lord, one of the saints, a Biblical character, or an event in Church History, and write a brief review of it)
NOTE: Movies used for the Spiritual Activity must be approved by the RE Office. A list of acceptable films is provided on our DVD List on the next page. If the movie you wish to view is not on our list, please contact the RE Office prior to watching the film to make sure that it is acceptable.
- Catholic Youth Rally or Concert
- Pro-Life Activity (March for Life, Life Chain, etc.)
- Book Review (read a work by one of the saints or the Pope and write a brief review of it)
- Music Review (Spend at least an hour or two listening to classic worship music or contemporary worship music and write a brief review of its message. NOTE: If you choose this option, the review must include a minimum of 5 different songs, and your summary should describe the lyrics and the message of each one.)

** Please see reverse side for RE Office DVD Library **

St. Theresa Catholic Church Office of Religious Education

Presents:

The RE Office DVD Library



Do you want to learn more about our Faith?
Do you want to see holy men and women putting our Faith into action?
Do you need something to do for your Spiritual Activity for Confirmation?

Then come by the RE Office and check out our collection of DVDs.
DVDs may be checked out for one week at a time.

Movies include:

- The Bible Collection: Abraham
- The Bible Collection: Joseph
- The Footprints of God: Apostolic Fathers
- The Footprints of God: Peter
- The Footprints of God: Paul
- The Footprints of God: Moses
- The Fourth Wise Man
- The Gospel according to St. Matthew
- The Greatest Story Ever Told
- National Geographic: Inside the Vatican
- Jesus of Nazareth
- Joan of Arc
- Karol: A man who became Pope
- King of Kings
- A Man for All Seasons
- Maria Goretti
- Mary of Nazareth
- The Miracle Maker: The Story of Jesus
- The Miracle of Our Lady of Fatima
- The Mission
- The Passion of the Christ
- Pope Benedict XVI: A Love Affair with the Truth
- Pope John Paul II
- The Scarlet and the Black
- The Song of Bernadette
- Therese

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