

# Interview Review Sheet for Confirmation Candidates

1. What is a sacrament?

*A sacrament is an outward sign instituted by Christ to give grace.*

2. How many Sacraments are there?

*There are seven sacraments: they are Baptism, Confirmation, Holy Eucharist, Reconciliation, Anointing of the Sick, Marriage, and Holy Orders.*

3. What is Pentecost?

*Pentecost is the day the Holy Spirit descended upon the 12 Apostles in the Upper Room, filling them with God's grace and empowering them to live and proclaim the Gospel.*

4. What is Confirmation?

*The word "confirmation" means strengthening. In the sacrament of Confirmation, the grace of Baptism is strengthened by the gifts of the Holy Spirit, empowering the recipient to be a witness of the Catholic Faith through evangelization in word and deed. Only when you are confirmed are you fully initiated as a member of the Catholic Faith.*

5. What is the form and matter of the sacrament of Confirmation?

*The matter of the sacrament is Sacred Chrism: the form of the Sacrament is the words: "Be sealed with the gift of the Holy Spirit."*

6. What are the gifts of the Holy Spirit?

*There are seven – Wisdom, Knowledge, Counsel, Piety, Understanding, Fortitude, and Fear of the Lord.*

7. Who is the ordinary minister of the Sacrament of Confirmation?

*The bishop is the ordinary minister of the Sacrament of Confirmation.*

8. Who is the bishop of the Diocese of Arlington?

*Bishop Michael F. Burbidge is the bishop of the Arlington Diocese.*

9. Who is your Confirmation Saint? Why did you choose this person?

*(Make sure you know at least 3 different things about your saint!)*

10. What are the Ten Commandments?

*I. I am the Lord your God, you shall not have strange gods before me.*

*II. You shall not take the name of the Lord, your God, in vain.*

*III. Keep holy the Sabbath day.*

*IV. Honor your father and your mother.*

*V. You shall not kill.*

*VI. You shall not commit adultery.*

*VII. You shall not steal.*

*VIII. You shall not bear false witness against your neighbor.*

*IX. You shall not covet your neighbor's wife.*

*X. You shall not covet your neighbor's goods.*

11. What are the Holy Days of Obligation?

*Every Sunday, and:*

*1.) Mary, Mother of God (January 1)*

*2.) The Assumption (August 15)*

*3.) All Saints Day (November 1)*

*4.) Immaculate Conception (December 8)*

*5.) Christmas (December 25)*