Interview Review Sheet for Confirmation Candidates

1. What is a sacrament?
A sacrament is an outward sign instituted by Christ to give grace.

2. How many Sacraments are there?
There are seven sacraments: they are Baptism, Confirmation, Holy Eucharist, Reconciliation, Anointing of the Sick, Marriage, and Holy Orders.

3. What is Pentecost?
Pentecost is the day the Holy Spirit descended upon the 12 Apostles in the Upper Room, filling them with God's grace and empowering them to live and proclaim the Gospel.

4. What is Confirmation?
The word "confirmation" means strengthening. In the sacrament of Confirmation, the grace of Baptism is strengthened by the gifts of the Holy Spirit, empowering the recipient to be a witness of the Catholic Faith through evangelization in word and deed. Only when you are confirmed are you fully initiated as a member of the Catholic Faith.

5. What is the form and matter of the sacrament of Confirmation?
The matter of the sacrament is Sacred Chrism: the form of the Sacrament is the words: "Be sealed with the gift of the Holy Spirit."

6. What are the gifts of the Holy Spirit?
There are seven – Wisdom, Knowledge, Counsel, Piety, Understanding, Fortitude, and Fear of the Lord.

7. Who is the ordinary minister of the Sacrament of Confirmation?
The bishop is the ordinary minister of the Sacrament of Confirmation.

8. Who is the bishop of the Diocese of Arlington?
Bishop Paul S. Loverde is the bishop of the Arlington Diocese.

9. Who is your Confirmation Saint? Why did you choose this person?
(Make sure you know at least 3 different things about your saint!)

10. What are the Ten Commandments?

I. I am the Lord your God, you shall not have strange gods before me.
II. You shall not take the name of the Lord, your God, in vain.
III. Keep holy the Sabbath day.
IV. Honor your father and your mother.
V. You shall not kill.
VI. You shall not commit adultery.
VII. You shall not steal.
VIII. You shall not bear false witness against your neighbor.
IX. You shall not covet your neighbor's wife.
X. You shall not covet your neighbor's goods.

11. What are the Holy Days of Obligation?
Every Sunday, and:
1.) Mary, Mother of God (January 1)
2.) The Assumption (August 15)
3.) All Saints Day (November 1)
4.) Immaculate Conception (December 8)
5.) Christmas (December 25)